

UK Inter Counties Athletic Championships
Bedford International Athletics Stadium
Sunday & Monday, 27 & 28 May 2007

| Mens 100m FINAL | | | | -0.7 M/S |
|------------------------|----|-----------------|--------------|----------|
| 1 | 19 | Gerald Phiri | Yorks | 10.66 |
| 2 | 6 | Ben Ellis | Hants | 10.74 |
| 2 | 50 | James Ellington | Kent | 10.74 |
| 4 | 49 | Leroy Slue | Surrey | 10.90 |
| 5 | 3 | Matthew Thomas | Essex | 10.91 |
| 6 | 13 | Richard Kilty | N.E.Counties | 10.91 |
| 7 | 8 | Gary Carr | Kent | 11.06 |
| 8 | 17 | Ryan James | Warks | 11.09 |

| Mens 100m SemiFinal 1 | | | | -0.1 M/S |
|------------------------------|----|-----------------|------------------------|----------|
| 1 | 50 | James Ellington | Kent | 10.88 Q |
| 2 | 13 | Richard Kilty | North Eastern Counties | 10.94 Q |
| 3 | 3 | Matthew Thomas | Essex | 11.02 Q |
| 4 | 17 | Ryan James | Warks | 11.03 Q |
| 5 | 48 | Eldridge Phiri | Yorks | 11.03 |
| 6 | 53 | Eugene Ayanful | Essex | 11.04 |
| 7 | 20 | Lloyd Rice | Avon & Somerset | 11.06 |
| 8 | 22 | Kevin Ellis | Cambs | 11.28 |

| Mens 100m SemiFinal 2 | | | | -0.1 M/S |
|------------------------------|----|-----------------|--------|----------|
| 1 | 19 | Gerald Phiri | Yorks | 10.90 Q |
| 2 | 6 | Ben Ellis | Hants | 10.99 Q |
| 3 | 49 | Leroy Slue | Surrey | 11.03 Q |
| 4 | 8 | Gary Carr | Kent | 11.09 Q |
| 5 | 15 | Jermaine Downie | Staffs | 11.12 |
| 6 | 42 | Stuart Benson | Lincs | 11.23 |
| 7 | 37 | Andrew Jones | Shrops | 11.32 |
| 8 | 36 | Jason Hussain | Sussex | 11.37 |

| Mens 100m Heat 1 | | | | |
|-------------------------|----|-----------------|---------------|---------|
| 1 | 8 | Gary Carr | Kent | 10.91 Q |
| 2 | 3 | Matthew Thomas | Essex | 10.98 Q |
| 3 | 49 | Leroy Slue | Surrey | 11 Q |
| 4 | 53 | Eugene Ayanful | Essex | 11.02 q |
| 5 | 42 | Stuart Benson | Lincolnshire | 11.12 q |
| 6 | 7 | Mark Collins | Hertfordshire | 11.19 |
| 7 | 40 | Lee Christopher | Cornwall | 11.59 |

| Mens 100m Heat 2 | | | | -1.0 M/S |
|-------------------------|----|-----------------|----------------|----------|
| 1 | 6 | Ben Ellis | Hampshire | 10.97 Q |
| 2 | 48 | Eldridge Phiri | Yorkshire | 11 Q |
| 3 | 22 | Kevin Ellis | Cambridgeshire | 11.05 Q |
| 4 | 37 | Andrew Jones | Shropshire | 11.06 q |
| 5 | 17 | Ryan James | Warwickshire | 11.15 |
| 6 | 55 | Darren Scott | Cheshire | 11.24 |
| 7 | 47 | Jason Greenidge | Essex | 11.34 |

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| Mens 100m Heat 3 | | | | -1.7 M/S | |
|-------------------------|----|------------------|------------------|----------|---|
| 1 | 20 | Lloyd Rice | Avon & Somerset | 11.01 | Q |
| 2 | 15 | Jermaine Downie | Staffordshire | 11.02 | Q |
| 3 | 36 | Jason Hussain | Sussex | 11.14 | Q |
| 4 | 32 | Sean Taylor | Northamptonshire | 11.15 | |
| 5 | 2 | Josh Baxter | Berkshire | 11.15 | |
| 6 | 52 | Tremayne Gilling | Surrey | 11.18 | |
| 7 | 51 | Joshua Wood | Surrey | 11.67 | |

| Mens 100m Heat 4 | | | | -0.4 M/S | |
|-------------------------|----|-----------------------|------------------------|----------|---|
| 1 | 50 | James Ellington | Kent | 10.79 | Q |
| 2 | 19 | Gerald Phiri | Yorkshire | 10.81 | Q |
| 3 | 13 | Richard Kilty | North Eastern Counties | 10.94 | Q |
| 4 | 54 | Christopher Dougherty | Middlesex | 11.15 | |
| 5 | 1 | Darren Green | Bedfordshire | 11.29 | |
| 6 | 23 | Stephen Butterfield | Cheshire | 11.33 | |
| 7 | 59 | Robert Harl | Hertfordshire | 11.57 | |

| T20 Mens 400m A FINAL | | | | | |
|------------------------------|----|--------------------|-------------|-------|--|
| 1 | 3 | Graham Hedman | Essex | 47.05 | |
| 2 | 8 | Conrad Williams | Kent | 47.35 | |
| 3 | 21 | Chris Clarke | Bucks | 47.85 | |
| 4 | 61 | Jordan McGrath | Warks | 47.99 | |
| 5 | 17 | Nathan Woodward | Warks | 48.30 | |
| 6 | 35 | Adebowale Ademuyew | South Wales | 49.01 | |
| 7 | 12 | Hamim Lubaga | Middx | 49.76 | |
| SCR | 60 | Robert Davis | Warks | | |

| T10 Mens 400m Heat 1 | | | | | |
|-----------------------------|----|------------------|------------------|-------|---|
| 1 | 64 | Jordan McGrath | Warwickshire | 48.53 | Q |
| 2 | 12 | Hamim Lubgea | Middlesex | 48.84 | Q |
| 3 | 38 | Bruce Tasker | West Wales | 49.24 | |
| 4 | 24 | Tom Alldread | Derbyshire | 50.13 | |
| 5 | 44 | Aaron Teall | Oxfordshire | 50.47 | |
| 6 | 25 | Mark Linskill | Devon | 50.71 | |
| 7 | 14 | Patrick Hamilton | Northern Ireland | 51.41 | |
| DNS | 1 | Nigel Levine | Bedfordshire | | |

| T10 Mens 400m Heat 2 | | | | | |
|-----------------------------|----|-----------------|------------------|-------|---|
| 1 | 8 | Conrad Williams | Kent | 47.84 | Q |
| 2 | 17 | Nathan Woodward | Warwickshire | 48.10 | Q |
| 3 | 21 | Chris Clarke | Buckinghamshire | 48.20 | q |
| 4 | 36 | Gavin Sellway | Sussex | 49.03 | |
| 5 | 47 | Robert Smith | Essex | 49.90 | |
| 6 | 32 | Damien Moss | Northamptonshire | 49.97 | |
| 7 | 63 | Steve Surety | Essex | 50.12 | |
| 8 | 2 | Matthew Quine | Berkshire | 50.93 | |

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| T10 Mens 400m Heat 3 | | | | |
|-----------------------------|----|--------------------|------------------------|---------|
| 1 | 3 | Graham Hedman | Essex | 48.03 Q |
| 2 | 35 | Adebowale Ademuyew | South Wales | 48.22 Q |
| 3 | 60 | Robert Davis | Warwickshire | 48.28 q |
| 4 | 18 | Brian Doyle | West District Scotland | 48.31 |
| 5 | 6 | Andy Blow | Hampshire | 48.89 |
| 6 | 19 | Rhys Smith | Yorkshire | 49.20 |
| 7 | 58 | Ross Edgley | Staffordshire | 49.73 |
| 8 | 33 | Martin Cook | Nottinghamshire | 50.05 |

| Mens 110m Hurdles FINAL | | | | |
|--------------------------------|----|------------------|----------|----------|
| | | | | -0.1 M/S |
| 1 | 3 | Gianni Frankis | Essex | 14.24 |
| 2 | 48 | Dominic Girdler | Leics | 14.29 |
| 3 | 15 | Nick Gayle | Staffs | 14.31 |
| 4 | 35 | Matthew Butler | S.Wales | 14.41 |
| 5 | 23 | Roger Skedd | Cheshire | 14.46 |
| 6 | 16 | Daniel Davis | Surrey | 14.88 |
| 7 | 19 | Charlie Kavanagh | Yorks | 15.30 |
| DNF | 49 | Richard Alleyne | Essex | |

| Mens 110m Hurdles Heat 1 | | | | |
|---------------------------------|----|------------------|---------------------|---------|
| | | | | 1.9 M/S |
| 1 | 3 | Gianni Frankis | Essex | 14.37 Q |
| 2 | 35 | Matthew Butler | South Wales | 14.44 Q |
| 3 | 23 | Roger Skedd | Cheshire | 14.47 q |
| 4 | 19 | Charlie Kavanagh | Yorkshire | 14.97 q |
| 5 | 13 | Andrew Sturrock | North East Counties | 15.02 |
| 6 | 6 | Callum McKay | Hampshire | 15.48 |
| DNS | 1 | Mark Bouley | Bedfordshire | |

| Mens 110m Hurdles Heat 2 | | | | |
|---------------------------------|----|-----------------|------------------|----------|
| | | | | -1.4 M/S |
| 1 | 49 | Richard Alleyne | Essex | 14.21 Q |
| 2 | 48 | Dominic Girdler | Guest | 14.31 Q |
| 3 | 15 | Nick Gayle | Staffordshire | 14.41 q |
| 4 | 16 | Daniel Davis | Surrey | 14.87 q |
| 5 | 17 | Darren Lewis | Staffordshire | 14.99 |
| 6 | 14 | Luke Reynolds | Northern Ireland | 15.26 |
| 7 | 7 | Simon Wombwell | Hertfordshire | 15.63 |

| Mens 3000m Steeplechase FINAL | | | | |
|--------------------------------------|----|--------------------|------------------------|----------|
| 1 | 17 | Simon Wurr | Warks | 09:01.92 |
| 2 | 7 | Jon Pepper | Herts | 09:19.11 |
| 3 | 13 | Chris Sampson | North Eastern Counties | 09:20.05 |
| 4 | 22 | Glen Watts | Cambs | 09:33.08 |
| 5 | 28 | Ed Womersley | Glos | 09:36.68 |
| 6 | 8 | Adrian Whitwam | Kent | 09:40.89 |
| 7 | 14 | Stephen Scullion | N.Ireland | 09:50.41 |
| 8 | 3 | Rob Warner | Essex | 09:51.37 |
| 9 | 9 | Thomas Cornthwaite | Lancs | 09:55.77 |
| 10 | 36 | James Baker | Sussex | 09:57.09 |
| 11 | 33 | Matt Blundon | Notts | 10:03.62 |
| 12 | 6 | Matt West | Hants | 10:03.94 |
| DNF | 1 | Liam Smith | Beds | |

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| Mens 10,000m FINAL | | | | |
|---------------------------|----|----------------------|----------------|----------|
| 1 | 10 | Mark Powell | Leicestershire | 30:26.37 |
| 2 | 1 | Hugh Lobb | Bedfordshire | 30:29.77 |
| 3 | 11 | Hywel Care | Merseyside | 30:41.28 |
| 4 | 7 | Kevin Skinner | Hertfordshire | 30:51.13 |
| 5 | 3 | Chrispian Bloomfield | Essex | 31:17.64 |
| 6 | 16 | John Hamblen | Surrey | 32:00.72 |
| 7 | 36 | Chris Thomson | Sussex | 32:02.15 |
| 8 | 12 | Mike Boucher | Middlesex | 35:23.74 |

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| Womens 200m FINAL | | | | -2.4M/S |
|--------------------------|----|----------------------|---------------------|---------|
| 1 | 50 | Victoria Barr | North East Counties | 24.02 |
| 2 | 16 | Helen Pryer | Surrey | 24.26 |
| 3 | 21 | Joey Duck | Bucks | 24.37 |
| 4 | 47 | Denise Gayle | Middx | 24.58 |
| 5 | 6 | Rhiannon Burden | Hants | 24.61 |
| 6 | 39 | Melinda Cooksey | Worcs | 24.70 |
| SCR | 12 | Perri Shakes-Drayton | Middx | |
| SCR | 49 | Donna Frazer | Surrey | |

| Womens 200m SemiFinal 1 | | | | -1.2M/S |
|--------------------------------|----|----------------------|------------|---------|
| 1 | 49 | Donna Fraser | Surrey | 23.58 Q |
| 2 | 12 | Perri Shakes-Drayton | Middx | 24.21 Q |
| 3 | 39 | Melinda Cooksey | Worcs | 24.42 Q |
| 4 | 47 | Denise Gayle | Middx | 24.55 Q |
| 5 | 60 | Elleanor Ruddock | Warks | 24.59 |
| 6 | 46 | Elaine O'Neil | Wilts | 24.60 |
| 7 | 30 | Annabelle Lewis | Humberside | 25.46 |
| 8 | 48 | Sabrina Scott | Surrey | 44.37 |

| Womens 200m SemiFinal 2 | | | | -0.9M/S |
|--------------------------------|----|-----------------|------------------------|---------|
| 1 | 16 | Helen Pryer | Surrey | 23.99 Q |
| 2 | 50 | Victoria Barr | North Eastern Counties | 24.00 Q |
| 3 | 21 | Joey Duck | Bucks | 24.23 Q |
| 4 | 6 | Rhiannon Burden | Hants | 24.46 Q |
| 5 | 23 | Lucy Evans | Cheshire | 24.53 |
| 6 | 45 | Nicole Sadler | Suffolk | 25.26 |
| 7 | 20 | Emma Heath | Somerset | 25.59 |
| DNS | 2 | Chinedu Monye | Berks | |

| Womens 200m Heat 1 | | | | -0.6M/S |
|---------------------------|----|-----------------|--------------|---------|
| 1 | 49 | Donna Fraser | Surrey | 23.82 Q |
| 2 | 39 | Melinda Cooksey | Worcester | 24.48 Q |
| 3 | 6 | Rhiannon Burden | Hampshire | 24.61 Q |
| 4 | 20 | Emma Heath | Avon | 25.15 q |
| 5 | 30 | Annabelle Lewis | Humberside | 25.15 q |
| 6 | 36 | Laura Hithchman | Sussex | 25.43 |
| DNS | 1 | Lizzie Wright | Bedfordshire | |

| Womens 200m Heat 2 | | | | -2.2M/S |
|---------------------------|----|------------------|------------------|---------|
| 1 | 60 | Elleanor Ruddock | Warwickshire | 24.73 Q |
| 2 | 23 | Lucy Evans | Cheshire | 24.79 Q |
| 3 | 2 | Chinedu Monye | Berkshire | 24.80 Q |
| 4 | 45 | Nicole Sadler | Suffolk | 25.29 q |
| 5 | 3 | Joanna Ryan | Essex | 25.43 |
| 6 | 9 | Laura Davies | Lancashire | 26.09 |
| 7 | 32 | Gemma Elliott | Northamptonshire | 26.32 |

