



Southampton Athletic Club

Event	Name	Performance	Location	Date	Other info
75m	Cerys Ralph	12	Portsmouth	2nd May	
	Georgia O'Dell	12.2	IOW	17th April	
	Olivia Hollos	12.5	IOW	17th April	
	Eli-Rose Francis	12.59	Basingstoke	2nd April	
	Isabelle Bennett	14	Portsmouth	2nd May	
600m	Olivia Hollos	02:00.9	IOW	17th April	
	Cerys Ralph	02:07.4	Portsmouth	2nd May	
	Isabelle Bennett	02:09.8	Portsmouth	2nd May	
	Eli-Rose Francis	02:15.3	Basingstoke	2nd April	
	Georgia O'Dell	02:25.9	IOW	17th April	
Long Jump	Cerys Ralph	3.19m	Portsmouth	2nd May	
	Olivia Hollos	3.10m	Portsmouth	2nd May	
	Eli-Rose Francis	2.91m	Basingstoke	2nd April	
	Georgia O'Dell	2.74m	IOW	17th April	
	Isabelle Bennett	2.54m	Portsmouth	2nd May	
Howler	Cerys Ralph	27.51m	Portsmouth	2nd May	
	Eli-Rose Francis	16.10m	Portsmouth	2nd May	
	Georgia O'Dell	15.83m	IOW	17th April	
	Olivia Hollos	14.68m	Portsmouth	2nd May	
	Isabelle Bennett	9.26m	Portsmouth	2nd May	