




| Corrections to | | alan. | cropp@ | talktalk. | net | Updated | | 22.9.11 | | |
|----------------|--------------------------|-------|--------|-----------|-----------------|---------------|-------|---------|-------|---------|
| Name | Age | Class | Result | Date | Venue | Comp. | s.b. | Date | p.b. | Date |
| 75m. | Ellie Hodgson | U13 | 11.94 | 19.6.11 | Hendon | NYL SoP | 10.80 | 22.5.11 | 10.80 | 22.5.11 |
| | Sophie Wybourne | U13 | 11.62 | 19.6.11 | Hendon | NYL SoP | 10.80 | 5.6.11 | 10.80 | 5.6.11 |
| | Madison Cooper | U13 | 11.30 | 22.5.11 | Bracknell | NYL SoP | 11.20 | 8.5.11 | 11.20 | 8.5.11 |
| 100m. | Emily Newton | SW | 12.40 | 20.8.11 | Luton | SAL 1 | 12.30 | 7.5.11 | 12.18 | 3.6.06 |
| | Becca Carozzi | SW | 12.70 | 20.8.11 | Luton | SAL 1 | 12.35 | 14.5.11 | 12.00 | 28.6.08 |
| | Rachel Lewington | SW | 12.60 | 9.7.11 | Winchester | SAL | 12.60 | 9.7.11 | 12.60 | 9.7.11 |
| | Zoe Carter | U17W | 13.10 | 19.6.11 | Hendon | NYL SoP | 12.82 | 14.5.11 | 12.82 | 14.5.11 |
| | Olivia Nunn | U17 | 12.90 | 11.9.11 | Bournemouth | Open | 12.90 | 3.7.11 | 12.90 | 3.7.11 |
| | Brionni-Grace Simmons | U17 | 13.10 | 24.7.11 | Guildford | Wessex L. | 13.10 | 24.7.11 | 13.10 | 25.7.10 |
| | Suzi Collins | U20 | 13.85 | 28.8.11 | Barnet Copthall | NJAL Prom | 13.10 | 29.5.11 | 13.10 | 29.5.11 |
| | Juanita Jordan | U17 | 13.20 | 24.7.11 | Guildford | Wessex L. | 13.20 | 24.7.11 | 13.20 | 24.7.11 |
| | Joanne Bottell | JW | 13.67 | 25.5.11 | Southampton | Open | 13.20 | 7.5.11 | 12.90 | 31.5.09 |
| | Felicja Bligh | U15 | 13.30 | 24.7.11 | Guildford | Wessex L. | 13.30 | 24.7.11 | 13.30 | 24.7.11 |
| | Megan Fry | U20 | 13.30 | 10.7.11 | Portsmouth | NJAL Itchen | 13.30 | 10.7.11 | 13.00 | 13.6.09 |
| | Becky Kidson | U17 | 14.00 | 10.7.11 | Portsmouth | NJAL Itchen | 13.60 | 29.5.11 | 13.60 | 29.5.11 |
| | Olivia Hollis | U11 | 13.67 | 25.5.11 | Southampton | Open | 13.67 | 25.5.11 | 13.67 | 25.5.11 |
| | Anna Henden | SW | 13.80 | 21.5.11 | Lee Valley | SAL | 13.80 | 9.4.11 | 12.90 | 24.4.10 |
| | Michele Wakefield | V40 | 13.80 | 11.9.11 | Bournemouth | Open | 13.80 | 11.9.11 | 13.80 | 11.9.11 |
| | Steph Bottell | U15 | 13.81 | 19.6.11 | Hendon | NYL SoP | 13.80 | 22.5.11 | 13.80 | 22.5.11 |
| | Amy Teal | U15 | 14.20 | 3.7.11 | Winchester | Wessex L. | 14.00 | 22.5.11 | 14.00 | 22.5.11 |
| | Sophie Wybourne | U13 | 14.47 | 31.7.11 | Kingston | SoCo Champs | 14.20 | 3.7.11 | 14.20 | 3.7.11 |
| | Ellie Hodgson | U13 | 14.40 | 14.9.11 | Havant | Floodlit | 14.28 | 24.4.11 | 14.28 | 24.4.11 |
| | Charlie Kelman | U15 | 14.40 | 3.7.11 | Winchester | Wessex L. | 14.40 | 3.7.11 | 14.40 | 3.7.11 |
| | Jojo Ruggles | U15 | 14.80 | 24.7.11 | Guildford | Wessex L. | 14.50 | 3.7.11 | 14.50 | 3.7.11 |
| | Madison Cooper | U13 | 14.90 | 11.9.11 | Bournemouth | Open | 14.60 | 30.5.11 | 14.60 | 30.5.11 |
| | Rachel Salisbury | U15 | 14.92 | 12.6.11 | Oxford | Wessex L. | 14.92 | 12.6.11 | 14.92 | 12.6.11 |
| | Trish Makoni | U13 | 15.00 | 24.7.11 | Guildford | Wessex L. | 15.00 | 24.7.11 | 15.00 | 24.7.11 |
| | Elizabeth Curzen | U13 | 15.10 | 14.5.11 | Portsmouth | HAA | 15.10 | 14.5.11 | 15.10 | 14.5.11 |
| | Hollie Branson | U15 | 15.16 | 14.5.11 | Portsmouth | HAA | 15.16 | 14.5.11 | 15.16 | 14.5.11 |
| | Amahita Gholani | U20 | 16.70 | 16.4.11 | Havant | Open | 16.70 | 16.4.11 | 16.70 | 16.4.11 |
| | Fiona Webb | V45 | 18.50 | 4.7.11 | Portsmouth | SVACL H&S | 18.50 | 20.6.11 | 18.50 | 20.6.11 |
| | Vicky Bright-Garamukanwa | V50 | 19.00 | 4.7.11 | Portsmouth | SVACL H&S | 18.80 | 18.4.11 | 18.80 | 18.4.11 |
| | Soph Boot | V35 | 19.50 | 4.7.11 | Portsmouth | SVACL H&S | 19.50 | 20.6.11 | 19.50 | 20.6.11 |
| | Catherine Steels | V40 | 24.90 | 25.5.11 | Southampton | Open | 24.40 | 14.5.11 | 23.70 | 19.6.10 |
| 150m. | Sophia Wybourne | U13 | 22.41 | 19.6.11 | Hendon | NYL SoP | 21.50 | 22.5.11 | 21.50 | 22.5.11 |
| | Elisabeth Curzen | U13 | 22.40 | 22.5.11 | Bracknell | NYL SoP | 22.40 | 22.5.11 | 22.40 | 22.5.11 |
| | Madison Cooper | U13 | 23.28 | 19.6.11 | Hendon | NYL SoP | 22.50 | 5.6.11 | 22.50 | 5.6.11 |
| 200m. | Becci Carozzi | SW | 25.60 | 20.8.11 | Luton | SAL 1 | 25.10 | 14.5.11 | 24.60 | 28.5.08 |
| | Emily Newton | SW | 25.50 | 20.8.11 | Luton | SAL 1 | 25.30 | 30.7.11 | 25.30 | 30.7.11 |
| | Rachel Lewington | SW | 25.50 | 9.7.11 | Winchester | SAL | 25.50 | 21.5.11 | 25.50 | 21.5.11 |
| | Grace Clements | SW | 26.95 | 2.7.11 | Torun, Poland | Euro Cup | 25.86 | 7.5.11 | 25.61 | 9.6.07 |
| | Karla Drew | U23 | 27.01 | 3.8.11 | Stoke | McCain Champs | 26.00 | 4.6.11 | 26.00 | 4.6.11 |
| | Emily Bonnett | SW | 26.3 | 11.9.11 | Yeovil | Open | 26,3 | 11.9.11 | 26,3 | 11.9.11 |
| | Zoe Carter | U17 | 26.90 | 5.6.11 | Hillingdon | NYL SoP | 26.39 | 14.5.11 | 26.30 | 12.6.10 |
| | Emily Jenkinson | U17 | 26.40 | 24.7.11 | Guildford | Wessex L. | 26.40 | 24.7.11 | 26.40 | 24.7.11 |
| | Brionni-Grace Simmons | U17 | 26.40 | 24.7.11 | Guildford | Wessex L. | 26.40 | 24.7.11 | 26.40 | 24.7.11 |
| | Jenny Beckingham | U20 | 26.40 | 10.7.11 | Portsmouth | NJAL Itchen | 26.40 | 10.7.11 | 26.40 | 10.7.11 |
| | Anna Henden | SW | 26.50 | 30.7.11 | Milton Keynes | SAL 1 | 26.50 | 30.7.11 | 26.50 | 30.7.11 |
| | Joanne Bottell | U20 | 26.65 | 24.7.11 | Brighton | NJAL Itchen | 26.65 | 24.7.11 | 26.40 | 22.6.08 |
| | Nicki Seal | SW | 26.73 | 14.5.11 | Portsmouth | HAA | 26.73 | 14.5.11 | 26.73 | 14.5.11 |
| | Libbie Nunn | U17 | 26.70 | 11.9.11 | Bournemouth | Open | 26.80 | 3.7.11 | 26.80 | 3.7.11 |
| | Hannah Musker | U20 | 28.44 | 24.7.11 | Brighton | NJAL Itchen | 27.30 | 14.5.11 | 27.30 | 14.5.11 |
| | Karoliina Isaoha | SW | 27.42 | 14.5.11 | Portsmouth | HAA | 27.42 | 14.5.11 | 27.42 | 14.5.11 |
| | Suzi Collins | U20 | 28.91 | 28.8.11 | Barnet Copthall | NJAL Prom | 27.50 | 7.5.11 | 27.50 | 7.5.11 |
| | Emma Cowell | U17 | 27.70 | 17.9.11 | Exeter | ESAA Heptath | 27.70 | 17.9.11 | 27.70 | 17.9.11 |
| | Steph Bottell | U15 | 29.00 | 19.6.11 | Hendon | NYL SoP | 28.40 | 22.5.11 | 28.40 | 22.5.11 |
| | Michelle Wakeford | W40 | 28.60 | 11.9.11 | Bournemouth | Open | 28.60 | 11.9.11 | 28.60 | 11.9.11 |
| | Asleigh Makoni | U15 | 28.90 | 24.7.11 | Guildford | Wessex L. | 28.90 | 24.7.11 | 28.90 | 24.7.11 |
| | Laura Seaman | U17 | 29.00 | 8.5.11 | Reading | NYL SoP | 29.00 | 8.5.11 | 29.00 | 8.5.11 |
| | Charlie Kelman | U15 | 29.90 | 5.7.11 | Southampton | HSAA U14 | 29.00 | 3.7.11 | 29.00 | 3.7.11 |
| | Sophie Mail | U15 | 29.30 | 24.7.11 | Guildford | Wessex L. | 29.30 | 24.7.11 | 29.30 | 24.7.11 |
| | Melody Young | U20 | 29.30 | 16.4.11 | Havant | Open | 29.30 | 16.4.11 | 27.30 | 7.6.09 |
| | Becky Kidson | U17 | 29.70 | 10.7.11 | Portsmouth | NJAL Itchen | 29.40 | 17.4.11 | 29.40 | 17.4.11 |
| | Charlotte Bull | U15 | 29.50 | 3.7.11 | Winchester | Wessex L. | 29.50 | 5.6.11 | 29.50 | 5.6.11 |
| | Sophia Wybourne | U13 | 29.61 | 14.5.11 | Portsmouth | HAA | 29.61 | 14.5.11 | 29.61 | 14.5.11 |
| | Rachel Salisbury | U15 | 29.93 | 12.6.11 | Oxford | Wessex L. | 29.93 | 12.6.11 | 28.50 | 31.5.10 |
| | Abbie Fisher | U15 | 30.10 | 17.4.11 | Sandown | Wessex L. | 30.10 | 17.4.11 | 30.00 | 24.5.09 |
| | Felicja Bligh | U15 | 30.27 | 19.6.11 | Hendon | NYL SoP | 30.27 | 19.6.11 | 30.27 | 19.6.11 |
| | Bethany Woodward | U20 | 30.74 | 10.7.11 | Birmingham | Grand Prix | 30.74 | 10.7.11 | 30.74 | 10.7.11 |
| | Madison Cooper | U13 | 31.27 | 17.7.11 | Exeter | SW I-C | 30.85 | 12.6.11 | 30.85 | 12.6.11 |
| | Elizabeth Curzen | U13 | 31.00 | 3.7.11 | Winchester | Wessex L. | 30.92 | 14.5.11 | 30.92 | 14.5.11 |
| | Ellie Hodgson | U13 | 32.10 | 22.6.11 | Crawley | open | 31.07 | 24.4.11 | 31.07 | 24.4.11 |
| | Hollie Branson | U15 | 31.27 | 14.5.11 | Portsmouth | HAA | 31.27 | 14.5.11 | 31.27 | 14.5.11 |
| | Amy Teal | U15 | 31.50 | 12.6.11 | Oxford | Wessex L. | 31.50 | 12.6.11 | 31.20 | 25.7.10 |