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| Womens 200m Heat 3 | | | | -2.1M/S | |
|---------------------------|----|----------------------|------------------------|---------|---|
| 1 | 50 | Victoria Barr | North Eastern Counties | 24.41 | Q |
| 2 | 12 | Perri Shakes-Drayton | Middlesex | 24.41 | Q |
| 3 | 48 | Sabrina Scott | Surrey | 25.24 | Q |
| 4 | 61 | Natalie Jowett | Buckinghamshire | 25.35 | |
| 5 | 17 | Michelle Thomas | Warwickshire | 25.97 | |
| 6 | 63 | Bernice Wilson | Yorkshire | 26.15 | |
| DNS | 58 | Rachel Lewington | Hampshire | | |

| Womens 200m Heat 4 | | | | -4.8M/S | |
|---------------------------|----|---------------|---------------------|---------|---|
| 1 | 16 | Helen Pryer | Surrey | 24.61 | Q |
| 2 | 21 | Joey Duck | Buckinghamshire | 24.70 | Q |
| 3 | 47 | Denise Gayle | Middlesex | 24.76 | Q |
| 4 | 46 | Elaine O'Neil | Wiltshire | 24.81 | q |
| 5 | 13 | Lauren Arthur | North East Counties | 25.43 | |
| 6 | 10 | Seemita Gumbs | Leicestershire | 25.56 | |
| 7 | 19 | Hannah Bird | Yorkshire | 25.71 | |

| Womens 800m FINAL | | | | | |
|--------------------------|----|---------------------|-------------------------|----------|--|
| 1 | 11 | Vicky Griffiths | Merseyside | 02:07.04 | |
| 2 | 12 | Michaela Hutchinson | Middlesex | 02:07.50 | |
| 3 | 28 | Rachel Felton | Gloucestershire | 02:10.09 | |
| 4 | 58 | Harriet Scott | Essex | 02:10.27 | |
| 5 | 3 | Faye Fullerton | Essex | 02:10.99 | |
| 6 | 43 | Kathryn Evans | North District Scotland | 02:11.78 | |
| 7 | 4 | Lynsey Sharpe | East District Scotland | 02:11.85 | |
| DNS | 39 | Anna Simmonds | Worcestershire | | |

| Womens 800m Heat 1 | | | | | |
|---------------------------|----|-----------------|-------------------------|----------|---|
| 1 | 11 | Vicky Griffiths | Merseyside | 02:06.89 | Q |
| 2 | 3 | Faye Fullerton | Essex | 02:08.53 | Q |
| 3 | 43 | Kathryn Evans | North District Scotland | 02:09.04 | q |
| 4 | 58 | Harriet Scott | Essex | 02:09.07 | q |
| 5 | 6 | Amy Campbell | Hampshire | 02:13.63 | |
| 6 | 16 | Emily Adams | Surrey | 02:14.20 | |
| 7 | 22 | Ruth Watson | Cambridgeshire | 02:18.77 | |

| Womens 800m Heat 2 | | | | | |
|---------------------------|----|---------------------|------------------------|----------|---|
| 1 | 12 | Michaela Hutchinson | Middlesex | 02:09.01 | Q |
| 2 | 39 | Anna Simmonds | Worcestershire | 02:09.67 | Q |
| 3 | 4 | Lynsey Sharpe | East District Scotland | 02:09.80 | q |
| 4 | 28 | Rachel Felton | Gloucestershire | 02:09.85 | q |
| 5 | 47 | Lucy Dowsett | Cambridgeshire | 02:11.14 | |
| 6 | 36 | Sarah Tomlins | Sussex | 02:12.62 | |
| 7 | 7 | Nicki Silver | Hertfordshire | 02:16.19 | |
| 8 | 17 | Sarah Rowton | Warwickshire | 02:19.61 | |

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| | | | | | |
|-----------------------------------|----|----------------------|------------------------|----------|---|
| Womens 5000m FINAL | | | | | |
| 1 | 3 | Jo Wilkinson | Essex | 16:46.27 | |
| 2 | 13 | Morag Mcdonell | N.E.Counties | 17:00.08 | |
| 3 | 59 | Dani Sael | Essex | 17:02.99 | |
| 4 | 14 | Gill Shannon | N.Ireland | 17:13.19 | |
| 5 | 19 | Alex Gosling | Yorks | 17:16.71 | |
| 6 | 36 | Fiona Clark | Sussex | 17:31.12 | |
| 7 | 33 | Nicola Bamford | Notts | 17:35.93 | |
| 8 | 8 | Bryony Proctor | Kent | 17:37.50 | |
| 9 | 31 | Jane Clarke | Norfolk | 17:54.24 | |
| 10 | 21 | Claire Pusey | Bucks | 18:25.99 | |
| 11 | 44 | Josephine Rhodes | Oxon | 19:05.09 | |
| 12 | 1 | Helen Prizzell | Beds | 19:05.30 | |
| Womens 100m Hurdles FINAL | | | | | |
| | | | | -0.1M/S | |
| 1 | 58 | Sara Mcgreavy | Warks | 13.45 | |
| 2 | 23 | Katie Read | CHeshire | 13.86 | |
| 3 | 18 | Alyssa Fullelove | W.District Scotland | 14.10 | |
| 4 | 60 | Liz Fairs | Derbys | 14.11 | |
| 5 | 38 | Heather Jones | W.Wales | 14.36 | |
| DNF | 19 | Zara Hohn | Yorks | | |
| SCR | 48 | Nusrat Ceesay | Essex | | |
| SCR | 3 | Julie Pratt | Essex | | |
| Womens 100m Hurdles Heat 1 | | | | | |
| | | | | -1.5M/S | |
| 1 | 58 | Sara Mcgreavy | Warwickshire | 13.59 | Q |
| 2 | 48 | Nusrat Ceesay | Essex | 14.03 | Q |
| 3 | 38 | Heather Jones | West Wales | 14.21 | q |
| 4 | 1 | Ros Gonse | Bedfordshire | 14.68 | |
| 5 | 13 | Sara Todd | North East Counties | 14.74 | |
| 6 | 29 | Gemma Wherrett | Herefordshire | 14.75 | |
| 7 | 44 | Martine Bomb | Oxfordshire | 14.97 | |
| 8 | 21 | Chloe Whalley | Buckinghamshire | 15.37 | |
| Womens 100m Hurdles Heat 2 | | | | | |
| | | | | -1.5M/S | |
| 1 | 23 | Katie Read | Cheshire | 13.68 | Q |
| 2 | 60 | Liz Fairs | Derbyshire | 14.03 | Q |
| 3 | 18 | Alyssa Fullelove | West District Scotland | 14.09 | q |
| 4 | 12 | Angelita Broadbelt-B | Middlesex | 14.34 | |
| 5 | 11 | Helen Asher | Merseyside | 14.66 | |
| 6 | 37 | Gemma Weetman | Shropshire | 15.06 | |
| 7 | 25 | Karla Drew | Devon | 15.16 | |
| 8 | 6 | Samantha Vaile | Hampshire | 17.86 | |
| Womens 100m Hurdles Heat 3 | | | | | |
| | | | | -0.2M/S | |
| 1 | 3 | Julie Pratt | Essex | 14.24 | Q |
| 2 | 19 | Zara Hohn | Yorkshire | 14.45 | Q |
| 3 | 36 | Leanne Buxton | Sussex | 14.52 | |
| 4 | 20 | Joanna Thorn | Avon | 14.81 | |
| 5 | 22 | Grace Clements | Cambs. | 15.04 | |
| 6 | 49 | Catherine Wearing | Kent | 15.14 | |
| DNF | 50 | Helen Morton | Sussex | | |
| SCR | 16 | Channell Garnett | Surrey | | |

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| Mens 200m FINAL | | | | |
|------------------------|----|------------------|------------------------|-------|
| 1 | 8 | Geoffrey Balogun | Kent | 20.94 |
| 2 | 65 | Rabah Yusif | North Eastern Counties | 21.07 |
| 3 | 12 | Leon Baptiste | Middx | 21.08 |
| 4 | 19 | Simon Faraden | Yorks | 21.13 |
| 5 | 6 | Ben Ellis | Hants | 21.35 |
| 6 | 1 | Nigel Levine | Beds | 21.40 |
| 7 | 16 | Jonathan Browne | Surrey | 21.57 |
| SCR | 63 | Gerald Phiri | Yorks | |

| Mens 200m SemiFinal 1 | | | | | |
|------------------------------|----|----------------|------------------------|-------|---|
| 1 | 19 | Simon Faraden | Yorks | 21.02 | Q |
| 2 | 12 | Leon Baptiste | Middx | 21.05 | Q |
| 3 | 6 | Ben Ellis | Hants | 21.12 | Q |
| 4 | 1 | Nigel Levine | Beds | 21.53 | Q |
| 5 | 13 | Richard Kilty | North Eastern Counties | 21.76 | |
| 6 | 15 | James Tipper | Staffs | 21.81 | |
| 7 | 35 | Andrew Watkins | South Wales | 21.83 | |
| 8 | 23 | Darren Scott | Cheshire | 22 | |

| Mens 200m SemiFinal 2 | | | | | |
|------------------------------|----|------------------|------------------------|-------|---|
| 1 | 65 | Rabah Yusif | North Eastern Counties | 20.85 | Q |
| 2 | 8 | Geoffrey Balogun | Kent | 20.86 | Q |
| 3 | 63 | Gerald Phiri | Yorks | 20.92 | Q |
| 4 | 16 | Jonathan Browne | Surrey | 21.44 | Q |
| 5 | 62 | Aaron Balogun | Essex | 21.46 | |
| 6 | 42 | Stuart Benson | Lincs | 22.14 | |
| DNF | 56 | Julian Thomas | Warks | 0 | |
| SCR | 33 | Paul Judson | Notts | 0 | |

| Mens 200m Heat 1 | | | | | |
|-------------------------|----|----------------|-----------|-------|---|
| 1 | 56 | Julian Thomas | Warks | 21.29 | Q |
| 2 | 1 | Nigel Levine | Beds | 21.75 | Q |
| 3 | 36 | Jason Hussain | Sussex | 21.81 | |
| 4 | 50 | Peter Stafford | Herts | 22.11 | |
| 5 | 32 | Sean Taylor | Northants | 22.12 | |
| 6 | 3 | Matthew Thomas | Essex | 22.23 | |
| 7 | 64 | Robert Harl | Herts | 22.40 | |

| Mens 200m Heat 2 | | | | | |
|-------------------------|----|-----------------|--------------|-------|---|
| 1 | 12 | Leon Baptiste | Middx | 21.04 | Q |
| 2 | 33 | Paul Judson | Notts | 21.24 | Q |
| 3 | 16 | Jonathan Browne | Surrey | 21.53 | q |
| 4 | 13 | Richard Kilty | N.E.Counties | 21.63 | q |
| 5 | 42 | Stuart Benson | Lincs | 21.74 | q |
| 6 | 44 | Ben Owen | Oxon | 21.76 | |
| 7 | 51 | James Moore | S.Wales | 22.98 | |

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|-------------------------|----|------------------|---------------------|-------|---|
| 1 | 35 | Andrew Watkins | S.Wales | 21.50 | Q |
| 2 | 15 | James Tipper | Staffs | 21.63 | Q |
| 3 | 23 | Darren Scott | Cheshire | 21.75 | q |
| 4 | 18 | Craig Flemming | W.District Scotland | 21.84 | |
| 5 | 7 | Adam Daish | Herts | 21.84 | |
| 6 | 17 | Luke Lennon-Ford | Warks | 22.25 | |
| 7 | 53 | Menge Osei | Essex | 22.69 | |

| Mens 200m Heat 4 | | | | | |
|-------------------------|----|---------------------|--------------|-------|---|
| 1 | 19 | Simon Faranden | Yorks | 21.13 | Q |
| 2 | 65 | Rabah Yusif | N.E.Counties | 21.22 | Q |
| 3 | 63 | Gerald Phiri | Yorkshire | 21.35 | q |
| 4 | 62 | Aaran Balogun | Essex | 21.49 | q |
| 5 | 55 | Phil Doorgachurn | Surrey | 21.91 | |
| 6 | 68 | Stephen Butterfield | Cheshire | 22.20 | |
| 7 | 52 | Leroy Slue | Surrey | 22.32 | |
| 8 | 58 | Darren Green | Beds | 22.90 | |

| Mens 200m Heat 5 | | | | | |
|-------------------------|----|---------------------|-------|-------|---|
| 1 | 8 | Geoffrey Balogun | Kent | 21.27 | Q |
| 2 | 6 | Ben Ellis | Hants | 21.48 | Q |
| 3 | 2 | Stephen Johnson | Berks | 21.75 | |
| 4 | 54 | James Bridge | Kent | 22.07 | |
| 5 | 46 | Gilbert Opiyo-Mbiru | Wilts | 22.19 | |
| 6 | 67 | Eldridge Phiri | Yorks | 22.26 | |
| 7 | 28 | Nick Kanonik | Glos | 22.38 | |
| 8 | 22 | Tyler Fayose | Cambs | 22.54 | |

| Mens 800m FINAL | | | | | |
|------------------------|----|----------------|------------------------|----------|--|
| 1 | 28 | James Brewer | Glous | 01:52.97 | |
| 2 | 9 | Paul Bradshaw | Lancs | 01:54.20 | |
| 3 | 15 | Myles Barrett | Staffs | 01:55.71 | |
| 4 | 36 | Lee Emanuel | Sussex | 01:55.99 | |
| 5 | 19 | Simon Wray | Yorks | 01:57.06 | |
| 6 | 33 | Martyn Gibbons | Notts | 01:57.29 | |
| 7 | 4 | Gary Smyth | East District Scotland | 01:58.80 | |
| 8 | 3 | Scott Phillips | Essex | 01:59.64 | |

| T34 Mens 800m Heat 1 | | | | | |
|-----------------------------|----|-----------------|---------------------|----------|---|
| 1 | 9 | Paul Bradshaw | Lancs | 01:57.54 | Q |
| 2 | 33 | Martyn Gibbons | Notts | 01:57.92 | Q |
| 3 | 3 | Scott Phillips | Essex | 01:58.14 | q |
| 4 | 19 | Simon Wray | Yorks | 01:58.90 | q |
| 5 | 4 | Gary Smith | E.District Scotland | 01:59.02 | q |
| 6 | 17 | Nicholas Lyster | Warks | 02:00.43 | |
| DNS | 6 | Dave Raggan | Hants | #REF! | |