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| | Olivia Kelly | U17 | 31.80 | 17.4.11 | Sandown | Wessex L | 31.80 | 17.4.11 | 31.80 | 17.4.11 |
| | Hollie Branson | U15 | 32.44 | 12.6.11 | Oxford | Wessex L. | 32.44 | 12.6.11 | 32.44 | 12.6.11 |
| | Trish Makoni | U13 | 33.30 | 24.7.11 | Guildford | Wessex L. | 33.30 | 24.7.11 | 33.30 | 24.7.11 |
| | Aimee Coppin | U13 | 33.50 | 11.9.11 | Bournemouth | Open | 33.50 | 11.9.11 | 33.50 | 11.9.11 |
| | Mary Axtell | W65 | 37.90 | 4.7.11 | Portsmouth | SVAC H&S | 37.90 | 4.7.11 | 34.61 | 4.3.06 |
| | Fiona Webb | V45 | 38.80 | 16.5.11 | Portsmouth | SVL | 38.80 | 16.5.11 | 38.80 | 16.5.11 |
| | Vicki Bright | V50 | 39.80 | 4.7.11 | Portsmouth | SVAC H&S | 39.20 | 16.5.11 | 39.20 | 16.5.11 |
| | Catherine Steels | W40 | 59.27 | 14.5.11 | Portsmouth | HAA | 59.27 | 14.5.11 | 54.61 | 19.9.09 |
| 300m. | Emily Jenkinson | U17 | 41.95 | 6.8.11 | Ashford | SOE Champs | 41.05 | 14.5.11 | 41.05 | 14.5.11 |
| | Zoe Carter | U17 | 43.98 | 19.6.11 | Hendon | NYL SoP | 43.80 | 8.5.11 | 42.91 | 15.8.10 |
| | Laura Seaman | U17 | 44.90 | 3.7.11 | Winchester | Wessex L. | 44.90 | 3.7.11 | 44.50 | 12.9.10 |
| | Abbie Fisher | U15 | 47.60 | 3.7.11 | Winchester | Wessex L. | 47.60 | 3.7.11 | 47.60 | 3.7.11 |
| | Becky Kidson | U17 | 47.70 | 17.4.11 | Sandown | Wessex L. | 47.70 | 17.4.11 | 47.70 | 17.4.11 |
| | Charlie Kelman | U15 | 47.90 | 24.7.11 | Guildford | Wessex L. | 47.90 | 24.7.11 | 47.90 | 24.7.11 |
| | Helen Jones | U15 | 48.40 | 3.7.11 | Winchester | Wessex L. | 48.40 | 3.7.11 | 48.40 | 3.7.11 |
| | Holly Branson | U15 | 50.90 | 24.7.11 | Guildford | Wessex L. | 48.80 | 3.7.11 | 48.80 | 3.7.11 |
| | Olivia Kelly | U17 | 50.60 | 24.7.11 | Guildford | Wessex L. | 50.50 | 17.4.11 | 50.50 | 17.4.11 |
| | Jojo Ruggles | U15 | 50.70 | 17.4.11 | Sandown | Wessex L | 50.70 | 17.4.11 | 50.70 | 17.4.11 |
| 400m. | Millie Clifford | U20 | 57.29 | 28.8.11 | Barnet Cophall | NJAL Prom | 54.68 | 26.6.11 | 54.68 | 26.6.11 |
| | Rachel Lewington | SW | 58.32 | 3.7.11 | Hendon | UKWAL Div1 | 56.67 | 5.6.11 | 56.67 | 5.6.11 |
| | Emily Bonnett | SW | 59.76 | 11.9.11 | Yeovil | Open | 56.68 | 6.8.11 | 56.68 | 6.8.11 |
| | Emily Jenkinson | U17 | 60.00 | 27.8.11 | Abingdon | SC U15/20 IC | 57.91 | 23.7.11 | 57.84 | 28.7.10 |
| | Jenny Beakingham | U20 | 58.40 | 10.7.11 | Portsmouth | NJAL Itchen | 58.10 | 14.5.11 | 58.10 | 30.8.09 |
| | Nicola Seal | SW | 58.81 | 5.6.11 | Swansea | UKWAL Div1 | 58.81 | 5.6.11 | 58.81 | 5.6.11 |
| | Catrina Witcombe | SW | 62.70 | 20.8.11 | Luton | SAL 1 | 61.08 | 21.5.11 | 60.78 | 13.5.06 |
| | Hannah Musker | U20 | 66.47 | 24.7.11 | Brighton | NJAL Itchen | 62.53 | 14.5.11 | 62.53 | 14.5.11 |
| | Mhairi-Clair Stewart | U20 | 64.20 | 10.7.11 | Portsmouth | NJAL Itchen | 64.20 | 10.7.11 | 64.20 | 10.7.11 |
| | Michele Wakefield | V40 | 67.50 | 14.9.11 | Havant | Floodlit | 65.80 | 30.7.11 | 65.80 | 30.7.11 |
| | Laura Seaman | U17 | 66.32 | 28.8.11 | Barnet Cophall | NJAL Prom | 66.32 | 28.8.11 | 66.32 | 28.8.11 |
| | Melody Young | U20 | 66.70 | 1.5.11 | Bournemouth | NJL Itchen | 66.70 | 1.5.11 | 61.90 | 23.5.10 |
| | Nicci Blandford | V35 | 72.60 | 20.6.11 | Winchester | SVACL H&S | 72.60 | 20.6.11 | 72.60 | 20.6.11 |
| | Megan Fry | U20 | 77.83 | 24.7.11 | Brighton | NJAL Itchen | 77.83 | 24.7.11 | 77.83 | 24.7.11 |
| | Soph Boot | V35 | 91.60 | 20.6.11 | Winchester | SVACL H&S | 91.60 | 20.6.11 | 91.60 | 20.6.11 |
| | Vicky Bright-Garamuganwa | V50 | 91.70 | 20.6.11 | Winchester | SVACL H&S | 91.90 | 18.4.11 | 91.90 | 18.4.11 |
| 800m. | Ceri Mitchell | SW | 2'08.67" | 5.6.11 | Swansea | UKWAL Div1 | 2'08.67" | 5.6.11 | 2'08.67" | 5.6.11 |
| | Jenny Beakingham | U20 | 2'15.54" | 6.8.11 | Winchester | UKWAL Div1 | 2'09.34" | 18.5.11 | 2'08.75" | 29.7.09 |
| | Emily Jenkinson | U17 | 2'24.87" | 28.8.11 | Barnet Cophall | NJAL Prom | 2'12.52" | 28.5.11 | 2'12.46" | 10.7.10 |
| | Rhianna Parker-Simpson | SW | 2'16.5" | 6.8.11 | Winchester | UKWAL Div1 | 2'13.89" | 9.7.11 | 2'09.69" | 28.6.08 |
| | Emily Bonnett | SW | 2'16.21" | 30.8.11 | Exeter | BMC Regional | 2'16.21" | 30.8.11 | 2'16.21" | 30.8.11 |
| | Grace Clements | SW | 2'17.23" | 2.7.11 | Torun, Poland | Euro Cup | 2'17.23" | 2.7.11 | 2'13.6" | 27.6.10 |
| | Catrina Witcombe | SW | 2'22.4" | 11.9.11 | Bournemouth | Open | 2'17.38" | 21.5.11 | 2'16.4" | 2.6.07 |
| | Sophie Hall | SW | 2'29.8" | 20.8.11 | Luton | SAL 1 | 2'20.05" | 3.7.11 | 2'18.8" | 23.5.09 |
| | Abe Aiya | SW | 2'21.4" | 9.7.11 | Winchester | SAL | 2'21.4" | 9.7.11 | 2'21.4" | 9.7.11 |
| | Daenna Bennett | U17 | 2'25.37" | 28.8.11 | Barnet Cophall | NJAL Prom | 2'21.69" | 19.6.11 | 2'21.69" | 19.6.11 |
| | Caitlin Stewart | U15 | 2'31.1" | 27.8.11 | Abingdon | SC U15/20 IC | 2'22.95" | 14.5.11 | 2'26.5" | 11.7.10 |
| | Karla Drew | U23 | 2'22.38" | 3.8.11 | Stoke | McCain Champs | 2'22.38" | 3.8.11 | 2'22.38" | 3.8.11 |
| | Laura Seaman | U17 | 2'39.3" | 10.7.11 | Portsmouth | NJAL Itchen | 2'23.45" | 14.5.11 | 2'22.87" | 18.7.10 |
| | Mhairi-Clair Stewart | U20 | 2'23.8" | 9.7.11 | Winchester | SAL | 2'23.8" | 9.7.11 | 2'23.8" | 9.7.11 |
| | Bryony Osbourn | U17 | 2'27.2" | 3.7.11 | Winchester | Wessex L. | 2'25.35" | 14.5.11 | 2'27.22" | 1.8.10 |
| | Elizabeth Curzon | U13 | 2'49.4" | 24.7.11 | Guildford | Wessex L. | 2'26.2" | 5.6.11 | 2'26.2" | 5.6.11 |
| | Briallen Taylor | U15 | 2'26.5" | 3.7.11 | Winchester | Wessex L. | 2'26.5" | 3.7.11 | 2'26.5" | 3.7.11 |
| | Vicki Cronin | U23 | 2'29.8" | 30.7.11 | Milton Keynes | SAL 1 | 2'27.02" | 15.6.11 | 2'23.7" | 26.7.09 |
| | Nicci Blandford | V35 | 3'31.2" | 4.7.11 | Portsmouth | SVAC H&S | 2'29.7" | 21.5.11 | 2'29.7" | 21.5.11 |
| | Abbie Fisher | U15 | 2'29.7" | 22.5.11 | Bracknell | NYL SoP | 2'29.7" | 22.5.11 | 2'29.3" | 16.5.10 |
| | Alana Spiers | U15 | 2'30.9" | 24.7.11 | Guildford | Wessex L. | 2'30.08" | 25.5.11 | 2'30.08" | 25.5.11 |
| | Elizabeth Payne | U13 | 2'35.59" | 25.5.11 | Southampton | Open | 2'35.59" | 25.5.11 | 2'35.59" | 25.5.11 |
| | Frances Arnott | U17 | 2'36.64" | 25.5.11 | Southampton | Open | 2'36.64" | 25.5.11 | 2'36.64" | 25.5.11 |
| | Emma Cowell | U17 | 3'01.20" | 17.9.11 | Exeter | ESAA Heptath | 2'44.1" | 25.6.11 | 2'44.1" | 25.6.11 |
| | Meg Davies | U13 | 2'45.3" | 8.5.11 | Reading | NYL SoP | 2'45.3" | 8.5.11 | 2'45.3" | 8.5.11 |
| | Charlie Kelman | U15 | 2'46.95" | 19.6.11 | Hendon | NYL SoP | 2'46.95" | 19.6.11 | 2'46.95" | 19.6.11 |
| | Stevie-May Biles | U13 | 2'48.1" | 8.5.11 | Reading | NYL SoP | 2'48.1" | 8.5.11 | 2'42.1" | 25.7.10 |
| | Isobel Kidson | U20 | 2'57.8" | 10.7.11 | Portsmouth | NJAL Itchen | 2'49.6" | 1.5.11 | 2'49.6" | 1.5.11 |
| | Eleanor Prinsep | U13 | 2'51.5" | 3.7.11 | Winchester | Wessex L. | 2'51.5" | 3.7.11 | 2'51.5" | 3.7.11 |
| | Aimee Coppin | U13 | 2'57.2" | 11.9.11 | Bournemouth | Open | 2'51.57" | 25.5.11 | 2'51.57" | 25.5.11 |
| | Hannah Sherbourne | U13 | 3'00.1" | 2.5.11 | Portsmouth | HAA | 3'00.1" | 2.5.11 | 3'00.1" | 2.5.11 |
| | Meg Davis | U13 | 3'04.5" | 3.7.11 | Winchester | Wessex L. | 3'02.53" | 25.5.11 | 3'02.53" | 25.5.11 |
| | Madison Cooper | U13 | 3'04.22" | 19.6.11 | Hendon | NYL SoP | 3'04.22" | 19.6.11 | 3'04.22" | 19.6.11 |
| | Phoebe Wiggins | U13 | 3'05.12" | 19.6.11 | Hendon | NYL SoP | 3'05.12" | 19.6.11 | 3'05.12" | 19.6.11 |
| | Emma Redfern | U15 | 3'09.09 | 25.5.11 | Southampton | Open | 3'09.09 | 25.5.11 | 3'09.09 | 25.5.11 |
| | Aisha White | U13 | 3'15.9" | 25.5.11 | Southampton | Open | 3'15.9" | 25.5.11 | 3'15.9" | 25.5.11 |
| | Fiona Webb | V45 | 3'29.3" | 4.7.11 | Portsmouth | SVAC H&S | 3'29.3" | 16.5.11 | 3'29.3" | 16.5.11 |
| | Soph Boot | V35 | 3'31.2" | 4.7.11 | Portsmouth | SVAC H&S | 3'31.2" | 4.7.11 | 3'31.2" | 4.7.11 |
| | Vicki Bright | V50 | 3'51.5" | 4.7.11 | Portsmouth | SVAC H&S | 3'51.5" | 4.7.11 | 3'51.5" | 4.7.11 |
| | A. N. Other | U15 | 2'31.8 | 5.6.11 | Hillingdon | NYL SoP | | | | |
| 1,200m. | Elizabeth Payne | U13 | 4'07.9" | 3.7.11 | Winchester | Wessex L. | 4'07.5" | 8.5.11 | 4'07.5" | 8.5.11 |
| | Jessie Tucker | U13 | 4'31.4" | 3.7.11 | Winchester | Wessex L. | 4'31.4" | 3.7.11 | 4'31.4" | 3.7.11 |
| | Aimee Coppin | U13 | 4:40.1" | 8.5.11 | Reading | NYL SoP | 4:40.1" | 8.5.11 | 4:40.1" | 8.5.11 |
| 1500m. | Ceri Mitchell | SW | 4'24.69" | 30.7.11 | Birmingham | World trials | 4'22.97" | 11.6.11 | 4'22.97" | 11.6.11 |
| | Aiya Abe | SW | 4'41.62" | 17.7.11 | H. Hempstead | SoCsen I-C | 4'41.62" | 17.7.11 | 4'41.62" | 17.7.11 |
| | Jenny Beakingham | U20 | 4'52.4" | 29.5.11 | Portsmouth | NJAL Itchen | 4'44.60" | 2.5.11 | 4'36.18" | 3.5.10 |