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| T34 Mens 800m Heat 2 | | | | | |
|-----------------------------|----|-----------------|-----------|----------|---|
| 1 | 28 | James Brewer | Glos | 01:58.12 | Q |
| 2 | 36 | Lee Emanuel | Sussex | 01:58.44 | Q |
| 3 | 15 | Myles Barrett | Staffs | 01:58.57 | q |
| 4 | 7 | Daniel Poulton | Herts | 01:59.35 | |
| 5 | 14 | Michael Dyer | N.Ireland | 02:00.06 | |
| 6 | 2 | Richards Larsen | Berks | 02:00.41 | |
| 7 | 8 | Joe Durrant | Kent | 02:02.91 | |
| DNS | 1 | Peter Bridges | Beds | 00:00.00 | |

| Mens 1 Mile FINAL | | | | | |
|--------------------------|----|-----------------|-----------|----------|--|
| 1 | 2 | Gareth Balch | Berks | 04:21.40 | |
| 2 | 13 | James Thie | S.Wales | 04:21.84 | |
| 3 | 6 | Michael Skinner | Kent | 04:21.90 | |
| 4 | 15 | Matthew Bowser | Lincs | 04:22.36 | |
| 5 | 11 | Matt Barnes | Cheshire | 04:22.53 | |
| 6 | 9 | Garry Bradbury | Surrey | 04:24.16 | |
| 7 | 16 | Tom Penfold | Oxon | 04:24.73 | |
| 8 | 17 | David Bishop | Wilts | 04:25.78 | |
| 9 | 19 | Dean Lacy | Kent | 04:26.21 | |
| 10 | 12 | Ander Russel | Glos | 04:26.47 | |
| 11 | 7 | Matt Wood | Lancs | 04:27.58 | |
| 12 | 8 | Paul Pollock | N.Ireland | 04:28.23 | |
| 13 | 3 | Ashley Raace | Essex | 04:28.98 | |
| 14 | 14 | Ben Warren | Sussex | 04:30.22 | |
| 15 | 5 | Lee Reynolds | Herts | 04:35.56 | |
| 16 | 18 | Michael Tallis | Wilts | 04:36.42 | |
| DNS | 1 | Oukeen Matthews | Beds | 00:00.00 | |
| DNS | 4 | Dave Raggan | Hants | 00:00.00 | |
| DNS | 10 | Philip Tedd | Yorks | 00:00.00 | |

| Mens 5000m FINAL | | | | | |
|-------------------------|----|-------------------|-----------------|----------|--|
| 1 | 19 | David Webb | Yorks | 14:40.56 | |
| 2 | 28 | Tom Russell | Glos | 14:45.63 | |
| 2 | 50 | Phil Hinch | Warks | 14:47.33 | |
| 4 | 20 | Adrian Marriott | Avon & Somerset | 14:49.41 | |
| 5 | 44 | Matthew Ashton | Oxon | 14:49.49 | |
| 6 | 35 | Jonathan Phillips | S.wALES | 14:55.63 | |
| 7 | 9 | Ben Fish | Lancs | 14:57.81 | |
| 8 | 51 | Keith Gerrard | Lancs | 15:00.24 | |
| 9 | 1 | Matt James | Beds | 15:01.89 | |
| 10 | 13 | Chris Sampson | N.E.Counties | 15:15.40 | |
| 11 | 12 | Dan Dilmado | Middx | 15:24.71 | |
| 12 | 8 | James Connor | Kent | 15:26.11 | |
| 13 | 52 | Kevin Robertson | Middx | 15:37.38 | |
| 14 | 3 | Ross Clarke | Essex | 15:52.75 | |
| DNS | 6 | Ben Moreau | Hants | | |

UK Inter Counties Athletic Championships
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| T46 Mens 400m Hurdles FINAL | | | | |
|------------------------------------|----|------------------|---------------------|-------|
| 1 | 1 | Robert Lewis | Beds | 53.53 |
| 2 | 22 | Tom Carey | Cambs | 54.03 |
| 3 | 16 | Austin Ferns | Surrey | 54.21 |
| 4 | 10 | Lloyd Gumbs | Leics | 57.34 |
| DNS | 65 | Sean Reidy | Cambs | |
| DNF | 18 | Alasdair Strange | W.District Scotland | |
| SCR | 3 | Louis Persent | Essex | |
| SCR | 6 | Peter Irving | Hants | |

| T33 Mens 400m Hurdles Heat 1 | | | | | |
|-------------------------------------|----|------------------|-----------|-------|---|
| 1 | 10 | Lloyd Gumbs | Leics | 53.13 | Q |
| 2 | 3 | Louis Persent | Essex | 53.46 | Q |
| 3 | 6 | Peter Irving | Hants | 54.83 | q |
| 4 | 14 | Thomas Pattern | N.Ireland | 56.20 | |
| 5 | 36 | Sam Parsons | Sussex | 57.24 | |
| 6 | 25 | Lee Salter | Devon | 57.70 | |
| 7 | 62 | James Parker | Surrey | 57.79 | |
| 8 | 17 | Brenton Hardware | Warks | 58.05 | |

| T33 Mens 400m Hurdles Heat 2 | | | | | |
|-------------------------------------|----|------------------|----------|-------|---|
| 1 | 1 | Robert Lewis | Beds | 53.48 | Q |
| 2 | 16 | Austin Ferns | Surrey | 54.65 | Q |
| 3 | 65 | Sean Reidy | Cambs | 55.20 | q |
| 4 | 23 | Andrew Hopkinson | Cheshire | 55.39 | |
| 5 | 44 | Jonny Lodowski | Oxon | 55.80 | |
| 6 | 2 | Steven Garrett | Berks | 56.81 | |
| 7 | 8 | Ed Harrison | Kent | 57.82 | |
| 8 | 7 | Aaron Dombey | Herts | 58.19 | |

| T33 Mens 400m Hurdles Heat 3 | | | | | |
|-------------------------------------|----|--------------------|---------------------|----------|---|
| 1 | 22 | Tom Carey | Cambs | 54.86 | Q |
| 2 | 18 | Alasdair Strange | W.District Scotland | 55.58 | Q |
| 3 | 19 | Thomas Grantham | Yorks | 56.87 | |
| 4 | 12 | Jean Charles Roghi | Middx | 56.88 | |
| 5 | 15 | Darren Lewis | Staffs | 57.56 | |
| 6 | 5 | Tom O'Brien | Greater Manchester | 59.32 | |
| 7 | 30 | Daniel Brandwood | Humberside | 59.42 | |
| 8 | 39 | Daniel Everett | Worcs | 01:01.41 | |

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| Mens 3000m Walk FINAL | | | | |
|------------------------------|---|-------------------|------------------------|----------|
| 1 | 0 | Daniel King | Essex | 11:58.50 |
| 2 | 0 | Dominic King | Essex | 12:26.14 |
| 3 | 0 | Mark Williams | Staffs | 12:46.45 |
| 4 | 0 | Ben Wears | North Eastern Counties | 13:08.83 |
| 5 | 0 | Scott Davies | Essex | 13:23.77 |
| 6 | 0 | Nick Silvestre | Hants | 13:59.51 |
| 7 | 0 | Antonio Cirillo | West Wales | 13:59.76 |
| 8 | 0 | Mark O'Cane | Warks | 14:19.52 |
| 9 | 0 | Alex Wright | Surrey | 14:22.90 |
| 10 | 0 | Phil Williams | Herts | 14:45.08 |
| 11 | 0 | Jack Tomlin | Kent | 14:53.95 |
| 12 | 0 | Trevor Jones | Middx | 15:09.69 |
| 13 | 0 | Christopher Hobbs | Kent | 15:10.48 |
| 0 | 0 | Tim Watt | Surrey | 15:36.22 |
| 0 | 0 | Tony Bell | Cheshire | 16:17.48 |
| 0 | 0 | Paul Evernett | Yorks | 00:00.00 |
| 0 | 0 | Mark Waall | Northants | 00:00.00 |

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| Womens 100m FINAL | | | | |
|--------------------------|----|-------------------------|------------------------|-------|
| 1 | 8 | Anike Shand-Whittingham | Kent | 11.82 |
| 2 | 39 | Melinda Cooksey | Worcs | 11.95 |
| 3 | 58 | Rhiannon Burden | Hants | 12.02 |
| 4 | 13 | Victoria Barr | North Eastern Counties | 12.07 |
| 5 | 21 | natalie Jowett | Bucks | 12.09 |
| 6 | 60 | Elleanor Ruddock | Warks | 12.13 |
| 7 | 23 | Lucy Evans | Cheshire | 12.20 |
| 8 | 15 | Claire Spurway | Staffs | 12.31 |

| Womens 100m SemiFinal 1 | | | | | |
|--------------------------------|----|-------------------------|---------------|-------|---|
| 1 | 8 | Anike Shand-Whittingham | Kent | 11.77 | Q |
| 2 | 58 | Rhiannon Burden | Hants | 11.89 | Q |
| 3 | 60 | Elleanor Ruddock | Warks | 12.04 | Q |
| 4 | 15 | Claire Spurway | Staffs | 12.11 | Q |
| 5 | 19 | Zara Hohn | Yorks | 12.22 | |
| 6 | 5 | Helen Taylor | Gt Manchester | 28.92 | |
| DNS | 12 | Toremema Dorsett | Middx | 0.00 | |
| SCR | 16 | Helen Pryor | Surrey | 0.00 | |

| Womens 100m SemiFinal 2 | | | | | |
|--------------------------------|----|-----------------------|------------------------|-------|---|
| 1 | 39 | Melinda Cooksey | Worcs | 11.81 | Q |
| 2 | 13 | Victoria Barr | North Eastern Counties | 11.96 | Q |
| 3 | 21 | natalie Jowett | Bucks | 12.01 | Q |
| 4 | 23 | Lucy Evans | Cheshire | 12.08 | Q |
| 5 | 52 | Anoma Sooriyaarachchi | South Wales | 12.11 | |
| 6 | 30 | Annabelle Lewis | Humberside | 12.38 | |
| 7 | 42 | Julia White | Lincs | 12.38 | |
| SCR | 46 | Elaine O'Neill | Wilts | 0.00 | |

| Womens 100m Heat 1 | | | | | |
|---------------------------|----|-------------------------|------------|-------|---|
| 1 | 8 | Anike Shand-Whittingham | Kent | 11.82 | Q |
| 2 | 46 | Elaine O'Neil | Warks | 11.97 | Q |
| 3 | 21 | Natalie Jowett | Bucks | 12.02 | Q |
| 4 | 42 | Julia White | Lincs | 12.24 | q |
| 5 | 38 | Emily Mitchell | West Wales | 12.75 | |
| DNS | 6 | Emily Young | Hants | | |
| DNS | 7 | Josh Baxter | Berks | | |

| Womens 100m Heat 2 | | | | | |
|---------------------------|----|-----------------|----------|-------|---|
| 1 | 39 | Melinda Cooksey | Worcs | 11.84 | Q |
| 2 | 58 | Rhiannon Burdon | Hants | 11.86 | Q |
| 3 | 23 | Lucy Evans | Cheshire | 12.01 | Q |
| 4 | 15 | Claire Spurway | Staffs | 12.08 | q |
| 5 | 17 | Shelley Went | Warks | 12.36 | |
| 6 | 51 | Sam Vaile | Hants | 12.54 | |
| DNS | 3 | Asha Phillips | Essex | | |

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| Womens 100m Heat 4 | | | | | |
|---------------------------|----|------------------|--------------------|-------|---|
| 1 | 13 | Victoria Barr | N.E.Counties | 11.97 | Q |
| 2 | 60 | Elleanor Ruddock | Warks | 11.98 | Q |
| 3 | 5 | Helen Taylor | Greater Manchester | 12.07 | Q |
| 4 | 30 | Annabelle Lewis | Humberside | 12.18 | q |
| 5 | 12 | Toremema Dorsett | Middx | 12.20 | q |
| 6 | 10 | Seemita Gumbs | Leics | 12.25 | |
| 7 | 32 | Kerry Salter | Northants | 12.68 | |

| Womens 400m FINAL | | | | | |
|--------------------------|----|--------------------------|------------|-------|--|
| 1 | 11 | Messey | Merseyside | 54.68 | |
| 2 | 2 | Owusu | Berkshire | 55.09 | |
| 3 | 16 | Bobell | Surrey | 55.90 | |
| 4 | 3 | Henrietta Kodilinye-Sims | Essex | 56.23 | |
| 5 | 37 | Claire Burgoyne | Shropshire | 56.50 | |
| 6 | 51 | Bird | Essex | 56.68 | |
| 7 | 36 | Kelly Denyer | Sussex | 60.33 | |
| scr | 44 | Claire Triggs | Oxon | | |

| Womens 400m Heat 1 | | | | | |
|---------------------------|----|--------------------------|--------------|-------|---|
| 1 | 3 | Henrietta Kodilinye-Sims | Essex | 56.80 | Q |
| 2 | 37 | Claire Burgoyne | Shropshire | 57.73 | Q |
| 3 | 44 | Claire Triggs | Oxon | 58.24 | q |
| 4 | 36 | Kelly Denyer | Sussex | 58.94 | q |
| 5 | 17 | Michelle Thomas | Warks | 59.39 | |
| 6 | 6 | Rachel Lewington | Hants | 59.51 | |
| SCR | 13 | Nicha Nesai | N.E.Counties | 0 | |

| Womens 400m Heat 2 | | | | | |
|---------------------------|----|-----------|------------------|----------|---|
| 1 | 2 | Owusu | Berkshire | 56.14 | Q |
| 2 | 11 | Messey | Merseyside | 56.29 | Q |
| 3 | 51 | Bird | Essex | 56.66 | q |
| 4 | 16 | Bobell | Surrey | 57.25 | q |
| 5 | 1 | Middleton | Bedfordshire | 01:00.31 | |
| 6 | 32 | Elliott | Northamptonshire | 01:01.62 | |
| DNS | 14 | Quinn | Northern Ireland | 0 | |