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|---|----------------------|-----|--------------------|---------|-----------------|--------------|-----------|---------|-----------|----------|
| | Daena Bennett | U17 | 5'06.0" | 9.7.11 | Winchester | SAL | 4'50.0" | 11.6.11 | 4'49.75" | 10.5.09 |
| | Sophie Hall | SW | 4'57.54" | 6.8.11 | Winchester | UKWAL Div1 | 4'57.54" | 6.8.11 | 4'57.54" | 6.8.11 |
| | Caitlin Stewart | U15 | 5'04.58" | 19.6.11 | Hendon | NYL SoP | 4'57.70" | 14.5.11 | 4'57.70" | 14.5.11 |
| | Mhairi-Clair Stewart | U20 | 5'09.29" | 23.7.11 | Crawley | BAL S8 | 4'58.6" | 1.5.11 | 4'58.6" | 1.5.11 |
| | Natalie Burke | U23 | 4'58.98" | 6.8.11 | Winchester | UKWAL Div1 | 4'58.8" | 30.7.11 | 4'58.8" | 30.7.11 |
| | Nicci Blandford | V35 | 5'05.9" | 20.8.11 | Luton | SAL 1 | 4'59.3" | 30.7.11 | 4'59.3" | 30.7.11 |
| | Bryony Osbourn | U17 | 5'22.7" | 20.8.11 | Luton | SAL 1 | 5'02.48" | 14.5.11 | 5'16.0" | 8.5.11 |
| | Briallen Taylor | U15 | 5'22.0" | 11.9.11 | Bournemouth | Open | 5'03.8" | 24.7.11 | 5'03.8" | 24.7.11 |
| | Alana Spiers | U15 | 5'07.6" | 5.7.11 | Southampton | HSAU U14 | 5'07.6" | 5.7.11 | 5'07.6" | 5.7.11 |
| | Abbie Fisher | U15 | 5'34.3" | 3.7.11 | Winchester | Wessex L. | 5'12.51 | 2.4.11 | 5'07.84" | 9.5.10 |
| | Laura Brenton | SW | 5'12.8" | 21.5.11 | Lee Valley | SAL | 5'12.8" | 21.5.11 | 4'42.44" | 29.5.05 |
| | Frances Arnott | U17 | 5'18.3 | 22.5.11 | Bracknell | NYL SoP | 5'18.3 | 22.5.11 | 5'18.3 | 22.5.11 |
| | Lizzie Payne | U13 | 5'18.94" | 14.5.11 | Portsmouth | HAA | 5'18.94" | 14.5.11 | 5'18.94" | 14.5.11 |
| | Laura Seaman | U17 | 5'46.26" | 24.7.11 | Brighton | NJAL Itchen | 5'23.6" | 29.5.11 | 5'23.0 | 7.6.09 |
| | Helen Jones | U15 | 5'39.22" | 14.5.11 | Portsmouth | HAA | 5'35.8" | 17.4.11 | 5'35.8" | 17.4.11 |
| | Elaine Goode | SW | 5'50.9" | 7.5.11 | Harrow | SAL 1 | 5'50.9" | 7.5.11 | 5'50.9" | 7.5.11 |
| | Isobel Kidson | U20 | 6'20.6" | 10.7.11 | Portsmouth | NJAL Itchen | 6'20.6" | 10.7.11 | 6'20.6" | 10.7.11 |
| | Emma Redfern | U15 | 6'47.0" | 24.7.11 | Guildford | Wessex L. | 6'47.0" | 24.7.11 | 6'47.0" | 24.7.11 |
| | Megan Fry | U20 | 6'49.25" | 24.7.11 | Brighton | NJAL Itchen | 6'49.25" | 24.7.11 | 6'49.25" | 24.7.11 |
| | Fiona Webb | V45 | 7'20.1" | 20.6.11 | Winchester | SVACL H&S | 7'20.1" | 20.6.11 | 7'20.1" | 20.6.11 |
| | Annie Jones | V50 | 7'30.5" | 18.4.11 | Portsmouth | So. Vets L. | 7'30.5" | 18.4.11 | 7'30.5" | 18.4.11 |
| 3,000m. | Aiya Abe | SW | 10'03.5" | 27.7.11 | Watford | Open | 10'03.5" | 27.7.11 | 10'03.5" | 27.7.11 |
| | Laura Brenton | SW | 10'36.27" | 19.6.11 | Ashford | SoE Champ | 10'14.94" | 5.6.11 | 9'54.7" | 11.5.05 |
| | Nicci Blandford | V35 | 10'37.2" | 20.8.11 | Luton | SAL 1 | 10'22.95" | 6.8.11 | 10'22.95" | 6.8.11 |
| | Claire Thorne | SW | 10'48.25" | 17.7.11 | H. Hempstead | SoCSen I-C | 10'48.25" | 17.7.11 | 10'15.51" | 15@7.09" |
| | Caitlin Stewart | U15 | 10'52.96" | 25.5.11 | Southampton | Open | 10'52.96" | 25.5.11 | 10'52.96" | 25.5.11 |
| | Lorna Miller | SW | 11'13.14" | 3.7.11 | Hendon | UKWAL Div1 | 11'13.14" | 3.7.11 | 11'13.14" | 3.7.11 |
| | Briallen Taylor | U15 | 11'23.38" | 25.5.11 | Southampton | Open | 11'23.38" | 25.5.11 | 11'23.38" | 25.5.11 |
| | Frances Arnott | U17 | 12'04.8" | 30.7.11 | Milton Keynes | SAL 1 | 11'31.4" | 5.6.11 | 11'31.4" | 5.6.11 |
| | Abbie Fisher | U15 | 11'50.83 | 25.5.11 | Southampton | Open | 11'50.83 | 25.5.11 | 11'50.83 | 25.5.11 |
| | Elaine Goode | SW | 11'29.3" | 20.8.11 | Luton | SAL 1 | 11'29.3" | 20.8.11 | 11'29.3" | 20.8.11 |
| | Isobel Kidson | U20 | 12'25.1" | 29.5.11 | Portsmouth | NJAL Itchen | 12'25.1" | 29.5.11 | 12'25.1" | 29.5.11 |
| | Vicki Cronin | SW | 12'44.0 | 9.7.11 | Winchester | SAL | 12'44.0 | 9.7.11 | 11'26.0" | 20.8.07 |
| | Hannah Coombs | SW | 12'53.4" | 7.5.11 | Harrow | SAL 1 | 12'53.4" | 7.5.11 | 12'20.93" | 3.7.10 |
| | Fiona Webb | V45 | 16'08.1" | 16.5.11 | Portsmouth | SVL | 16'08.1" | 16.5.11 | 16'08.1" | 16.5.11 |
| | Annie Jones | V50 | 16'08.2" | 16.5.11 | Portsmouth | SVL | 16'08.2" | 16.5.11 | 16'08.2" | 16.5.11 |
| 5,000m. | Laura Brenton | SW | 17'49.80" | 29.5.11 | Bedford | CAU | 17'49.80" | 29.5.11 | 17'35.96" | 24.6.07 |
| | Aiya Abe | SW | 18'04.82" | 1.7.11 | Sandown | NW Island G | 18'04.82" | 1.7.11 | 18'04.82" | 1.7.11 |
| | Nicci Blandford | V35 | 18.19.3" | 4.7.11 | Portsmouth | SVAC H&S | 18.19.3" | 4.7.11 | 18.19.3" | 4.7.11 |
| | Mirella Spalluto | V40 | 26'40.0" | 4.7.11 | Portsmouth | SVAC H&S | 26'40.0" | 4.7.11 | 26'40.0" | 4.7.11 |
| 2,000m,W | Fiona Webb | V45 | 13'31.4" | 4.7.11 | Portsmouth | SVAC H&S | 13'31.4" | 4.7.11 | 13'31.4" | 4.7.11 |
| | Rosemarie Hutton | V60 | 2nd Claim 14'12.9" | 18.4.11 | Portsmouth | So. Vets L. | 14'12.9" | 18.4.11 | 14'12.9" | 18.4.11 |
| | Vicky Bright | V50 | 14'44.6" | 4.7.11 | Portsmouth | SVAC H&S | 14'44.6" | 4.7.11 | 14'44.6" | 4.7.11 |
| 70m.H | Ellie Hodgson | U13 | 12.80 | 24.7.11 | Guildford | Wessex L. | 12.80 | 24.7.11 | 12.80 | 24.7.11 |
| | Sophia Wybourne | U13 | 13.60 | 22.5.11 | Bracknell | NYL SoP | 13.60 | 22.5.11 | 13.60 | 22.5.11 |
| | Madison Cooper | U13 | 14.90 | 11.9.11 | Bournemouth | Open | 14.60 | 8.5.11 | 14.60 | 8.5.11 |
| | Hannah Sherbourne | U13 | 15.10 | 2.5.11 | Portsmouth | HAA | 14.70 | 2.5.11 | 14.70 | 2.5.11 |
| | Phoebe Wiggins | U13 | 16.46 | 19.6.11 | Hendon | NYL SoP | 16.46 | 19.6.11 | 16.46 | 19.6.11 |
| U15G | Charlie Kelman | U15 | 14.06 | 19.6.11 | Hendon | NYL SoP | 14.06 | 19.6.11 | 14.06 | 19.6.11 |
| | Millie Eves | U15 | 14.30 | 24.7.11 | Guildford | Wessex L. | 14.30 | 24.7.11 | 14.30 | 24.7.11 |
| 75m.H | Amy Teal | U15 | 15.10 | 24.7.11 | Guildford | Wessex L. | 15.10 | 24.7.11 | 15.10 | 24.7.11 |
| | Hollie Branson | u15 | 16.60 | 3.7.11 | Winchester | Wessex L. | 16.60 | 3.7.11 | 16.60 | 3.7.11 |
| | Emma Redfern | U15 | 17.20 | 3.7.11 | Winchester | Wessex L. | 17.20 | 3.7.11 | 17.20 | 3.7.11 |
| 80m.H U17W | Emma Cowell | U17 | 12.26 | 17.9.11 | Exeter | ESAA Heptath | 12.26 | 17.9.11 | 12.26 | 17.9.11 |
| 100m.H | Karla Drew | U23 | 14.36 | 18.9.11 | Nice | Decanation | 13.96 | 3.7.11 | 13.96 | 3.7.11 |
| SW JW | Grace Clements | SW | 14.83 | 23.7.11 | Birmingham | McCain Games | 14.56 | 7.5.11 | 14.10 | 28.6.08 |
| | Karoliina Isoaho | SW | 15.88 | 29.5.11 | Bedford | CAU | 15.80 | 7.5.11 | 15.80 | 7.5.11 |
|  | Megan Fry | U20 | 22.40 | 20.8.11 | Luton | SAL 1 | 16.04 | 3.7.11 | 16.04 | 3.7.11 |
| | Vicki Cronin | U23 | 19.80 | 30.7.11 | Milton Keynes | SAL 1 | 19.80 | 30.7.11 | 19.80 | 30.7.11 |
| | Clemmie McAteer | U20 | 22.50 | 20.8.11 | Luton | SAL 1 | 20.90 | 7.5.11 | 20.90 | 7.5.11 |
| 300m.H. | Laura Seaman | U17 | 54.57 | 19.6.11 | Hendon | NYL SoP | 51.00 | 22.5.11 | 51.00 | 22.5.11 |
| 400m.H SW | Millie Clifford | U20 | 63.80 | 28.8.11 | Barnet Copthall | NJAL Prom | 61.50 | 7.5.11 | 61.50 | 7.5.11 |
| | Emily Bonnett | SW | 62.44 | 11.9.11 | Yeovil | Open | 61.02 | 6.8.11 | 60.90 | 6.7.08 |
| | Rachael Lewington | SW | 63.30 | 30.7.11 | Milton Keynes | SAL 1 | 63.30 | 30.7.11 | 63.30 | 30.7.11 |
| | Catriona Witcombe | SW | 66.70 | 20.8.11 | Luton | SAL 1 | 66.70 | 20.8.11 | 66.55 | 7.7.07 |
| | Rachel Smith | SW | 69.2" | 11.9.11 | Bournemouth | Open | 69.2" | 11.9.11 | 69.2" | 11.9.11 |
| | Megan Fry | U20 | 77.40 | 20.8.11 | Luton | SAL 1 | 70.36 | 24.7.11 | 70.36 | 24.7.11 |
| JW | Suzannah Collins | U20 | 74.10 | 3.7.11 | Hendon | UKWAL Div1 | 70.40 | 21.5.11 | 70.40 | 21.5.11 |
| | Laura Seaman | U17 | 75.57 | 28.8.11 | Barnet Copthall | NJAL Prom | 73.50 | 29.5.11 | 73.50 | 29.5.11 |
| 1,500m. S/C | Clemmie McAteer | U20 | 5'04.6" | 20.8.11 | Luton | SAL 1 | 6'01.4" | 9.7.11 | 6'01.4" | 9.7.11 |
| 2,000m.S/C | Clemmie McAteer | U20 | 8'28.43" | 6.8.11 | Winchester | UKWAL Div1 | 8'28.43" | 6.8.11 | 8'28.43" | 6.8.11 |
| | Becca Carozzi | SW | 9'43.58" | 3.7.11 | Hendon | UKWAL Div1 | 9'43.58" | 3.7.11 | 9'43.58" | 3.7.11 |

High Jump



| | | | | | | | | | |
|-------------------|-----|------|---------|-----------------|---------------|------|---------|--------|---------|
| Karla Drew | SW | 1.71 | 3.8.11 | Stoke | McCain Champs | 1.71 | 23.7.11 | 1.72 | 7.3.10 |
| Grace Clements | SW | 1.70 | 23.7.11 | Birmingham | McCain Games | 1.70 | 23.7.11 | 1.81 | 31.5.08 |
| Emma Cowell | U17 | 1.68 | 17.9.11 | Exeter | ESAA Heptath | 1.68 | 17.9.11 | 1.69m. | 9.7.10 |
| Lottie Lord | U17 | 1.45 | 9.7.11 | Winchester | SAL | 1.50 | 25.5.11 | 1.50 | 25.5.11 |
| Charlotte Ward | U17 | 1.50 | 25.5.11 | Southampton | Open | 1.50 | 25.5.11 | 1.50 | 25.5.11 |
| Eloise Flavell | U15 | 1.30 | 24.7.11 | Guildford | Wessex L. | 1.50 | 19.6.11 | 1.50 | 19.6.11 |
| Rachel Lewington | SW | 1.45 | 30.7.11 | Milton Keynes | SAL 1 | 1.45 | 30.7.11 | 1.45 | 30.7.11 |
| Emily Jenkinson | U17 | 1.45 | 28.8.11 | Barnet Copthall | NJAL Prom | 1.45 | 10.7.11 | 1.50 | 3.7.10 |
| Emily Newton | SW | 1.30 | 20.8.11 | Luton | SAL 1 | 1.30 | 20.8.11 | 1.30 | 20.8.11 |
| Hannah Sherbourne | U13 | 1.30 | 2.5.11 | Portsmouth | HAA | 1.30 | 2.5.11 | 1.30 | 2.5.11 |
| Jennie Beekingham | U20 | 1.30 | 29.5.11 | Portsmouth | NJAL Itchen | 1.30 | 29.5.11 | 1.47 | 21.5.11 |
| Charlie Kelman | U15 | 1.30 | 3.7.11 | Winchester | Wessex L. | 1.30 | 5.6.11 | 1.30 | 5.6.11 |
| Sarah Ellis | SW | 1.30 | 7.5.11 | Harrow | SAL 1 | 1.30 | 7.5.11 | 1.30 | 7.5.11 |
| Joanne Bottell | U20 | 1.25 | 6.8.11 | Winchester | UKWAL Div1 | 1.25 | 21.5.11 | 1.25 | 21.5.11 |
| Karoliina Isoaho | SW | 1.20 | 7.5.11 | Harrow | SAL 1 | 1.20 | 7.5.11 | 1.20 | 7.5.11 |
| Fiona Mees | U15 | 1.20 | 24.7.11 | Guildford | Wessex L. | 1.20 | 24.7.11 | 1.20 | 24.7.11 |
| Lizzie Payne | U13 | 1.20 | 19.6.11 | Hendon | NYL SoP | 1.20 | 5.6.11 | 1.20 | 5.6.11 |
| Stevey-May Biles | U13 | 1.15 | 8.5.11 | Reading | NYL SoP | 1.15 | 8.5.11 | 1.15 | 8.5.11 |
| Abbie Fisher | U15 | 1.15 | 8.5.11 | Reading | NYL SoP | 1.15 | 8.5.11 | 1.20 | 20.6.10 |
| Madison Cooper | U13 | 1.05 | 8.5.11 | Reading | NYL SoP | 1.05 | 8.5.11 | 1.05 | 8.5.11 |
| Sue Stevens | V50 | 0.95 | 20.6.11 | Winchester | SVACL H&S | 0.95 | 20.6.11 | 0.95 | 20.6.11 |
| Soph Boot | V35 | 0.85 | 20.6.11 | Winchester | SVACL H&S | 0.85 | 20.6.11 | 0.85 | 20.6.11 |

Long Jump

| | | | | | | | | | |
|-------------------|-----|-------|---------|-----------------|---------------|-------|---------|-------|---------|
| Grace Clements | SW | 5.68 | 3.7.11 | Torun, Poland | Euro Cup | 5.90 | 8.5.11 | 6.03 | 27.6.10 |
| Karla Drew | SW | 5.24 | 3.8.11 | Stoke | McCain Champs | 5.53 | 6.8.11 | 5.60 | 10.4.10 |
| Emma Cowell | U17 | 4.94 | 18.9.11 | Exeter | ESAA Heptath | 5.24 | 9.7.11 | 5.24 | 9.7.11 |
| Millie Cavanagh | U13 | 4.52 | 20.8.11 | Bedford | EA Champs | 5.10 | 29.5.11 | 5.10 | 29.5.11 |
| Emily Newton | SW | 5.06 | 7.5.11 | Harrow | SAL 1 | 5.06 | 7.5.11 | 5.53 | 7.8.10 |
| Karoliina Isoaho | SW | 5.00 | 25.5.11 | Southampton | Open | 5.00 | 25.5.11 | 5.00 | 25.5.11 |
| Megan Fry | U20 | 4.33 | 6.8.11 | Winchester | UKWAL Div1 | 4.83 | 1.5.11 | 4.83 | 1.5.11 |
| Anna Henden | SW | 4.66 | 20.8.11 | Luton | SAL 1 | 4.80 | 21.5.11 | 4.80 | 21.5.11 |
| Jo Bottell | U20 | 4.59 | 24.7.11 | Brighton | NJAL Itchen | 4.74 | 21.5.11 | 4.77 | 6.6.10 |
| Susie Collins | U20 | 4.68 | 28.8.11 | Barnet Copthall | NJAL Prom | 4.68 | 28.8.11 | 4.68 | 28.8.11 |
| Steph Botell | U15 | 3.82 | 19.6.11 | Hendon | NYL SoP | 4.48 | 22.5.11 | 4.48 | 22.5.11 |
| Vicki Vintner | U20 | 3.23 | 20.8.11 | Luton | SAL 1 | 4.38 | 1.5.11 | 4.38 | 1.5.11 |
| Libbie Nunn | U17 | 4.05 | 28.8.11 | Barnet Copthall | NJAL Prom | 4.05 | 28.8.11 | 4.05 | 28.8.11 |
| Lottie Lord | U17 | 4.01 | 19.6.11 | Hendon | NYL SoP | 4.02 | 22.5.11 | 4.02 | 22.5.11 |
| Eloise Flavell | U15 | 3.23 | 24.7.11 | Guildford | Wessex L. | 3.98 | 22.5.11 | 3.98 | 22.5.11 |
| Elizabeth Curzon | U13 | 3.88 | 24.7.11 | Guildford | Wessex L. | 3.96 | 3.7.11 | 3.96 | 3.7.11 |
| Amy Teal | U15 | 3.92 | 24.7.11 | Guildford | Wessex L. | 3.92 | 24.7.11 | 3.92 | 24.7.11 |
| Sophie Wybourne | U13 | 3.88w | 14.5.11 | Portsmouth | HAA | 3.88w | 14.5.11 | 3.88w | 14.5.11 |
| Elly Henderson | U17 | 3.86 | 19.6.11 | Hendon | NYL SoP | 3.86 | 17.4.11 | 4.38 | 10.5.09 |
| Hannah Sherbourne | U13 | 3.72 | 2.5.11 | Portsmouth | HAA | 3.72 | 2.5.11 | 3.72 | 2.5.11 |
| Lizzie Payne | U13 | 3.60 | 19.6.11 | Hendon | NYL SoP | 3.67 | 22.5.11 | 3.67 | 22.5.11 |
| Claire Humby | U15 | 3.43 | 3.7.11 | Winchester | Wessex L. | 3.43 | 3.7.11 | 3.43 | 3.7.11 |
| Soph Boot | V35 | 3.26 | 14.9.11 | Havant | Floodlit | 3.26 | 14.9.11 | 3.26 | 14.9.11 |
| Aimee Coppin | U13 | 3.26 | 25.5.11 | Southampton | Open | 3.26 | 25.5.11 | 3.26 | 25.5.11 |
| Ellie Hodgson | U13 | 3.22 | 17.4.11 | Sandown | Wessex L. | 3.22 | 17.4.11 | 3.22 | 17.4.11 |
| Emma Redfern | U15 | 3.17 | 25.5.11 | Southampton | Open | 3.17 | 25.5.11 | 3.17 | 25.5.11 |
| Phoebe Wiggins | U13 | 2.71 | 19.6.11 | Hendon | NYL SoP | 2.71 | 19.6.11 | 2.71 | 19.6.11 |
| Sue Stevens | V50 | 2.50 | 4.7.11 | Portsmouth | SVAC H&S | 2.51 | 16.5.11 | 2.51 | 16.5.11 |