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| Womens 1500m FINAL | | | | |
|---------------------------|----|------------------|-----------------|----------|
| 1 | 15 | Emma Jackson | Staffs | 04:26.63 |
| 2 | 44 | Hannah England | Oxon | 04:27.63 |
| 3 | 14 | Kelly Reid | N.Ireland | 04:28.23 |
| 4 | 53 | Tina Brown | Warks | 04:29.65 |
| 5 | 3 | Alexa Joel | Essex | 04:31.69 |
| 6 | 52 | Harriett Scott | Essex | 04:32.95 |
| 7 | 20 | Susie Hignett | Avon & Somerset | 04:33.83 |
| 8 | 51 | Emma Ward | Staffs | 04:34.34 |
| 9 | 17 | Claire Tarplee | Warks | 04:37.54 |
| 10 | 35 | Debbie Jones | S.Wales | 04:38.26 |
| 11 | 12 | Hayley Yelling | Middx | 04:39.24 |
| 12 | 16 | Catherine Bryson | Surrey | 04:41.08 |
| 13 | 31 | Ruth Senior | Norfolk | 04:41.68 |
| 14 | 6 | Ceri Mitchel | Hants | 04:42.45 |
| 15 | 21 | Carolyn Boosey | Bucks | 04:42.76 |
| 16 | 19 | Lucy O'Gorman | Yorks | 04:45.47 |
| 17 | 37 | Sian Davies | Shrops | 04:53.41 |
| 18 | 45 | Sarah Bird | Suffolk | 05:05.12 |

| Womens 400m Hurdles FINAL | | | | |
|----------------------------------|----|-------------------|-----------------|-------|
| 1 | 21 | Hannah Douglas | Bucks | 60.98 |
| 2 | 38 | Caryl Granville | W.Wales | 61.86 |
| 3 | 3 | Nicola Martell | Essex | 62.98 |
| 4 | 13 | Sara Todd | N.E.Counties | 63.62 |
| 5 | 16 | Emily Parker | Surrey | 63.77 |
| 6 | 15 | Wendy Davidson | Staffs | 64.06 |
| 7 | 20 | Layla Corfield | Avon & Somerset | 65.04 |
| 8 | 37 | Charlotte Roberts | Shrops | 65.39 |

| Womens 400m Hurdles Heat 1 | | | | | |
|-----------------------------------|----|-----------------|-----------------|----------|---|
| 1 | 21 | Hannah Douglas | Bucks | 01:01.78 | Q |
| 2 | 16 | Emily Parker | Surrey | 01:03.87 | Q |
| 3 | 15 | Wendy Davidson | Staffs | 01:04.49 | q |
| 4 | 20 | Layla Corfield | Avon & Somerset | 01:05.18 | q |
| 5 | 8 | Sarah McLellan | Kent | 01:06.92 | |
| 6 | 6 | Louise Douglass | Hants | 01:07.11 | |
| 7 | 12 | Caroline Heaney | Middx | 01:07.25 | |
| DNS | 59 | Meghan Beasley | Warks | | |

| Womens 400m Hurdles Heat 2 | | | | | |
|-----------------------------------|----|-------------------|--------------|----------|---|
| 1 | 3 | Nicola Martell | Essex | 01:04.27 | Q |
| 2 | 38 | Caryl Granville | W.Wales | 01:04.45 | Q |
| 3 | 13 | Sara Todd | N.E.Counties | 01:04.88 | q |
| 4 | 37 | Charlotte Roberts | Shrops | 01:05.81 | q |
| 5 | 7 | Christina Silva | Herts | 01:06.17 | |
| 6 | 42 | Jodie Favell | Lincs | 01:09.00 | |
| DNS | 17 | Samantha Day | Warks | | |
| DNS | 1 | Kay Brown | Beds | | |

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| Womens 3000m Walk FINAL | | | | |
|-----------------------------------|----|------------------------|------------------------|----------|
| 1 | 0 | Johanna Jackson | North Eastern Counties | 13:22.72 |
| 2 | 0 | Sophie Hales | Sussex | 13:57.45 |
| 3 | 0 | Rebecca Marsh | Yorks | 14:53.21 |
| 4 | 0 | Kathryn Grainger | Yorks | 15:23.17 |
| 5 | 0 | Verity Snook | Hants | 15:24.71 |
| 6 | 0 | Chelsea O'Rourke-Hobbs | Essex | 15:57.93 |
| 7 | 0 | Fiona McGorun | Leics | 16:00.91 |
| 8 | 0 | Ann Wheeler | Warks | 16:18.21 |
| 9 | 0 | Diane Bradley | Kent | 16:30.55 |
| 10 | 0 | Maureen Noel | Middx | 17:57.09 |
| 0 | 0 | Estle Vljoen | Surrey | 00:00.00 |
| Womens 2000m S/Chase FINAL | | | | |
| 1 | 19 | Celia De Maria | Yorks | 07:05.48 |
| 2 | 23 | Emily Brown | Cheshire | 07:21.68 |
| 3 | 31 | Dani Nimmock | Norfolk | 07:28.38 |
| 4 | 8 | Shavaun Henry | Kent | 07:31.25 |
| 5 | 12 | Ashley McGuigan | Middx | 07:32.54 |
| 6 | 3 | Kirsty Tydeman | Essex | 07:33.49 |
| 7 | 1 | Nicola Sykes | Beds | 00:00.00 |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|--|---|--|
| EVENT | | F1 Men's Discus | | TIME | | 11:00 | | CAU Standard | | 48.00m | | UK Best | | Bill Tancred, (Leicester & Rutland), 61.96m 1974 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | |
| 1 | 1 | joel capper | Bedfordshire | 38.32 | 36.19 | 37.01 | 38.32 | 12 | | | | 38.32 | 12 | | | |
| 2 | 17 | steven hale | Warwickshire | | | | | | | | | | | | | |
| 3 | 14 | Jeremy Harper | Northern Ireland | 45.34 | NT | Nt | 45.34 | 4 | NT | NT | NT | 45.34 | 5 | | | |
| 4 | 13 | Les Richards | North Eastern Counties | 44.74 | 48.22 | 48.94 | 48.94 | 2 | 49.54 | 49.14 | 49.54 | 49.54 | 2 | | | |
| 5 | 44 | perris wilkins | Oxfordshire | 39.27 | 47.40 | nt | 47.40 | 3 | 46.72 | 44.80 | NT | 47.40 | 3 | | | |
| 6 | 6 | paul derrien | Hampshire | | | | | | | | | | | | | |
| 7 | 21 | keiron mason | Buckinghamshire | | | | | | | | | | | | | |
| 8 | 36 | Simon Cook | Sussex | NT | 45.08 | NT | 45.08 | 5 | 46.20 | 47.24 | NT | 47.24 | 4 | | | |
| 9 | 19 | marcus gouldbourne | Yorkshire | NT | 50.41 | 52.36 | 52.36 | 1 | NT | 53.24 | 53.25 | 53.25 | 1 | | | |
| 10 | 24 | Daniel Brunt | Derbyshire | 38.00 | 37.69 | NT | 38.00 | 13 | | | | 38.00 | 13 | | | |
| 11 | 41 | Alessandro Marganella | Cumbria | 43.45 | 44.45 | 43.48 | 44.45 | 6 | 41.24 | 43.93 | 43.62 | 44.45 | 6 | | | |
| 12 | 3 | Rob Earl | Essex | 39.69 | 38.66 | 38.36 | 39.69 | 10 | | | | 39.69 | 10 | | | |
| 13 | 7 | Raymond McKenna | Hertfordshire | 35.06 | 34.29 | 33.97 | 35.06 | 14 | | | | 35.06 | 14 | | | |
| 14 | 5 | Carl Fletcher | Greater Manchester | 39.68 | NT | Nt | 39.68 | 11 | | | | 39.68 | 11 | | | |
| 15 | 23 | Roger Skett | Cheshire | 39.83 | NT | 36.52 | 39.83 | 9 | | | | 39.83 | 9 | | | |
| 16 | 16 | Nick Webb | Surrey | 36.50 | 42.09 | 39.46 | 42.09 | 7 | 42.33 | 44.40 | | 44.40 | 7 | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-----------------------|------------------------|----------|--------|-----|-----------------|--------------------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 19 | marcus gouldbourne | Yorkshire | 53.25 | 9 | 23 | Roger Skett | Cheshire | 39.83 | | |
| 2 | 13 | Les Richards | North Eastern Counties | 49.54 | 10 | 3 | Rob Earl | Essex | 39.69 | | |
| 3 | 44 | perris wilkins | Oxfordshire | 47.40 | 11 | 5 | Carl Fletcher | Greater Manchester | 39.68 | | |
| 4 | 36 | Simon Cook | Sussex | 47.24 | 12 | 1 | joel capper | Bedfordshire | 38.32 | | |
| 5 | 14 | Jeremy Harper | Northern Ireland | 45.34 | 13 | 24 | Daniel Brunt | Derbyshire | 38.00 | | |
| 6 | 41 | Alessandro Marganella | Cumbria | 44.45 | 14 | 7 | Raymond McKenna | Hertfordshire | 35.06 | REFEREE'S SIGNATURE | |
| 7 | 16 | Nick Webb | Surrey | 44.40 | 15 | | | | | | |
| 8 | 8 | Alex Pope | Kent | 40.41 | 16 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | | VENUE | | Bedford International | | DATE | | Sunday, May 27 2007 | | | | |
|---------|----|---|------|-----------|-----------|-----------|-----------------------|----------------------------|-----------|-----------|---------------------|-------------|--|--------|---|
| EVENT | | F1 Men's Discus | | | TIME | | 11:00 | CBP | | 48.00m | UK Best | | Bill Tancred, (Leicester & Rutland), 61.96m 1974 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | 8 | Alex Pope | Kent | 37.42 | 39.14 | 40.41 | 40.41 | 8 | | | | 40.41 | 8 | | |
| 2 | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | | |
| 12 | | | | | | | | | | | | | | | |
| 13 | | | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|---|---|---|
| EVENT | | F2 Men's Triple Jump | | TIME | | 11:00 | | CAU Standard | | 14.70m | | UK Best | | Jonathon Edwards, (North Eastern Counties), 16.63m 1989 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A | B |
| 1 | 8 | Matthew Burton | Kent | 14.73 | 14.65 | 15.07 | 15.07 | 3 | NJ | 13.29 | NJ | 15.07 | 5 | | | |
| 2 | 14 | Alan Kennedy | Northern Ireland | 14.18 | 13.39 | 13.66 | 14.18 | 11 | | | | 14.18 | 11 | | | |
| 3 | 16 | curtis may | Surrey | 13.51 | 13.75 | 13.85 | 13.85 | 13 | | | | 13.85 | 13 | | | |
| 4 | 20 | james townsend | Avon & Somerset | 13.80 | | | 13.80 | 14 | | | | 13.80 | 14 | | | |
| 5 | 47 | sayo ojo | Middlesex | 14.08 | NJ | 14.31 | 14.31 | 8 | 14.34 | NJ | NJ | 14.34 | 8 | | | |
| 6 | 58 | gary white | Warwickshire | 14.93 | NJ | 14.99 | 14.99 | 4 | 15.09 | 15.53 | 15.46 | 15.53 | 3 | | | |
| 7 | 49 | julian golley | Middlesex | 14.92 | NJ | 14.84 | 14.92 | 5 | 15.21 | 15.68 | 15.64 | 15.68 | 1 | | | |
| 8 | 1 | Joe Steele | Bedfordshire | NJ | NJ | | | | | | | | | | | |
| 9 | 4 | jonathan ritchie | East District Scotland | NJ | NJ | 14.19 | 14.19 | 10 | | | | 14.19 | 10 | | | |
| 10 | 16 | curtis may | Surrey | | | | | | | | | | | | | |
| 11 | 61 | jeremy odamety | Surrey | 13.22 | 13.50 | 14.05 | 14.05 | 12 | | | | 14.05 | 12 | | | |
| 12 | 19 | Matt barton | Yorkshire | NJ | NJ | 14.61 | 14.61 | 6 | 13.25 | NJ | 14.46 | 14.61 | 6 | | | |
| 13 | 17 | michael mckernan | Warwickshire | 14.97 | NJ | 15.44 | 15.44 | 1 | 15.60 | 15.55 | NJ | 15.60 | 2 | | | |
| 14 | 23 | elliot o'neil | Cheshire | 15.04 | 15.18 | 14.99 | 15.18 | 2 | 15.15 | 14.97 | 15.45 | 15.45 | 4 | | | |
| 15 | 48 | anthony mattis | Avon & Somerset | 14.05 | 14.12 | 14.20 | 14.20 | 9 | | | | 14.20 | 9 | | | |
| 16 | 3 | dan george | Essex | NJ | NJ | | | | | | | | ### | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | | |
|--------|-----|------------------|--------------|----------|--------|-----|------------------|------------------------|----------|---------------------|--|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | | |
| 1 | 49 | julian golley | Middlesex | 15.68 | 9 | 48 | anthony mattis | Avon & Somerset | 14.20 | | | |
| 2 | 17 | michael mckernan | Warwickshire | 15.60 | 10 | 4 | jonathan ritchie | East District Scotland | 14.19 | | | |
| 3 | 58 | gary white | Warwickshire | 15.53 | 11 | 14 | Alan Kennedy | Northern Ireland | 14.18 | | | |
| 4 | 23 | elliot o'neil | Cheshire | 15.45 | 12 | 61 | jeremy odamety | Surrey | 14.05 | | | |
| 5 | 8 | Matthew Burton | Kent | 15.07 | 13 | 16 | curtis may | Surrey | 13.85 | | | |
| 6 | 19 | Matt barton | Yorkshire | 14.61 | 14 | 20 | james townsend | Avon & Somerset | 13.80 | REFEREE'S SIGNATURE | | |
| 7 | 11 | Graham Matthews | Merseyside | 14.55 | 15 | 7 | Ian Simpson | Hertfordshire | 13.49 | | | |
| 8 | 47 | sayo ojo | Middlesex | 14.34 | 16 | | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27 2007 | | | | | | |
|---------|----|---|---------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|---------------------|-----------|---|----------------|--------|---|--|
| EVENT | | F2 Men's Triple Jump | | TIME | | 11:00 | CBP | | 14.70m | | UK Best | Jonathon Edwards, (North Eastern Counties), 16.63m 1989 | | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | |
| 1 | 11 | Graham Matthews | Merseyside | NJ | 13.32 | 14.47 | 14.47 | 7 | NJ | 14.35 | 14.55 | 14.55 | 7 | | | |
| 2 | 17 | michael mckernan | Warwickshire | | | | | | | | | | | | | |
| 3 | 11 | Graham Matthews | Merseyside | | | | | | | | | | | | | |
| 4 | 7 | Ian Simpson | Hertfordshire | 13.10 | 13.49 | NJ | 13.49 | 15 | | | | 13.49 | 15 | | | |
| 5 | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | |
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| 16 | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|-------------------------------------|---|--|
| EVENT | | F9 Women's Hammer | | TIME | | 13:00 | | CAU Standard | | 42.00m | | UK Best | | Lyn Sprules (Middlesex) 60.39m 2002 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | |
| 1 | 47 | Linda Bennin | Middlesex | 53.19 | 55.78 | NT | 55.78 | 2 | NT | 53.98 | NT | 55.78 | 2 | | | |
| 2 | 58 | sue wise | Bedfordshire | 35.60 | NT | 32.09 | 35.60 | 19 | | | | 35.60 | 19 | | | |
| 3 | 2 | janet smith | Berkshire | 39.95 | NT | NT | 39.95 | 17 | | | | 39.95 | 17 | | | |
| 4 | 11 | Vicky Johnson | Merseyside | NT | 44.52 | 42.48 | 44.52 | 11 | | | | 44.52 | 11 | | | |
| 5 | 19 | sarah holt | Yorkshire | NT | NT | 49.90 | 49.90 | 7 | 48.05 | 52.81 | 54.80 | 54.80 | 3 | | | |
| 6 | 28 | bolanle ogun | Gloucestershire | NT | NT | 47.32 | 47.32 | 8 | 47.44 | 48.39 | 49.45 | 49.45 | 8 | | | |
| 7 | 35 | carys parry | South Wales | NT | NT | NT | | | | | | | | | | |
| 8 | 1 | andrea jenkins | Bedfordshire | 46.49 | NT | NT | 46.49 | 10 | | | | 46.49 | 10 | | | |
| 9 | 13 | lisa shippen | North Eastern Counties | | | | | | | | | | | | | |
| 10 | 36 | Joanne Davison | Sussex | NT | NT | NT | | | | | | | | | | |
| 11 | 60 | zoe derham | Gloucestershire | 63.92 | NT | 63.85 | 63.92 | 1 | 62.87 | 62.69 | 64.82 | 64.82 | 1 | | | |
| 12 | 3 | Sarah Deacon | Essex | NT | 41.07 | 38.16 | 41.07 | 14 | | | | 41.07 | 14 | | | |
| 13 | 12 | Joanne John | Middlesex | 50.22 | NT | NT | 50.22 | 6 | 49.28 | 54.76 | 53.52 | 54.76 | 4 | | | |
| 14 | 33 | Rachel Gair | Nottinghamshire | 51.17 | NT | NT | 51.17 | 5 | 51.98 | N | NT | 51.98 | 6 | | | |
| 15 | 21 | Sadie Watts | Buckinghamshire | 46.56 | 46.55 | 42.53 | 46.56 | 9 | | | | 46.56 | 9 | | | |
| 16 | 10 | lucy marshall | Leicestershire | 51.98 | 50.96 | NT | 51.98 | 4 | 48.80 | N | 49.86 | 51.98 | 7 | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-----------------|-----------------|----------|--------|-----|-------------------|-----------------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 60 | zoe derham | Gloucestershire | 64.82 | 9 | 21 | Sadie Watts | Buckinghamshire | 46.56 | | |
| 2 | 47 | Linda Bennin | Middlesex | 55.78 | 10 | 1 | andrea jenkins | Bedfordshire | 46.49 | | |
| 3 | 19 | sarah holt | Yorkshire | 54.80 | 11 | 11 | Vicky Johnson | Merseyside | 44.52 | | |
| 4 | 12 | Joanne John | Middlesex | 54.76 | 12 | 38 | Charlotte Murray | West Wales | 44.38 | | |
| 5 | 8 | Victoria Thomas | Kent | 52.65 | 13 | 31 | megan boon | Norfolk | 42.48 | REFEREE'S SIGNATURE | |
| 6 | 33 | Rachel Gair | Nottinghamshire | 51.98 | 14 | 3 | Sarah Deacon | Essex | 41.07 | | |
| 7 | 10 | lucy marshall | Leicestershire | 51.98 | 15 | 22 | Elizabeth Edwards | Cambridgeshire | 40.54 | | |
| 8 | 28 | bolanle ogun | Gloucestershire | 49.45 | 16 | 17 | zoe ash | Warwickshire | 39.98 | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27 2007 | | | | | |
|---------|----|---|----------------|-----------|-----------|-----------------------|-----------|----------------------------|-----------|---------------------|-----------|-------------------------------------|-------------------|--------|---|
| EVENT | | F9 Women's Hammer | | TIME | | 13:00 | CBP | | 42.00m | UK Best | | Lyn Sprules (Middlesex) 60.39m 2002 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B |
| 1 | 41 | Bethan Lishmen | Cumbria | 37.12 | 36.92 | 37.10 | 37.12 | 18 | | | | 37.12 | 18 | | |
| 2 | 22 | Elizabeth Edwards | Cambridgeshire | 40.54 | 40.14 | 39.67 | 40.54 | 15 | | | | 40.54 | 15 | | |
| 3 | 8 | Victoria Thomas | Kent | NT | NT | 52.43 | 52.43 | 3 | 52.65 | NT | 51.59 | 52.65 | 5 | | |
| 4 | 17 | zoe ash | Warwickshire | 38.14 | 39.63 | 39.98 | 39.98 | 16 | | | | 39.98 | 16 | | |
| 5 | 38 | Charlotte Murray | West Wales | 44.38 | 44.13 | NT | 44.38 | 12 | | | | 44.38 | 12 | | |
| 6 | 31 | megan boon | Norfolk | 42.48 | NT | N | 42.48 | 13 | | | | 42.48 | 13 | | |
| 7 | | | | | | | | | | | | | | | |
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| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|----------------|--------------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | 2 | janet smith | Berkshire | 39.95 | 25 | | | | | | |
| 18 | 41 | Bethan Lishmen | Cumbria | 37.12 | 26 | | | | | | |
| 19 | 58 | sue wise | Bedfordshire | 35.60 | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
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UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-------------|----------------|--------|----------------------------------|---|---|