Triple Jump

| | | | | | | | | | |
|------------------|-----|-------|---------|---------------|------------|-------|---------|-------|---------|
| Karla Drew | SW | 14.67 | 1.5.11 | Bedford | BUCS | 14.67 | 1.5.11 | 14.67 | 1.5.11 |
| Karoliina Isoaho | SW | 10.93 | 30.5.11 | Bedford | CAU | 11.19 | 14.5.11 | 11.18 | 1.5.11 |
| Jo Bottell | U20 | 9.87 | 23.7.11 | Crawley | BAL S8 | 10.10 | 7.5.11 | 10.51 | 5.9.09 |
| Vicki Vintner | U20 | 7.51 | 20.8.11 | Luton | SAL 1 | 9.51 | 5.6.11 | 9.51 | 5.6.11 |
| Anna Henden | SW | 9.36 | 20.8.11 | Luton | SAL 1 | 9.36 | 20.8.11 | 9.68 | 5.6.10 |
| Vicki Cronin | U23 | 9.31 | 30.7.11 | Milton Keynes | SAL 1 | 9.31 | 30.7.11 | 9.85 | 1.7.07 |
| Lottie Lord | U17 | 8.84 | 22.5.11 | Bracknell | NYL SoP | 8.84 | 22.5.11 | 8.84 | 22.5.11 |
| Jenny Beekingham | U20 | 7.93 | 6.8.11 | Winchester | UKWAL Div1 | 7.93 | 6.8.11 | 7.93 | 6.8.11 |
| Fiona Webb | V45 | 6.07 | 20.6.11 | Winchester | SVACL H&S | 6.07 | 20.6.11 | 6.07 | 20.6.11 |
| Sue Stevens | V50 | 5.87 | 20.6.11 | Winchester | SVACL H&S | 5.87 | 20.6.11 | 5.87 | 20.6.11 |

Pole Vault


| | | | | | | | | | |
|------------------|-----|------|---------|---------------|--------------|--------|---------|--------|---------|
| Georgia Parker | U15 | 2.40 | 27.8.11 | Abingdon | SC U15/20 IC | 2.50 | 17.4.11 | 2.50m. | 17.4.11 |
| Catrina Witcombe | SW | 1.80 | 20.8.11 | Luton | SAL 1 | 2.20i | 6.2.11 | 2.20i | 6.2.11 |
| Claire Humby | U15 | 2.00 | 22.5.11 | Bracknell | NYL SoP | 2.10m. | 17.4.11 | 2.10m. | 17.4.11 |
| Susie Collins | U20 | 1.70 | 30.7.11 | Milton Keynes | SAL 1 | 1.90 | 24.7.11 | 2.30 | 30.8.09 |
| Sarah Ellis | SW | 1.80 | 30.7.11 | Milton Keynes | SAL 1 | 1.80 | 30.7.11 | 1.80 | 30.7.11 |

SP 4kg

| | | | | | | | | | |
|------------------|-----|-------|---------|-----------------|---------------|-------|---------|-------|---------|
| Grace Clements | SW | 12.79 | 2.7.11 | Torun, Poland | Euro Cup | 12.79 | 2.7.11 | 13.00 | 15.6.08 |
| Freya Jones | U20 | 11.40 | 28.8.11 | Barnet Copthall | NJAL Prom | 12.03 | 6.8.11 | 12.03 | 6.8.11 |
| Karla Drew | U23 | 9.75 | 3.8.11 | Stoke | McCain Champs | 10.49 | 18.6.11 | 10.49 | 18.6.11 |
| Debbie Calloway | V45 | 9.87 | 6.8.11 | Winchester | UKWAL Div1 | 9.87 | 6.8.11 | 14.88 | 15.5.93 |
| Anna Stevens | SW | 9.31 | 20.8.11 | Luton | SAL 1 | 9.50 | 24.4.11 | 10.16 | 11.4.10 |
| Sarah Ellis | SW | 9.11 | 30.7.11 | Milton Keynes | SAL 1 | 9.11 | 30.7.11 | 9.11 | 30.7.11 |
| Karoliina Isoaho | SW | 8.98 | 14.5.11 | Portsmouth | HAA | 8.98 | 14.5.11 | 8.98 | 14.5.11 |
| Emma Cowell | U17 | 8.88 | 18.9.11 | Exeter | ESAA Heptath | 8.88 | 18.9.11 | 8.88 | 18.9.11 |
| Emily Newton | SW | 8.48 | 20.8.11 | Luton | SAL 1 | 8.48 | 20.8.11 | 8.48 | 20.8.11 |
| Zoe Carter | U17 | 7.20 | 19.6.11 | Hendon | NYL SoP | 7.52 | 8.5.11 | 7.52 | 8.5.11 |
| Poppy Barker | U17 | 7.23 | 1.5.11 | Bournemouth | NJL Itchen | 7.23 | 1.5.11 | 8.96 | 16.5.10 |
| Rachel Lewington | SW | 6.37 | 21.5.11 | Lee Valley | SAL | 6.37 | 21.5.11 | 6.37 | 21.5.11 |
| Jenny Beekingham | U20 | 6.20 | 10.7.11 | Portsmouth | NJAL Itchen | 6.29 | 29.5.11 | 6.29 | 29.5.11 |
| Joanne Bottell | U20 | 6.22 | 29.5.11 | Portsmouth | NJAL Itchen | 6.22 | 29.5.11 | 6.22 | 29.5.11 |
| Fiona Webb | V45 | 6.19 | 4.7.11 | Portsmouth | SVAC H&S | 6.19 | 4.7.11 | 6.19 | 4.7.11 |