| EVENT | | F13 Women's Long Jump | | TIME | | 14:00 | | CAU Standard | | 5.65 | | UK Best | | Jade Johnson (Surrey) 6.68m 2001 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | Best of All | Final Position | A or B | | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | | | Metres | Metres | A | B |
| 1 | 3 | hannah frankson | Essex | 5.49 | 5.22 | NJ | 5.49 | 7 | 5.12 | W/D | 5.49 | 7 | | | | |
| 2 | 13 | Melissa Carr | North Eastern Counties | 5.29 | 5.60 | NJ | 5.60 | 4 | 5.37 | 5.62 | 5.69 | 5.69 | 4 | | | |
| 3 | 16 | Azaria Francis | Surrey | 5.16 | 5.01 | 5.00 | 5.16 | 14 | | | 5.16 | 14 | | | | |
| 4 | 21 | Chloe Whalley | Buckinghamshire | 3.02 | 5.07 | 4.71 | 5.07 | 15 | | | 5.07 | 15 | | | | |
| 5 | 28 | sarah rossiter | Gloucestershire | NJ | 5.56 | 5.55 | 5.56 | 5 | 5.66 | 5.69 | 5.65 | 5.69 | 2 | | | |
| 6 | 59 | amy richardson | Bedfordshire | 5.12 | NJ | 5.19 | 5.19 | 13 | | | 5.19 | 13 | | | | |
| 7 | 36 | Leanne Buxton | Sussex | 5.28 | 5.06 | 5.42 | 5.42 | 8 | 5.31 | NJ | W/D | 5.42 | 8 | | | |
| 8 | 20 | Amy Woodman | Avon & Somerset | 5.54 | NJ | 5.66 | 5.66 | 3 | 5.38 | 5.48 | 5.66 | 5.66 | 5 | | | |
| 9 | 6 | Kim Murray | Hampshire | 5.34 | 5.41 | 5.20 | 5.41 | 9 | | | 5.41 | 9 | | | | |
| 10 | 1 | Emma Hughes | Bedfordshire | NJ | 5.56 | 5.45 | 5.56 | 5 | 5.34 | NJ | 5.66 | 5.66 | 6 | | | |
| 11 | 22 | Grace Clements | Cambridgeshire | 5.23 | 5.18 | 4.94 | 5.23 | 12 | | | 5.23 | 12 | | | | |
| 12 | 37 | Gemma Weetman | Shropshire | 5.05 | 5.39 | 5.11 | 5.39 | 11 | | | 5.39 | 11 | | | | |
| 13 | 15 | Amee Palmer | Staffordshire | 5.69 | 4.69 | 5.49 | 5.69 | 2 | 2.72 | NJ | 5.49 | 5.69 | 4 | | | |
| 14 | 17 | Linzi Robinson | Warwickshire | | | | | | | | | | | | | |
| 15 | 25 | Claire Linskill | Devon | 4.78 | 5.01 | 5.06 | 5.06 | 16 | | | 5.06 | 16 | | | | |
| 16 | 48 | abigail irozuru | Greater Manchester | NJ | 5.40 | W/D | 5.40 | 10 | | | 5.40 | 10 | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-----------------|------------------------|----------|--------|-----|-----------------|--------------------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 9 | Becky White | Lancashire | 5.96 | 9 | 6 | Kim Murray | Hampshire | 5.41 | | |
| 2 | 28 | sarah rossiter | Gloucestershire | 5.69 | 10 | 48 | abigail irozuru | Greater Manchester | 5.40 | | |
| 3 | 6 | Melissa Carr | North Eastern Counties | 5.69 | 11 | 37 | Gemma Weetman | Shropshire | 5.39 | | |
| 4 | 13 | Amee Palmer | Staffordshire | 5.69 | 12 | 22 | Grace Clements | Cambridgeshire | 5.23 | | |
| 5 | 20 | Amy Woodman | Avon & Somerset | 5.66 | 13 | 59 | amy richardson | Bedfordshire | 5.19 | | |
| 6 | 1 | Emma Hughes | Bedfordshire | 5.66 | 14 | 16 | Azaria Francis | Surrey | 5.16 | REFEREE'S SIGNATURE | |
| 7 | 3 | hannah frankson | Essex | 5.49 | 15 | 21 | Chloe Whalley | Buckinghamshire | 5.07 | | |
| 8 | 36 | Leanne Buxton | Sussex | 5.42 | 16 | 25 | Claire Linskill | Devon | 5.06 | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27 2007 | | | | | |
|---------|----|---|------------|-----------|-----------|-----------------------|-----------|----------------------------|-----------|---------------------|-----------|----------------------------------|-------------------|--------|---|
| EVENT | | F13 Women's Long Jump | | TIME | | 14:00 | CBP | | 5.65 | UK Best | | Jade Johnson (Surrey) 6.68m 2001 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B |
| 1 | 9 | Becky White | Lancashire | 5.53 | 5.96 | 5.91 | 5.96 | 1 | - | 5.58 | 5.43 | 5.96 | 1 | | |
| 2 | | | | | | | | | | | | | | | |
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| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|--------------|-------------------------|-----------|----------------------|-------------|----------------------------------|--------|--------|
| EVENT | | F13 Women's Long Jump | | TIME | | 14:00 | CAU Standard | 5.65 | | UK Best | | Jade Johnson (Surrey) 6.68m 2001 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | | | Metres | Metres |
| 1 | 3 | hannah frankson | Essex | +0.6 | +1.9 | +1.1 | | | +3.2 | | | | | |
| 2 | 13 | Melissa Carr | North Eastern Counties | -0.4 | +0.5 | +1.1 | | | +0.3 | +0.5 | +0.8 | | | |
| 3 | 16 | Azaria Francis | Surrey | +0.7 | -0.1 | +1.1 | | | | | | | | |
| 4 | 21 | Chloe Whalley | Buckinghamshire | +0.2 | -0.5 | +0.7 | | | | | | | | |
| 5 | 28 | sarah rossiter | Gloucestershire | +1.6 | +0.3 | +0.7 | | | +0.9 | +2.4 | +1.2 | | | |
| 6 | 59 | amy richardson | Bedfordshire | +0.8 | +0.1 | +0.5 | | | | | | | | |
| 7 | 36 | Leanne Buxton | Sussex | +2.7 | +0.7 | +0.7 | | | +0.8 | +0.6 | | | | |
| 8 | 20 | Amy Woodman | Avon & Somerset | +0.7 | +0.7 | -0.3 | | | +0.6 | +2.2 | -0.1 | | | |
| 9 | 6 | Kim Murray | Hampshire | +0.6 | +2.3 | +0.3 | | | | | | | | |
| 10 | 1 | Emma Hughes | Bedfordshire | +0.3 | +0.1 | +0.3 | | | +1.5 | +1.9 | +1.6 | | | |
| 11 | 22 | Grace Clements | Cambridgeshire | +0.7 | +0.5 | +0.3 | | | | | | | | |
| 12 | 37 | Gemma Weetman | Shropshire | +0.7 | +2.5 | -0.1 | | | | | | | | |
| 13 | 15 | Amee Palmer | Staffordshire | -0.7 | -0.2 | +2.7 | | | +1.0 | -0.5 | -0.3 | | | |
| 14 | 17 | Linzi Robinson | Warwickshire | . | | | | | | | | | | |
| 15 | 25 | Claire Linskill | Devon | +3.1 | +0.7 | +1.9 | | | | | | | | |
| 16 | 48 | abigail irozuru | Greater Manchester | +0.6 | +0.9 | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | | | | | 9 | | | | | | |
| 2 | | | | | 10 | | | | | | |
| 3 | | | | | 11 | | | | | | |
| 4 | | | | | 12 | | | | | | |
| 5 | | | | | 13 | | | | | | |
| 6 | | | | | 14 | | | | | REFEREE'S SIGNATURE | |
| 7 | | | | | 15 | | | | | | |
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UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | | VENUE | | Bedford International | | DATE | | Sunday, May 27 2007 | | | | |
|---------|----|---|------------|-----------|-----------|-----------|-----------------------|----------------------------|-----------|-----------|---------------------|-------------|----------------------------------|--------|---|
| EVENT | | F13 Women's Long Jump | | | TIME | | 14:00 | CBP | | 5.65 | UK Best | | Jade Johnson (Surrey) 6.68m 2001 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | 9 | Becky White | Lancashire | +0.1 | +0.4 | +0.5 | | | - | +0.5 | +2.2 | #NUM! | #NUM! | | |
| 2 | | | | | | | | | | | | | | | |
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| 15 | | | | | | | | | | | | | | | |
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| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
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| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|---------------------------------------|---|--|
| EVENT | | F17 Women's javelin | | TIME | | 15:00 | | CAU Standard | | 43.00m | | UK Best | | Goldie Sayers (Cambridge) 60.10m 2004 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | |
| 1 | 10 | Sarah-Anne De Kremer | Leicestershire | NT | 38.56 | 38.23 | 38.56 | 10 | | | | 38.56 | 10 | | | |
| 2 | 14 | laura kerr | Northern Ireland | 45.38 | 43.65 | 41.39 | 45.38 | 2 | 40.90 | 43.22 | 41.52 | 45.38 | 2 | | | |
| 3 | 21 | Sadie Watts | Buckinghamshire | 37.99 | 37.43 | 41.44 | 41.44 | 7 | 40.26 | 38.70 | 38.29 | 41.44 | 8 | | | |
| 4 | 38 | Alison Siggery | West Wales | 39.80 | 43.39 | NT | 43.39 | 5 | NT | NT | 39.40 | 43.39 | 5 | | | |
| 5 | 48 | Collette Doran | Cumbria | 32.04 | 33.94 | NT | 33.94 | 16 | | | | 33.94 | 16 | | | |
| 6 | 47 | Sara Siggery | West Wales | | | | | | | | | | | | | |
| 7 | 16 | Jade Dodd | Surrey | NT | NT | 35.20 | 35.20 | 14 | | | | 35.20 | 14 | | | |
| 8 | 7 | peta lundgren | Hertfordshire | 36.28 | 31.52 | 41.67 | 41.67 | 6 | 32.83 | 36.47 | 37.68 | 41.67 | 7 | | | |
| 9 | 1 | ros gonse | Bedfordshire | | | | | | | | | | | | | |
| 10 | 6 | Helen Davis | Hampshire | 35.07 | 33.31 | NT | 35.07 | 15 | | | | 35.07 | 15 | | | |
| 11 | 13 | Sarah Dunkley | North Eastern Counties | | | | | | | | | | | | | |
| 12 | 26 | louise watti | Dorset | 44.13 | NT | NT | 44.13 | 3 | NT | 44.20 | 44.28 | 44.28 | 3 | | | |
| 13 | 49 | Jemma Tewsbury | Dorset | 35.17 | 36.47 | 33.24 | 36.47 | 12 | | | | 36.47 | 12 | | | |
| 14 | 46 | Sophie Thomas | Wiltshire | 34.40 | 36.19 | 33.53 | 36.19 | 13 | | | | 36.19 | 13 | | | |
| 15 | 12 | jenny Grimstone | Middlesex | 39.74 | 37.30 | 37.55 | 39.74 | 9 | | | | 39.74 | 9 | | | |
| 16 | 8 | Christine Lawrence | Kent | 40.73 | 41.39 | 40.39 | 41.39 | 8 | NT | 42.33 | NT | 42.33 | 6 | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|--------------------|------------------|----------|--------|-----|----------------------|----------------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 19 | Laura Whittingham | Yorkshire | 49.02 | 9 | 12 | jenny Grimstone | Middlesex | 39.74 | | |
| 2 | 14 | laura kerr | Northern Ireland | 45.38 | 10 | 10 | Sarah-Anne De Kremer | Leicestershire | 38.56 | | |
| 3 | 26 | louise watti | Dorset | 44.28 | 11 | 3 | Kim Box | Essex | 36.73 | | |
| 4 | 2 | Rosie Semenytsh | Berkshire | 43.50 | 12 | 49 | Jemma Tewsbury | Dorset | 36.47 | | |
| 5 | 38 | Alison Siggery | West Wales | 43.39 | 13 | 46 | Sophie Thomas | Wiltshire | 36.19 | | |
| 6 | 8 | Christine Lawrence | Kent | 42.33 | 14 | 16 | Jade Dodd | Surrey | 35.20 | REFEREE'S SIGNATURE | |
| 7 | 7 | peta lundgren | Hertfordshire | 41.67 | 15 | 6 | Helen Davis | Hampshire | 35.07 | | |
| 8 | 21 | Sadie Watts | Buckinghamshire | 41.44 | 16 | 48 | Collette Doran | Cumbria | 33.94 | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27 2007 | | | | | |
|---------|----|---|-----------|-----------|-----------|-----------------------|-----------|----------------------------|-----------|---------------------|-----------|---------------------------------------|-------------------|--------|---|
| EVENT | | F17 Women's javelin | | TIME | | 15:00 | CBP | | 43.00m | UK Best | | Goldie Sayers (Cambridge) 60.10m 2004 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | 19 | Laura Whittingham | Yorkshire | 48.07 | 45.76 | 47.71 | 48.07 | 1 | 45.03 | 49.02 | 46.51 | 49.02 | 1 | | |
| 2 | 2 | Rosie Semenytsh | Berkshire | 42.58 | 43.50 | 41.54 | 43.50 | 4 | 42.92 | NT | 42.25 | 43.50 | 4 | | |
| 3 | 3 | Kim Box | Essex | 31.53 | 35.59 | 36.73 | 36.73 | 11 | | | | 36.73 | 11 | | |
| 4 | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | |
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| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|---------------------------------|---|--|--|
| EVENT | | F20 Men's Shot Putt | | TIME | | 15:30 | | CAU Standard | | 15.50m | | UK Best | | Geoff Capes (Lincs) 21.03m 1980 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | | |
| 1 | 5 | Carl Fletcher | Greater Manchester | 15.87 | 15.43 | 15.31 | 15.87 | 3 | 15.02 | NT | NT | 15.87 | 4 | | | | |
| 2 | 13 | Craig Sturrock | North Eastern Counties | NT | 14.94 | NT | 14.94 | 6 | 14.19 | 14.20 | NT | 14.94 | 6 | | | | |
| 3 | 19 | jamie williamson | Yorkshire | 14.01 | 15.74 | NT | 15.74 | 4 | NT | 15.81 | 16.09 | 16.09 | 3 | | | | |
| 4 | 46 | kieren kelly | Wiltshire | NT | 16.44 | NT | 16.44 | 1 | 16.82 | 16.74 | 16.95 | 16.95 | 1 | | | | |
| 5 | 60 | nick webb | Surrey | 12.29 | 13.41 | 13.50 | 13.50 | 9 | | | | 13.50 | 9 | | | | |
| 6 | 24 | Daniel Brunt | Derbyshire | 15.00 | NT | NT | 15.00 | 5 | 14.90 | 15.51 | 14.78 | 15.51 | 5 | | | | |
| 7 | 15 | morris fox | Staffordshire | 13.79 | 12.91 | 13.34 | 13.79 | 8 | NT | 13.63 | 14.14 | 14.14 | 8 | | | | |
| 8 | 6 | paul derrien | Hampshire | | | | | | | | | | | | | | |
| 9 | 8 | Alex Pope | Kent | 9.87 | 10.64 | NT | 10.64 | 10 | | | | 10.64 | 10 | | | | |
| 10 | 16 | Mark Letch | Surrey | 14.34 | NT | 13.51 | 14.34 | 7 | 13.64 | 14.01 | 13.67 | 14.34 | 7 | | | | |
| 11 | 59 | les richards | North Eastern Counties | 15.72 | 15.87 | 16.40 | 16.40 | 2 | 16.36 | 16.18 | 15.95 | 16.40 | 2 | | | | |
| 12 | 21 | keiron mason | Buckinghamshire | | | | | | | | | | | | | | |
| 13 | 1 | Darren Larrington | bedfordshire | NT | NT | NT | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------------------|------------------------|----------|--------|-----|-----------|--------|----------|--------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 46 | kieren kelly | Wiltshire | 16.95 | 9 | 60 | nick webb | Surrey | 13.50 | | |
| 2 | 59 | les richards | North Eastern Counties | 16.40 | 10 | 8 | Alex Pope | Kent | 10.64 | | |
| 3 | 19 | jamie williamson | Yorkshire | 16.09 | 11 | | | | | | |
| 4 | 5 | Carl Fletcher | Greater Manchester | 15.87 | 12 | | | | | | |
| 5 | 24 | Daniel Brunt | Derbyshire | 15.51 | 13 | | | | | | |
| 6 | 13 | Craig Sturrock | North Eastern Counties | 14.94 | 14 | | | | | | |
| 7 | 16 | Mark Letch | Surrey | 14.34 | 15 | | | | | | |
| 8 | 15 | morris fox | Staffordshire | 14.14 | 16 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28, 2007 | | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|--|---|--|--|
| EVENT | | F27 WOMENS DISCUS | | TIME | | 11:00 | | CAU Standard | | 41.4 | | UK Best | | Jackie McKernam (N. Ireland) 60.52m 1997 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | | |
| 1 | 9 | Sarah Henton | Lancashire | 43.35 | 46.74 | 46.40 | 46.74 | 2 | 42.28 | NT | 41.23 | 46.74 | 4 | | | | |
| 2 | 16 | Jade Nicholls | Surrey | 40.75 | 41.19 | NT | 41.19 | 7 | NT | 40.35 | 42.46 | 42.46 | 7 | | | | |
| 3 | 20 | Katie Wickman | Avon & Somerset | 39.72 | 44.18 | 43.10 | 44.18 | 5 | NT | 39.66 | NT | 44.18 | 6 | | | | |
| 4 | 36 | Hannah James | Sussex | 32.58 | NT | NT | 32.58 | 14 | | | | 32.58 | 14 | | | | |
| 5 | 19 | hannah evenden | Yorkshire | NT | NT | 36.22 | 36.22 | 12 | | | | 36.22 | 12 | | | | |
| 6 | 13 | claire reid | North Eastern Counties | NT | NT | NT | | | | | | | | | | | |
| 7 | 1 | Andrea Jenkins | Bedfordshire | 25.81 | 29.58 | 39.24 | 39.24 | 9 | | | | 39.24 | 9 | | | | |
| 8 | 11 | Jemma Llewewyn | Merseyside | 36.31 | 36.20 | NT | 36.31 | 11 | | | | 36.31 | 11 | | | | |
| 9 | 17 | Jenny Scott | Warwickshire | 45.84 | 45.40 | NT | 45.84 | 4 | 39.78 | 38.01 | NT | 45.84 | 5 | | | | |
| 10 | 22 | Chloe Edwards | Cambridgeshire | NT | NT | 35.13 | 35.13 | 13 | | | | 35.13 | 13 | | | | |
| 11 | 3 | Melanie Harrison | Essex | 31.40 | 35.03 | 36.71 | 36.71 | 10 | | | | 36.71 | 10 | | | | |
| 12 | 18 | Kirsty Law | West District Scotland | NT | 45.90 | 49.73 | 49.73 | 1 | 50.81 | NT | 49.43 | 50.81 | 1 | | | | |
| 13 | 50 | Eden Francis | Leicestershire | 44.83 | 46.63 | NT | 46.63 | 3 | NT | 49.73 | 44.71 | 49.73 | 2 | | | | |
| 14 | 62 | Anglea Mitchell | Surrey | 34.69 | 40.43 | NT | 40.43 | 8 | NT | 39.28 | NT | 40.43 | 8 | | | | |
| 15 | 8 | Shaunagh Brown | Kent | 43.32 | 44.13 | 42.46 | 44.13 | 6 | 47.69 | 48.58 | 49.64 | 49.64 | 3 | | | | |
| 16 | | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | | |
|--------|-----|-----------------|------------------------|----------|--------|-----|------------------|----------------|----------|---------------------|--|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | | |
| 1 | 18 | Kirsty Law | West District Scotland | 50.81 | 9 | 1 | Andrea Jenkins | Bedfordshire | 39.24 | | | |
| 2 | 50 | Eden Francis | Leicestershire | 49.73 | 10 | 3 | Melanie Harrison | Essex | 36.71 | | | |
| 3 | 8 | Shaunagh Brown | Kent | 49.64 | 11 | 11 | Jemma Llewewyn | Merseyside | 36.31 | | | |
| 4 | 9 | Sarah Henton | Lancashire | 46.74 | 12 | 19 | hannah evenden | Yorkshire | 36.22 | | | |
| 5 | 17 | Jenny Scott | Warwickshire | 45.84 | 13 | 22 | Chloe Edwards | Cambridgeshire | 35.13 | | | |
| 6 | 20 | Katie Wickman | Avon & Somerset | 44.18 | 14 | 36 | Hannah James | Sussex | 32.58 | REFEREE'S SIGNATURE | | |
| 7 | 16 | Jade Nicholls | Surrey | 42.46 | 15 | | | | | | | |
| 8 | 62 | Anglea Mitchell | Surrey | 40.43 | 16 | | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | | VENUE | | Bedford International | | DATE | | Monday, May 28 2007 | | | | |
|---------|----|---|------|-----------|-----------|-----------|-----------------------|----------------------------|-----------|-----------|---------------------|-------------|--|--------|---|
| EVENT | | F27 WOMENS DISCUS | | | TIME | | 11:00 | CBP | | 41.4 | UK Best | | Jackie McKernam (N. Ireland) 60.52m 1997 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | |
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| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
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| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28, 2007 | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|---|---|---|
| EVENT | | F28 women's triple jump | | TIME | | 11:00 | | CAU Standard | | 11.20m | | UK Best | | Taneisha Scanlon (Bedfordshire) 13.39m 2005 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A | B |
| 1 | 4 | Gillian Kerr | East District Scotland | 13.20 | NJ | 12.40 | 13.20 | 1 | 12.58 | 12.09 | NJ | 13.20 | 1 | | | |
| 2 | 13 | Julia Straker | North Eastern Counties | NJ | NJ | 12.07 | 12.07 | 8 | 11.90 | 11.95 | NJ | 12.07 | 8 | | | |
| 3 | 20 | Sarah Barry | Avon & Somerset | NJ | 11.75 | NJ | 11.75 | 11 | | | | 11.75 | 11 | | | |
| 4 | 37 | Anna Kelly | Shropshire | NJ | 11.91 | 11.76 | 11.91 | 10 | | | | 11.91 | 10 | | | |
| 5 | 50 | Alison McCloud | Surrey | 10.78 | 11.12 | 10.88 | 11.12 | 16 | | | | 11.12 | 16 | | | |
| 6 | 64 | melissa carr | North Eastern Counties | 12.22 | 12.04 | NJ | 12.22 | 6 | NJ | NJ | 12.02 | 12.22 | 6 | | | |
| 7 | 45 | Tania Spurling | Suffolk | NJ | NJ | 11.99 | 11.99 | 9 | | | | 11.99 | 9 | | | |
| 8 | 23 | Hannah Hewitson | Cheshire | NJ | NJ | 11.06 | 11.06 | 17 | | | | 11.06 | 17 | | | |
| 9 | 8 | sandra alaneme | Kent | | | | | | | | | | | | | |
| 10 | 1 | jade christie | Bedfordshire | | | | | | | | | | | | | |
| 11 | 6 | Katharine Streatfield | Hampshire | | | | | | | | | | | | | |
| 12 | 9 | Becky White | Lancashire | NJ | 12.44 | 12.42 | 12.44 | 3 | R | | | 12.44 | 3 | | | |
| 13 | 25 | Claire Linskill | Devon | NJ | 11.39 | 11.54 | 11.54 | 13 | | | | 11.54 | 13 | | | |
| 14 | 52 | sineade butterworth | Middlesex | 12.29 | 12.16 | NJ | 12.29 | 4 | NJ | NJ | NJ | 12.29 | 4 | | | |
| 15 | 44 | Imogen Miles | Oxfordshire | 11.50 | 11.32 | 11.40 | 11.50 | 14 | | | | 11.50 | 14 | | | |
| 16 | 99 | Stephanie Aneto | Essex | 12.17 | 12.19 | 11.81 | 12.19 | 7 | 11.80 | R | | 12.19 | 7 | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|---------------------|------------------------|----------|--------|-----|-----------------|-----------------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 4 | Gillian Kerr | East District Scotland | 13.20 | 9 | 45 | Tania Spurling | Suffolk | 11.99 | | |
| 2 | 12 | Nadia Williams | Middlesex | 12.80 | 10 | 37 | Anna Kelly | Shropshire | 11.91 | | |
| 3 | 9 | Becky White | Lancashire | 12.44 | 11= | 20 | Sarah Barry | Avon & Somerset | 11.75 | | |
| 4 | 52 | sineade butterworth | Middlesex | 12.29 | 11= | 17 | Deborah Rowe | Warwickshire | 11.75 | | |
| 5 | 10 | Denae Matthew | Leicestershire | 12.27 | 13 | 25 | Claire Linskill | Devon | 11.54 | | |
| 6 | 64 | melissa carr | North Eastern Counties | 12.22 | 14 | 44 | Imogen Miles | Oxfordshire | 11.50 | REFEREE'S SIGNATURE | |
| 7 | 99 | Stephanie Aneto | Essex | 12.19 | 15 | 16 | Liz Davidson | Surrey | 11.15 | | |
| 8 | 13 | Julia Straker | North Eastern Counties | 12.07 | 16 | 50 | Alison McCloud | Surrey | 11.12 | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28 2007 | | | | | |
|---------|----|---|----------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|---------------------|-----------|---|----------------|--------|---|
| EVENT | | F28 women's triple jump | | TIME | | 11:00 | CBP | | 11.20m | | UK Best | Taneisha Scanlon (Bedfordshire) 13.39m 2005 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B |
| 1 | 17 | Deborah Rowe | Warwickshire | 11.75 | NJ | NJ | 11.75 | 11 | | | | 11.75 | 11 | | |
| 2 | 16 | Liz Davidson | Surrey | NJ | 11.11 | 11.15 | 11.15 | 15 | | | | 11.15 | 15 | | |
| 3 | 10 | Denae Matthew | Leicestershire | NJ | 12.27 | NJ | 12.27 | 5 | NJ | 12.10 | NJ | 12.27 | 5 | | |
| 4 | 12 | Nadia Williams | Middlesex | 12.80 | 12.53 | 12.46 | 12.80 | 2 | 12.40 | 12.55 | NJ | 12.80 | 2 | | |
| 5 | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | |
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| 16 | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-----------------|----------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | 23 | Hannah Hewitson | Cheshire | 11.06 | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | REFEREE'S SIGNATURE | |
| 22 | | | | | 30 | | | | | | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28, 2007 | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|--------------|----------------------------|-----------|----------------------|-----------|---|-------------------|--------|---|
| EVENT | | F28 women's triple jump | | TIME | | 11:00 | CAU Standard | 11.20m | | UK Best | | Taneisha Scanlon (Bedfordshire) 13.39m 2005 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | 4 | Gillian Kerr | East District Scotland | +6.9 | +3.5 | +3.3 | | | +2.8 | +7.7 | +2.1 | | | | |
| 2 | 13 | Julia Straker | North Eastern Counties | +5.8 | +2.7 | +5.8 | | | +7.1 | +3.4 | +2.7 | | | | |
| 3 | 20 | Sarah Barry | Avon & Somerset | +3.6 | +1.5 | +1.9 | | | | | | | | | |
| 4 | 37 | Anna Kelly | Shropshire | +5.8 | +2.2 | +2.6 | | | | | | | | | |
| 5 | 50 | Alison McCloud | Surrey | +2.6 | +2.3 | +1.9 | | | | | | | | | |
| 6 | 64 | melissa carr | North Eastern Counties | +2.0 | +5.2 | +5.3 | | | +1.0 | +0.6 | +2.4 | | | | |
| 7 | 45 | Tania Spurling | Suffolk | +1.4 | +3.7 | +5.5 | | | | | | | | | |
| 8 | 23 | Hannah Hewitson | Cheshire | +3.0 | +7.9 | +7.6 | | | | | | | | | |
| 9 | 8 | sandra alaneme | Kent | | | | | | | | | | | | |
| 10 | 1 | jade christie | Bedfordshire | | | | | | | | | | | | |
| 11 | 6 | Katharine Streatfield | Hampshire | | | | | | | | | | | | |
| 12 | 9 | Becky White | Lancashire | +1.8 | +0.6 | +7.4 | | | | | | | | | |
| 13 | 25 | Claire Linskill | Devon | +3.9 | +4.7 | +3.3 | | | | | | | | | |
| 14 | 52 | sineade butterworth | Middlesex | +1.8 | +3.2 | +1.5 | | | +3.2 | +1.4 | +3.5 | | | | |
| 15 | 44 | Imogen Miles | Oxfordshire | +4.3 | +2.5 | +1.6 | | | | | | | | | |
| 16 | 99 | Stephanie Aneto | Essex | +3.1 | +3.3 | +2.0 | | | +2.1 | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | | | | | 9 | | | | | | |
| 2 | | | | | 10 | | | | | | |
| 3 | | | | | 11 | | | | | | |
| 4 | | | | | 12 | | | | | | |
| 5 | | | | | 13 | | | | | | |
| 6 | | | | | 14 | | | | | REFEREE'S SIGNATURE | |
| 7 | | | | | 15 | | | | | | |
| 8 | | | | | 16 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28 2007 | | | | | |
|---------|----|---|----------------|-----------|-----------|-----------------------|-----------|----------------------------|-----------|---------------------|---|-------------|-------------------|--------|---|
| EVENT | | F28 women's triple jump | | TIME | | 11:00 | CBP | | 11.20m | UK Best | Taneisha Scanlon (Bedfordshire) 13.39m 2005 | | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | 17 | Deborah Rowe | Warwickshire | +0.7 | +3.9 | +1.9 | | | | | | | | | |
| 2 | 16 | Liz Davidson | Surrey | +3.5 | +2.2 | +3.9 | | | | | | | | | |
| 3 | 10 | Denae Matthew | Leicestershire | +2.8 | +4.5 | +7.4 | | | +3.2 | +0.8 | +1.7 | | | | |
| 4 | 12 | Nadia Williams | Middlesex | +1.2 | +0.6 | +1.8 | | | +2.7 | +1.7 | +1.6 | | | | |
| 5 | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | | |
| 12 | | | | | | | | | | | | | | | |
| 13 | | | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28, 2007 | | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|--------------------------------------|---|--|--|
| EVENT | | F37 Men's Hammer | | TIME | | 13:00 | | CAU Standard | | 56 | | UK Best | | David Smith (Humberside) 75.10m 1976 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | | |
| 1 | 3 | Simon Bown | Essex | 63.85 | NT | NT | 63.85 | 3 | NT | 66.04 | NT | 66.04 | 3 | | | | |
| 2 | 8 | Graham Holder | Kent | 56.24 | NT | NT | 56.24 | 8 | 57.83 | NT | 57.16 | 57.83 | 6 | | | | |
| 3 | 17 | matthew bell | Warwickshire | | | | | | | | | | | | | | |
| 4 | 31 | sam coe | Norfolk | 52.61 | NT | NT | 52.61 | 10 | | | | 52.61 | 10 | | | | |
| 5 | 50 | Sean Penny | Gloucestershire | 44.55 | 41.42 | NT | 44.55 | 11 | | | | 44.55 | 11 | | | | |
| 6 | 51 | Alistair Williamson | Kent | | | | | | | | | | | | | | |
| 7 | 19 | Matt Lambley | Yorkshire | 56.69 | 56.91 | NT | 56.91 | 7 | NT | 56.08 | NT | 56.91 | 8 | | | | |
| 8 | 6 | Andy Frost | Hampshire | 67.48 | 67.23 | 65.99 | 67.48 | 1 | 64.19 | NT | 64.13 | 67.48 | 2 | | | | |
| 9 | 1 | glen kerr | Bedfordshire | NT | 60.97 | 58.04 | 60.97 | 4 | NT | 60.03 | NT | 60.97 | 4 | | | | |
| 10 | 5 | Mike Floyd | Greater Manchester | NT | NT | 64.11 | 64.11 | 2 | 67.74 | 65.83 | 64.66 | 67.74 | 1 | | | | |
| 11 | 13 | andrew smith | North Eastern Counties | | | | | | | | | | | | | | |
| 12 | 21 | Kieron Mason | Buckinghamshire | NT | RET | | | | | | | | | | | | |
| 13 | 38 | Matthew Richards | West Wales | 52.71 | NT | 53.05 | 53.05 | 9 | | | | 53.05 | 9 | | | | |
| 14 | 15 | Craig Ellams | Staffordshire | 57.41 | NT | NT | 57.41 | 6 | NT | NT | NT | 57.41 | 7 | | | | |
| 15 | 32 | Matthew Bell | Northamptonshire | 59.90 | NT | 58.34 | 59.90 | 5 | NT | NT | NT | 59.90 | 5 | | | | |
| 16 | | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | | |
|--------|-----|---------------|--------------------|----------|--------|-----|------------------|-----------------|----------|---------------------|--|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | | |
| 1 | 5 | Mike Floyd | Greater Manchester | 67.74 | 9 | 38 | Matthew Richards | West Wales | 53.05 | | | |
| 2 | 6 | Andy Frost | Hampshire | 67.48 | 10 | 31 | sam coe | Norfolk | 52.61 | | | |
| 3 | 3 | Simon Bown | Essex | 66.04 | 11 | 50 | Sean Penny | Gloucestershire | 44.55 | | | |
| 4 | 1 | glen kerr | Bedfordshire | 60.97 | 12 | | | | | | | |
| 5 | 32 | Matthew Bell | Northamptonshire | 59.90 | 13 | | | | | | | |
| 6 | 8 | Graham Holder | Kent | 57.83 | 14 | | | | | REFEREE'S SIGNATURE | | |
| 7 | 15 | Craig Ellams | Staffordshire | 57.41 | 15 | | | | | | | |