| | | | | | | | | | | |
|-----------|----------------------|------|-------|---------|-----------------|---------------|-------|---------|-------|---------|
| | Olivia Nunn | U17 | 4.91 | 19.6.11 | Hendon | NYL SoP | 5.89 | 22.5.11 | 5.89 | 22.5.11 |
| | Laura Seaman | U17 | 5.65 | 28.8.11 | Barnet Copthall | NJAL Prom | 5.66 | 24.7.11 | | |
| | Mhairi-Clair Stewart | U20 | 4.6 | 10.7.11 | Portsmouth | NJAL Itchen | 4.6 | 10.7.11 | 4.6 | 10.7.11 |
| | Olivia Kelly | U17 | 3.79 | 5..6.11 | Hillingdon | NYL SoP | 4.11 | 22.5.11 | 4.11 | 22.5.11 |
| SPV50+3kg | Sue Stevens | V50 | 4.82 | 4.7.11 | Portsmouth | SVAC H&S | 5.02 | 16.5.11 | 5.02 | 16.5.11 |
| SP3.25kg | Sophie Merritt | U15G | 12.34 | 27.8.11 | Abingdon | SC U15/20 I-C | 12.68 | 25.5.11 | 12.68 | 25.5.11 |
| | Rachel McAlpine | U15G | 7.74 | 3.7.11 | Winchester | Wessex L. | 8.90 | 22.5.11 | 8.90 | 22.5.11 |
| | Helen Jones | U15G | 7.26 | 3.7.11 | Winchester | Wessex L. | 7.26 | 3.7.11 | 7.26 | 3.7.11 |
| | Olivia Nunn | U17 | 4.80 | 3.7.11 | Winchester | Wessex L. | 5.96 | 17.4.11 | 6.08 | 18.7.10 |
| | Emma Redfern | U15G | 5.56 | 24.7.11 | Guildford | Wessex L. | 5.56 | 24.7.11 | 5.56 | 24.7.11 |
| | Felicja Bligh | U15G | 4.26 | 24.7.11 | Guildford | Wessex L. | 4.81 | 19.6.11 | 4.81 | 19.6.11 |
| SP2,72kg | Sophia Wybourne | U13G | 7.84 | 31.7.11 | Kingston | SoCo Inter-Co | 8.86 | 3.7.11 | 8.86 | 3.7.11 |
| | Ellie Hodgson | U13 | 7.64 | 14.9.11 | Havant | Floodlit | 7.64 | 14.9.11 | 7.64 | 14.9.11 |
| | Hannah Sherbourne | U13 | 6.54 | 2.5.11 | Portsmouth | HAA | 6.54 | 2.5.11 | 6.54 | 2.5.11 |
| | Stevey-May Biles | U13 | 5.52 | 8.5.11 | Reading | NYL SoP | 5.52 | 8.5.11 | 5.52 | 8.5.11 |
| | Madison Cooper | U13 | 5.09 | 12.6.11 | Oxford | Wessex L. | 5.40 | 17.4.11 | 5.40 | 17.4.11 |
| | Chloe Morgan-Lee | U13 | 2.68 | 22.5.11 | Bracknell | NYL SoP | 2.68 | 22.5.11 | 2.68 | 22.5.11 |
| DT 1kg | Megan Tuck | U20 | 40.16 | 17.7.11 | Exeter | SW I-C | 40.16 | 17.7.11 | 40.16 | 17.7.11 |
| | Debbie Calloway | V4 | 38.85 | 6.8.11 | Winchester | UKWAL Div1 | 38.85 | 6.8.11 | 58.56 | 19.5.96 |
| | Sophie Merritt | U15G | 31.12 | 27.8.11 | Abingdon | SC U15/20 I-C | 36.80 | 8.5.11 | 36.80 | 8.5.11 |
| | Freya Jones | U20 | 35.97 | 28.8.11 | Barnet Copthall | NJAL Prom | 35.97 | 28.8.11 | 35.97 | 28.8.11 |
| | Emily Green | U15G | 27.90 | 11.9.11 | Bournemouth | Open | 29.40 | 5.6.11 | 29.40 | 5.6.11 |
| | Anna Stevens | SW | 24.02 | 20.8.11 | Luton | SAL 1 | 28.08 | 6.8.11 | 32.09 | 3.8.08 |
| | Emily Jenkinson | U17 | 24.41 | 28.8.11 | Barnet Copthall | NJAL Prom | 25.98 | 10.7.11 | 25.98 | 10.7.11 |
| | Sarah Ellis | SW | 25.22 | 21.5.11 | Lee Valley | SAL | 25.22 | 21.5.11 | 25.22 | 21.5.11 |
| | Helen Jones | U15G | 23.49 | 3.7.11 | Winchester | Wessex L. | 23.49 | 3.7.11 | 23.49 | 3.7.11 |
| | Fiona Mees | U15G | 21.39 | 24.7.11 | Guildford | Wessex L. | 21.39 | 24.7.11 | 21.39 | 24.7.11 |
| | Lottie Lord | U17 | 15.64 | 10.7.11 | Portsmouth | NJAL Itchen | 17.24 | 19.6.11 | 17.24 | 19.6.11 |
| | Olivia Nunn | U17 | 15.27 | 7.5.11 | Harrow | SAL 1 | 15.27 | 7.5.11 | 15.27 | 7.5.11 |
| | Poppy Barker | U17 | 14.98 | 1.5.11 | Bournemouth | NJL Itchen | 14.98 | 1.5.11 | 23.39 | 4.9.10 |
| | Susi Collins | U20 | 14.65 | 24.7.11 | Brighton | NJAL Itchen | 14.65 | 24.7.11 | 14.65 | 24.7.11 |
| | Hannah Musker | U20 | 14.60 | 29.5.11 | Portsmouth | NJAL Itchen | 14.60 | 29.5.11 | 14.60 | 29.5.11 |
| | Fatima Zaheed | U15G | 14.49 | 24.7.11 | Guildford | Wessex L. | 14.49 | 24.7.11 | 14.49 | 24.7.11 |
| | Claire Humby | U15G | 14.39 | 3.7.11 | Winchester | Wessex L. | 14.39 | 3.7.11 | 14.39 | 3.7.11 |
| | Fiona Webb | V45 | 14.36 | 4.7.11 | Portsmouth | SVAC H&S | 14.36 | 4.7.11 | 14.36 | 4.7.11 |
| | Amy Teal | U15G | 13.66 | 19.6.11 | Hendon | NYL SoP | 13.66 | 19.6.11 | 13.66 | 19.6.11 |
| | Frances Arnott | U17 | 13.23 | 19.6.11 | Hendon | NYL SoP | 13.23 | 19.6.11 | 13.23 | 19.6.11 |
| | Daenna Bennett | U17 | 12.97 | 24.7.11 | Brighton | NJAL Itchen | 12.97 | 24.7.11 | 12.97 | 24.7.11 |
| | Mhairi-Clair Stewart | U20 | 12.21 | 29.5.11 | Portsmouth | NJAL Itchen | 12.21 | 29.5.11 | 12.21 | 29.5.11 |
| | Sue Stevens | V50 | 10.82 | 4.7.11 | Portsmouth | SVAC H&S | 11.04 | 16.5.11 | 11.04 | 16.5.11 |
| DT 0.75kg | Sophia Wybourne | U13 | 20.15 | 31.7.11 | Kingston | SoCo Inter-Co | 20.15 | 31.7.11 | 20.15 | 31.7.11 |
| | Ellie Hodgson | U13 | 10.40 | 17.4.11 | Sandown | Wessex L | 10.40 | 17.4.11 | 10.40 | 17.4.11 |
| HT 4kg | Megan Tuck | U20 | 30.79 | 3.7.11 | Hendon | UKWAL Div1 | 40.05 | 2.4.11 | 40.05 | 2.4.11 |
| | Anna Stevens | SW | 33.81 | 20.8.11 | Luton | SAL 1 | 35.10 | 7.5.11 | 35.10 | 7.5.11 |
| | Sarah Ellis | SW | 22.48 | 6.8.11 | Winchester | UKWAL Div1 | 22.48 | 6.8.11 | 22.48 | 6.8.11 |
| | Fiona Webb | V45 | 13.57 | 20.6.11 | Winchester | SVACL H&S | 14.80 | 18.4.11 | 14.80 | 18.4.11 |
| | Zoe Carter | U117 | 13.41 | 22.5.11 | Bracknell | NYL SoP | 13.41 | 22.5.11 | 13.41 | 22.5.11 |
| | Jenny Beckingham | U20 | 12.03 | 10.7.11 | Portsmouth | NJAL Itchen | 12.03 | 10.7.11 | 12.03 | 10.7.11 |
| | Frances Arnott | U17 | 9.60 | 19.6.11 | Hendon | NYL SoP | 9.60 | 19.6.11 | 9.60 | 19.6.11 |
| | Bryony Osbourn | U17 | 9.01 | 19.6.11 | Hendon | NYL SoP | 9.01 | 19.6.11 | 9.01 | 19.6.11 |
| | Emily Jenkinson | U17 | 8.59 | 22.5.11 | Bracknell | NYL SoP | 8.59 | 22.5.11 | 8.59 | 22.5.11 |
| | Becca Carozzi | SW | 8.34 | 20.8.11 | Luton | SAL 1 | 8.34 | 20.8.11 | 8.34 | 20.8.11 |
| | Millie Clifford | U20 | 7.98 | 28.8.11 | Barnet Copthall | NJAL Prom | 7.98 | 28.8.11 | 7.98 | 28.8.11 |
| | Hannah Musker | U20 | 7.65 | 24.7.11 | Brighton | NJAL Itchen | 7.65 | 24.7.11 | 7.65 | 24.7.11 |
| | Daenna Bennett | U17 | 6.62 | 28.8.11 | Barnet Copthall | NJAL Prom | 6.62 | 28.8.11 | 6.62 | 28.8.11 |
| | Bryony Osborn | U17 | 5.16 | 5..6.11 | Hillingdon | NYL SoP | 5.16 | 5..6.11 | 5.16 | 5..6.11 |
| | Megan Fry | U20 | 4.46 | 29.5.11 | Portsmouth | NJAL Itchen | 4.46 | 29.5.11 | 4.46 | 29.5.11 |
| | Vicki Vintner | U20 | 4.29 | 24.7.11 | Brighton | NJAL Itchen | 4.29 | 24.7.11 | 4.62 | |
| | Karla Drew | SW | 1.63 | 2.5.11 | Bedford | BUCS | 1.63 | 2.5.11 | 1.63 | 2.5.11 |
| HT 3kg | Sophie Merritt | U15G | 42.86 | 11.9.11 | Bournemouth | Open | 43.45 | 27.8.11 | 43.45 | 27.8.11 |
| | Rosemarie Hutton | V60 | 31.37 | 18.4.11 | Portsmouth | So. Vets L. | 32.94 | 3.4.11 | 35.55 | 1.5.06 |
| | Sue Stevens | V50 | 11.45 | 20.6.11 | Winchester | SVACL H&S | 11.45 | 20.6.11 | 11.45 | 20.6.11 |
| JT 600g | Freya Jones | U20 | 46.19 | 28.8.11 | Barnet Copthall | NJAL Prom | 52.82 | 29.5.11 | 52.82 | 29.5.11 |
| | Sarah Ellis | SW | 39.79 | 6.8.11 | Winchester | UKWAL Div1 | 44.11 | 13.3.11 | 45.17 | 26.6.10 |
| | Grace Clements | SW | 42.94 | 3.7.11 | Torun, Poland | Euro Cup | 42.94 | 3.7.11 | 44.65 | 10.6.10 |
| | Sophie Merritt | U15 | 37.22 | 11.9.11 | Bournemouth | Open | 38.75 | 4.9.11 | 38.75 | 4.9.11 |
| | Emily Green | U15 | 37.84 | 11.9.11 | Bournemouth | Open | 38.59 | 14.5.11 | 38.59 | 14.5.11 |
| | Poppy Barker | U17 | 35.76 | 11.9.11 | Bournemouth | Open | 35.76 | 11.9.11 | 42.01 | 23.5.10 |
| | Emma Cowell | U17 | 29.95 | 18.9.11 | Exeter | ESAA Heptath | 29.95 | 18.9.11 | 29.95 | 18.9.11 |
| | Karla Drew | U23 | 29.38 | 3.8.11 | Stoke | McCain Champs | 29.52 | 23.7.11 | 29.52 | 23.7.11 |
| | Samantha McCann | U17 | 24.01 | 28.8.11 | Barnet Copthall | NJAL Prom | 28.33 | 14.5.11 | 28.33 | 14.5.11 |
| | Emily Newton | SW | 21.16 | 20.8.11 | Luton | SAL 1 | 21.16 | 20.8.11 | 21.16 | 20.8.11 |
| | Suzie Collins | U20 | 19.63 | 29.5.11 | Portsmouth | NJAL Itchen | 19.63 | 29.5.11 | 19.63 | 29.5.11 |
| | Vanessa Bennett | V35 | 19.37 | 20.6.11 | Winchester | SVACL H&S | 19.37 | 20.6.11 | 19.37 | 20.6.11 |
| | Fatima Zahid | U15 | 18.76 | 24.7.11 | Guildford | Wessex L. | 18.76 | 24.7.11 | 18.76 | 24.7.11 |



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|---|----------------------|------|----------|---------|---------------|---------------|----------|---------|----------|---------|
| | Eloise Flavell | U15 | 16.63 | 24.7.11 | Guildford | Wessex L. | 18.43 | 3.7.11 | 18.43 | 3.7.11 |
| | Anna Stevens | SW | 18.26 | 20.8.11 | Luton | SAL 1 | 18.26 | 20.8.11 | 19.12 | 27.6.10 |
| | Libbie Nunn | U17 | 7.00 | 24.7.11 | Brighton | NJAL Itchen | 15.27 | 8.5.11 | 15.27 | 8.5.11 |
| | Laura Seaman | U17 | 12.69 | 10.7.11 | Portsmouth | NJAL Itchen | 12.69 | 10.7.11 | 12.69 | 10.7.11 |
| | Jo Bottell | U20 | 11.13 | 24.7.11 | Brighton | NJAL Itchen | 11.13 | 24.7.11 | 11.13 | 24.7.11 |
| | Fiona Webb | V45 | 10.66 | 18.4.11 | Portsmouth | So. Vets L. | 10.66 | 18.4.11 | 10.66 | 18.4.11 |
| JT 500g VW 50-59 | Sue Stevens | V50 | 7.71 | 20.6.11 | Winchester | SVACL H&S | 7.71 | 20.6.11 | 7.71 | 20.6.11 |
| JT 400g, | Samantha Calloway | U13 | 14.83 | 11.9.11 | Bournemouth | Open | 14,83 | 11.9.11 | 14,83 | 11.9.11 |
| Heptathlon | Grace Clements | SW | 5,437.00 | 3.7.11 | Torun, Poland | Euro Cup | 5644.00 | 8.5.11 | 5819.00 | 9.10.10 |
| | Karla Drew | U23 | 4,904.00 | 3.8.11 | Stoke | McCain Champs | 5061.00 | 5.6.11 | 5061.00 | 5.6.11 |
| | Emma Cowell | U17 | 4,079.00 | 18.9.11 | Exeter | ESAA Heptath | 4,079.00 | 18.9.11 | 4,079.00 | 18.9.11 |
| 75m. | Cerys Ralph | U11 | 11.10 | 24.7.11 | Guildford | Wessex L. | 11.10 | 24.7.11 | 11.10 | 24.7.11 |
|  | Olivia Holos | U'11 | 11.30 | 24.7.11 | Guildford | Wessex L. | 11.30 | 24.7.11 | 11.30 | 24.7.11 |
| | Georgia O'Dell | U11 | 11.50 | 24.7.11 | Guildford | Wessex L. | 11.50 | 24.7.11 | 11.50 | 24.7.11 |
| | Machaela Strickland | | 12.20 | 24.7.11 | Guildford | Wessex L. | 12.20 | 24.7.11 | 12.20 | 24.7.11 |
| | Becca Kelly | | 12.20 | 25.5.11 | Southampton | Open | 12.20 | 25.5.11 | 12.20 | 25.5.11 |
| | Niamh Dunlop | | 12.30 | 24.7.11 | Guildford | Wessex L. | 12.30 | 24.7.11 | 12.30 | 24.7.11 |
| | Isabelle Bennett | U11 | 12.30 | 7.3.11 | Winchester | Wessex L. | 12.30 | 7.3.11 | 12.30 | 7.3.11 |
| | Elli-Rose Francis | U11 | 12.50 | 24.7.11 | Guildford | Wessex L. | 12.50 | 24.7.11 | 12.50 | 24.7.11 |
| | Libby Boardman | | 12.50 | 24.7.11 | Guildford | Wessex L. | 12.50 | 24.7.11 | 12.50 | 24.7.11 |
| | Poppy Wright | | 12.50 | 24.7.11 | Guildford | Wessex L. | 12.50 | 24.7.11 | 12.50 | 24.7.11 |
| | Katy Butler | | 12.60 | 24.7.11 | Guildford | Wessex L. | 12.60 | 7.3.11 | 12.60 | 7.3.11 |
| | Freya Coe | | DNS | 12.6.11 | Oxford | Wessex L. | 12.61 | 25.5.11 | 12.61 | 25.5.11 |
| | Fay Hooton | | 12.70 | 24.7.11 | Guildford | Wessex L. | 12.70 | 24.7.11 | 12.70 | 24.7.11 |
| | Holly Turgood | | 12.78 | 25.5.11 | Southampton | Open | 12.78 | 25.5.11 | 12.78 | 25.5.11 |
| | Jennifer Pimley | | 13.30 | 7.3.11 | Winchester | Wessex L. | 13.30 | 7.3.11 | 13.30 | 7.3.11 |
| 600m, | Olivia Holos | U11 | 1'57.0" | 24.7.11 | Guildford | Wessex L. | 1'57.0" | 24.7.11 | 1'57.0" | 24.7.11 |
| | Cerys Ralph | U11 | 2'04.8" | 24.7.11 | Guildford | Wessex L. | 2'04.8" | 24.7.11 | 2'04.8" | 24.7.11 |
| | Machaela Strickland | | 2'06.3" | 24.7.11 | Guildford | Wessex L. | 2'06.3" | 24.7.11 | 2'06.3" | 24.7.11 |
| | Poppy Wright | | 2'07.9" | 24.7.11 | Guildford | Wessex L. | 2'07.9" | 24.7.11 | 2'07.9" | 24.7.11 |
| | Freya Coe | | DNS | 12.6.11 | Oxford | Wessex L. | 2'08.8" | 25.5.11 | 2'08.8" | 25.5.11 |
| | Isabelle Bennett | U11 | 2'14.0" | 7.3.11 | Winchester | Wessex L. | 2'09.1" | 25.5.11 | 2'09.1" | 25.5.11 |
| | Georgia O'Dell | U11 | 2'09.6" | 24.7.11 | Guildford | Wessex L. | 2'09.6" | 24.7.11 | 2'09.6" | 24.7.11 |
| | Niamh Dunlop | | 2'10.9" | 24.7.11 | Guildford | Wessex L. | 2'10.9" | 24.7.11 | 2'10.9" | 24.7.11 |
| | Holly Turgood | | 2'11.5" | 25.5.11 | Southampton | Open | 2'11.5" | 25.5.11 | 2'11.5" | 25.5.11 |
| | Becca Kelly | | 2'13.8" | 25.5.11 | Southampton | Open | 2'13.8" | 25.5.11 | 2'13.8" | 25.5.11 |
| | Elli-Rose Francis | U11 | 2'14.1" | 24.7.11 | Guildford | Wessex L. | 2'14.1" | 24.7.11 | 2'14.1" | 24.7.11 |
| | Fay Hooton | | 2'16.2" | 24.7.11 | Guildford | Wessex L. | 2'16.2" | 24.7.11 | 2'16.2" | 24.7.11 |
| | Katy Butler | | 2'22.7" | 24.7.11 | Guildford | Wessex L. | 2'22.7" | 24.7.11 | 2'22.7" | 24.7.11 |
| | Jennifer Pimley | | 2'31.3" | 7.3.11 | Winchester | Wessex L. | 2'31.3" | 7.3.11 | 2'31.3" | 7.3.11 |
| | Libby Boardman | | 2'34.1" | 24.7.11 | Guildford | Wessex L. | 2'34.1" | 24.7.11 | 2'34.1" | 24.7.11 |
| Long Jump | Olivia Holos | U11 | 3.25 | 24.7.11 | Guildford | Wessex L. | 3.51 | 7.3.11 | 3.51 | 7.3.11 |
| | Georgia O'Dell | U11 | 3.34 | 24.7.11 | Guildford | Wessex L. | 3.49 | 7.3.11 | 3.49 | 7.3.11 |
| | Cerys Ralph | U11 | 2.67 | 24.7.11 | Guildford | Wessex L. | 3.47 | 7.3.11 | 3.47 | 7.3.11 |
| | Niamh Dunlop | | 3.05 | 24.7.11 | Guildford | Wessex L. | 3.41 | 7.3.11 | 3.41 | 7.3.11 |
| | Libby Boardman | | 3.32 | 24.7.11 | Guildford | Wessex L. | 3.32 | 24.7.11 | 3.32 | 24.7.11 |
| | Holly Turgood | | 3.24 | 25.5.11 | Southampton | Open | 3.24 | 25.5.11 | 3.24 | 25.5.11 |
| | Poppy Wright | | 3.20 | 24.7.11 | Guildford | Wessex L. | 3.20 | 24.7.11 | 3.20 | 24.7.11 |
| | Becca Kelly | | 3.19 | 25.5.11 | Southampton | Open | 3.19 | 25.5.11 | 3.19 | 25.5.11 |
| | Fay Hooton | | 3.07 | 24.7.11 | Guildford | Wessex L. | 3.11 | 7.3.11 | 3.11 | 7.3.11 |
| | Ellisha-Rose Francis | U11 | 2.91 | 24.7.11 | Guildford | Wessex L. | 2.91 | 2.4.11 | 2.91 | 2.4.11 |
| | Jennifer Frimley | | 2.83 | 7.3.11 | Winchester | Wessex L. | 2.83 | 7.3.11 | 2.83 | 7.3.11 |
| | Isabelle Bennett | U11 | 2.72 | 3.7.11 | Winchester | Wessex L. | 2.77 | 25.5.11 | 2.77 | 25.5.11 |
| | Katy Butler | | 2.74 | 24.7.11 | Guildford | Wessex L. | 2.74 | 7.3.11 | 2.74 | 7.3.11 |
| | Freya Coe | | NJ | 12.6.11 | Oxford | Wessex L. | 2.57 | 25.5.11 | 2.57 | 25.5.11 |
| | Machaela Strickland | | 2.45 | 24.7.11 | Guildford | Wessex L. | 2.45 | 24.7.11 | 2.45 | 24.7.11 |
| Howler | Cerys Ralph | U11 | 21.96 | 24.7.11 | Guildford | Wessex L. | 27.51 | 2.5.11 | 27.51 | 2.5.11 |
| | Becca Kelly | | 26.40 | 25.5.11 | Southampton | Open | 26.40 | 25.5.11 | 26.40 | 25.5.11 |
| | Holly Turgood | | 25.30 | 25.5.11 | Southampton | Open | 25.30 | 25.5.11 | 25.30 | 25.5.11 |
| | Poppy Wright | | 24.96 | 24.7.11 | Guildford | Wessex L. | 24.96 | 24.7.11 | 24.96 | 24.7.11 |
| | Fay Hooton | | 24.53 | 24.7.11 | Guildford | Wessex L. | 24,53 | 24.7.11 | 24,53 | 24.7.11 |
| | Ellisha-Rose Francis | U11 | 14.71 | 24.7.11 | Guildford | Wessex L. | 19.70 | 25.5.11 | 19.70 | 25.5.11 |
| | Niamh Dunlop | | 19.59 | 24.7.11 | Guildford | Wessex L. | 19.59 | 24.7.11 | 19.59 | 24.7.11 |
| | Georgia O'Dell | U11 | 18.15 | 24.7.11 | Guildford | Wessex L. | 18.15 | 24.7.11 | 18.15 | 24.7.11 |
| | Katy Butler | | 16.38 | 24.7.11 | Guildford | Wessex L. | 17.60 | 12.6.11 | 17.60 | 12.6.11 |
| | Olivia Holos | U11 | 12.64 | 24.7.11 | Guildford | Wessex L. | 15.03 | 7.3.11 | 15.03 | 7.3.11 |
| | Libby Boardman | | 13.17 | 24.7.11 | Guildford | Wessex L. | 13.17 | 24.7.11 | 13.17 | 24.7.11 |
| | Isabelle Bennett | U11 | 10.35 | 3.7.11 | Winchester | Wessex L. | 12.50 | 2.5.11 | 12.50 | 2.5.11 |
| | Freya Coe | | 11.90 | 12.6.11 | Oxford | Wessex L. | 11.90 | 25.5.11 | 11.90 | 25.5.11 |
| | Michaela Strickland | | 9.19 | 24.7.11 | Guildford | Wessex L. | 9.19 | 24.7.11 | 9.19 | 24.7.11 |