| 8 | 19 | Matt Lambley | Yorkshire | 56.91 | 16 | | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28, 2007 | | | | | | |
|---------|----|---|------|-----------|-----------|-----------------------|--------------|----------------------------|-----------|----------------------|-----------|-------------|-------------------|--------|---|--|
| EVENT | | F37 Men'S U20 Guest Hammer | | TIME | | 13:00 | CAU Standard | | UK Best | | | | | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | |
| 1 | 51 | Alistair Williamson | Kent | NT | 60.31 | NT | 60.31 | 1 | 58.68 | NT | NT | 60.31 | 1 | | | |
| 2 | | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | | | |
| 12 | | | | | | | | | | | | | | | | |
| 13 | | | | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | 57.41 | | | | |
| 15 | | | | | | | | | | | | 59.90 | | | | |
| 16 | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|---------------------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 51 | Alistair Williamson | Kent | 60.31 | 9 | | | | | | |
| 2 | | | | 59.90 | 10 | | | | | | |
| 3 | | | | 57.41 | 11 | | | | | | |
| 4 | | | | | 12 | | | | | | |
| 5 | | | | | 13 | | | | | | |
| 6 | | | | | 14 | | | | | | |
| 7 | | | | | 15 | | | | | REFEREE'S SIGNATURE | |
| 8 | | | | | 16 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28, 2007 | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|--------------|-------------------------|-----------|----------------------|-----------|-------------------------------------|----------------|--------|---|
| EVENT | | F40 Men's Long Jump | | TIME | | 14:00 | CAU Standard | 7.30m | | UK Best | | Alan Lerwill (Hampshire) 8.15m 1972 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B |
| 1 | 4 | Stephen Fleming | East District Scotland | NJ | NJ | 7.27 | 7.27 | 2 | 7.07 | 7.09 | 6.97 | 7.27 | 4 | | |
| 2 | 15 | Leigh Smith | Staffordshire | NJ | 7.18 | 7.08 | 7.18 | 3 | 6.90 | RET | | 7.18 | 5 | | |
| 3 | 21 | Andrew Bell | Buckinghamshire | 4.95 | 6.74 | 6.39 | 6.74 | 10 | | | | 6.74 | 12 | | |
| 4 | 26 | Steve Small | Dorset | 6.90 | 7.05 | 6.73 | 7.05 | 6 | RET | | | 7.05 | 8 | | |
| 5 | 39 | Oliver Mcneillis | Worcestershire | 6.62 | NJ | 5.45 | 6.62 | 14 | | | | 6.62 | 16 | | |
| 6 | 63 | mark holloway | Berkshire | 6.24 | 6.44 | 6.33 | 6.44 | 16 | | | | 6.44 | 19 | | |
| 7 | 53 | Ezekiel Ewulo | Surrey | NJ | 6.86 | 5.58 | 6.86 | 9 | | | | 6.86 | 10 | | |
| 8 | 30 | Lee Beaymire | Humberside | 6.52 | 6.79 | 6.87 | 6.87 | 8 | | | | 6.87 | 9 | | |
| 9 | 19 | Chris Kirk | Yorkshire | 5.74 | 5.71 | 7.17 | 7.17 | 4 | RET | | | 7.17 | 6 | | |
| 10 | 8 | Matt Hulyer | Kent | 4.64 | 6.23 | 6.32 | 6.32 | 17 | | | | 6.32 | 20 | | |
| 11 | 1 | Joe Steele | Bedfordshire | | | | | | | | | | | | |
| 12 | 6 | Darragh O'farrell | Hampshire | | | | | | | | | | | | |
| 13 | 17 | jamie blundell | Warwickshire | 6.72 | 6.55 | 6.33 | 6.72 | 11 | | | | 6.72 | 13 | | |
| 14 | 50 | Roger Skedd | Cheshire | | | | | | | | | | | | |
| 15 | 33 | Matt Woolley | Nottinghamshire | 6.09 | 6.16 | 5.98 | 6.16 | 19 | | | | 6.16 | 22 | | |
| 16 | 54 | Adrian Phillips | Middlesex | 6.56 | 6.53 | 6.68 | 6.68 | 13 | | | | 6.68 | 15 | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-----------------|------------------------|----------|--------|-----|-------------------|-----------------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 23 | Elliott O'Neill | Cheshire | 7.38 | 9 | 30 | Lee Beaymire | Humberside | 6.87 | | |
| 2 | 12 | andre fernandez | Middlesex | 7.30 | 10 | 53 | Ezekiel Ewulo | Surrey | 6.86 | | |
| 3 | 3 | JJ Jegede | Essex | 7.28 | 11 | 55 | Richard Danso | Surrey | 6.75 | | |
| 4 | 4 | Stephen Fleming | East District Scotland | 7.27 | 12 | 21 | Andrew Bell | Buckinghamshire | 6.74 | | |
| 5 | 15 | Leigh Smith | Staffordshire | 7.18 | 13 | 17 | jamie blundell | Warwickshire | 6.72 | REFEREE'S SIGNATURE | |
| 6 | 19 | Chris Kirk | Yorkshire | 7.17 | 14 | 36 | Andrew Nicholsonj | Sussex | 6.70 | | |
| 7 | 52 | Phil Idowu | Middlesex | 7.12 | 15 | 54 | Adrian Phillips | Middlesex | 6.68 | | |
| 8 | 26 | Steve Small | Dorset | 7.05 | 16 | 39 | Oliver Mcneillis | Worcestershire | 6.62 | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28 2007 | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|----------------------------|-----------|---------------------|-----------|-------------------------------------|-------------------|--------|---|
| EVENT | | F40 Men's Long Jump | | TIME | | 14:00 | CBP | | 7.30m | UK Best | | Alan Lerwill (Hampshire) 8.15m 1972 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | 36 | Andrew Nicholsonj | Sussex | 6.70 | 6.49 | 6.62 | 6.70 | 12 | | | | 6.70 | 14 | | |
| 2 | 16 | James Heptonstall | Surrey | 6.37 | 6.48 | 6.31 | 6.48 | 15 | | | | 6.48 | 18 | | |
| 3 | 3 | JJ Jegede | Essex | NJ | NJ | 6.89 | 6.89 | 7 | 7.28 | NJ | 7.17 | 7.28 | 3 | | |
| 4 | 22 | Andrew Bullimore | Cambridgeshire | 3.93 | 6.24 | RET | 6.24 | 18 | | | | 6.24 | 21 | | |
| 5 | 52 | Phil Idowu | Middlesex | 7.10 | 7.12 | NJ | 7.12 | 5 | RET | | | 7.12 | 7 | | |
| 6 | 12 | andre fernandez | Middlesex | 7.06 | 7.30 | NJ | 7.30 | 1 | 7.07 | RET | | 7.30 | 2 | | |
| 7 | 2 | neil barton | Berkshire | | | | | | | | | | | | |
| 8 | 13 | suote nyananyo | North Eastern Counties | 5.97 | RET | | 5.97 | 20 | | | | 5.97 | 23 | | |
| 9 | 7 | Ian Simpson | herts | 6.23 | 6.58 | 6.39 | 6.58 | 17 | | | | 6.58 | 17 | | |
| 10 | 23 | Elliott O'Neill | Cheshire | 7.21 | 7.01 | 7.23 | 7.23 | 3 | NJ | 7.33 | 7.38 | 7.38 | 1 | | |
| 11 | 55 | Richard Danso | Surrey | NJ | 4.5 | 6.75 | 6.75 | 11 | | | | 6.75 | 11 | | |
| 12 | | | | | | | | | | | | | | | |
| 13 | | | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-------------------|------------------------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | 7 | Ian Simpson | herts | 6.58 | 25 | | | | | | |
| 18 | 16 | James Heptonstall | Surrey | 6.48 | 26 | | | | | | |
| 19 | 63 | mark holloway | Berkshire | 6.44 | 27 | | | | | | |
| 20 | 8 | Matt Hulyer | Kent | 6.32 | 28 | | | | | | |
| 21 | 22 | Andrew Bullimore | Cambridgeshire | 6.24 | 29 | | | | | | |
| 22 | 33 | Matt Woolley | Nottinghamshire | 6.16 | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | 13 | suote nyananyo | North Eastern Counties | 5.97 | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Monday, May 28, 2007 | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|--------------|----------------------------|-----------|----------------------|-----------|-------------------------------------|-------------------|--------|---|
| EVENT | | F40 Men's Long Jump | | TIME | | 14:00 | CAU Standard | 7.30m | | UK Best | | Alan Lerwill (Hampshire) 8.15m 1972 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A |
| 1 | 4 | Stephen Fleming | East District Scotland | +2.7 | +5.0 | | | | | | | | | | |
| 2 | 15 | Leigh Smith | Staffordshire | +2.1 | +4.9 | | | | | | | | | | |
| 3 | 21 | Andrew Bell | Buckinghamshire | +3.7 | +2.1 | | | | | | | | | | |
| 4 | 26 | Steve Small | Dorset | +4.8 | +3.6 | | | | | | | | | | |
| 5 | 39 | Oliver Mcneillis | Worcestershire | +2.5 | +2.0 | WIND GAUGE FAILED | | | | | | | | | |
| 6 | 63 | mark holloway | Berkshire | +2.7 | +2.0 | | | | | | | | | | |
| 7 | 53 | Ezekiel Ewulo | Surrey | +4.6 | +2.8 | | | | | | | | | | |
| 8 | 30 | Lee Beaymire | Humberside | +3.3 | | | | | | | | | | | |
| 9 | 19 | Chris Kirk | Yorkshire | +6.9 | | | | | | | | | | | |
| 10 | 8 | Matt Hulyer | Kent | +1.9 | | | | | | | | | | | |
| 11 | 1 | Joe Steele | Bedfordshire | | | | | | | | | | | | |
| 12 | 6 | Darragh O'farrell | Hampshire | | | | | | | | | | | | |
| 13 | 17 | jamie blundell | Warwickshire | +7.0 | | | | | | | | | | | |
| 14 | 50 | Roger Skedd | Cheshire | | | | | | | | | | | | |
| 15 | 33 | Matt Woolley | Nottinghamshire | | | | | | | | | | | | |
| 16 | 54 | Adrian Phillips | Middlesex | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | | | | | 9 | | | | | | |
| 2 | | | | | 10 | | | | | | |
| 3 | | | | | 11 | | | | | | |
| 4 | | | | | 12 | | | | | | |
| 5 | | | | | 13 | | | | | | |
| 6 | | | | | 14 | | | | | REFEREE'S SIGNATURE | |
| 7 | | | | | 15 | | | | | | |
| 8 | | | | | 16 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | | VENUE | | Bedford International | | DATE | | Monday, May 28 2007 | | | | | |
|---------|----|---|------------------------|-----------|-------------------|-----------|-----------------------|----------------------------|-----------|-----------|---------------------|-------------|-------------------------------------|--------|---|---|
| EVENT | | F40 Men's Long Jump | | | TIME | | 14:00 | CBP | | 7.30m | UK Best | | Alan Lerwill (Hampshire) 8.15m 1972 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | A | B |
| 1 | 36 | Andrew Nicholsonj | Sussex | | | | | | | | | | | | | |
| 2 | 16 | James Heptonstall | Surrey | +4.6 | | | | | | | | | | | | |
| 3 | 3 | JJ Jegede | Essex | +3.9 | | | | | | | | | | | | |
| 4 | 22 | Andrew Bullimore | Cambridgeshire | +4.3 | WIND GAUGE FAILED | | | | | | | | | | | |
| 5 | 52 | Phil Idowu | Middlesex | +1.9 | | | | | | | | | | | | |
| 6 | 12 | andre fernandez | Middlesex | +2.6 | | | | | | | | | | | | |
| 7 | 2 | neil barton | Berkshire | | | | | | | | | | | | | |
| 8 | 13 | suote nyananyo | North Eastern Counties | +2.5 | | | | | | | | | | | | |
| 9 | 7 | Ian Simpson | herts | +2.1 | | | | | | | | | | | | |
| 10 | 23 | Elliott O'Neill | Cheshire | +4.3 | | | | | | | | | | | | |
| 11 | 55 | Richard Danso | Surrey | +5.2 | | | | | | | | | | | | |
| 12 | | | | | | | | | | | | | | | | |
| 13 | | | | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------|------|----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | | | | | 25 | | | | | | |
| 18 | | | | | 26 | | | | | | |
| 19 | | | | | 27 | | | | | | |
| 20 | | | | | 28 | | | | | | |
| 21 | | | | | 29 | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|-----------------------------------|---|--|
| EVENT | | F45 Men's Javelin | | TIME | | 15:00 | | CAU Standard | | 62.00m | | UK Best | | Mick Hill (Yorkshire) 83.60m 1994 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | |
| 1 | 4 | Chris Smith | East District Scotland | 61.44 | NT | NT | 61.44 | 6 | 56.34 | NT | 60.14 | 61.44 | 7 | | | |
| 2 | 8 | Dominik Sadowski | Kent | 64.77 | NT | NT | 64.77 | 2 | RET | | | 64.77 | 4 | | | |
| 3 | 13 | ian burns | North Eastern Counties | | | | | | | | | | | | | |
| 4 | 19 | David Parker | Yorkshire | 67.94 | NT | NT | 67.94 | 1 | NT | NT | N | 67.94 | 1 | | | |
| 5 | 25 | Simon Bennett | Devon | 54.57 | RET | | 54.57 | 15 | | | | 54.57 | 16 | | | |
| 6 | 35 | Jason Hallett | South Wales | NT | 49.01 | NT | 49.01 | 21 | | | | 49.01 | 22 | | | |
| 7 | 38 | Rhys Williams | West Wales | 57.54 | 58.28 | NT | 58.28 | 11 | | | | 58.28 | 12 | | | |
| 8 | 53 | Dave McKay | Cheshire | 62.89 | 57.94 | NT | 62.89 | 3 | NT | 62.41 | 58.69 | 62.89 | 5 | | | |
| 9 | 51 | David Sketchley | Essex | NT | 52.65 | 52.58 | 52.65 | 18 | | | | 52.65 | 19 | | | |
| 10 | 36 | Joe Waller | Sussex | 57.17 | NT | NT | 57.17 | 14 | | | | 57.17 | 15 | | | |
| 11 | 28 | James Campbell | Gloucestershire | NT | 60.52 | Metres | 60.52 | 7 | 60.19 | 61.02 | 58.93 | 61.02 | 8 | | | |
| 12 | 23 | Dorel Greta | Cheshire | 61.21 | 61.98 | 62.86 | 62.86 | 4 | 63.26 | NT | 67.13 | 67.13 | 3 | | | |
| 13 | 16 | Felix Hatton | Surrey | 61.75 | NT | | 61.75 | 5 | NT | RET | | 61.75 | 6 | | | |
| 14 | 11 | Ben Fisher | Merseyside | NT | 53.10 | NT | 53.10 | 17 | | | | 53.10 | 18 | | | |
| 15 | 3 | John Lundman | Essex | 49.03 | NT | 50.37 | 50.37 | 20 | | | | 50.37 | 21 | | | |
| 16 | 1 | gavin fordham | Bedfordshire | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|------------------|------------------------|----------|--------|-----|-------------------|-----------------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 1 | 19 | David Parker | Yorkshire | 67.94 | 9 | 37 | James Hopley | Shropshire | 60.21 | | |
| 2 | | neil mcclellan | Hertfordshire | 67.32 | 10 | 21 | Mervyn Luckwell | Buckinghamshire | 59.54 | | |
| 3 | 23 | Dorel Greta | Cheshire | 67.13 | 11 | 9 | Phil Sharpe | Lancashire | 59.21 | | |
| 4 | 8 | Dominik Sadowski | Kent | 64.77 | 12 | 38 | Rhys Williams | West Wales | 58.28 | | |
| 5 | 53 | Dave McKay | Cheshire | 62.89 | 13 | 17 | glyn hollingworth | Warwickshire | 58.21 | REFEREE'S SIGNATURE | |
| 6 | 16 | Felix Hatton | Surrey | 61.75 | 14 | 52 | Christopher Dack | Surrey | 57.54 | | |
| 7 | 4 | Chris Smith | East District Scotland | 61.44 | 15 | 36 | Joe Waller | Sussex | 57.17 | | |
| 8 | 28 | James Campbell | Gloucestershire | 61.02 | 16 | 25 | Simon Bennett | Devon | 54.57 | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | | VENUE | | Bedford International | | DATE | | Sunday, May 27 2007 | | | | |
|---------|----|---|-----------------|-----------|-----------|-----------|-----------------------|----------------------------|-----------|-----------|---------------------|-------------|-----------------------------------|--------|--------|
| EVENT | | F45 Men's Javelin | | | TIME | | 15:00 | CBP | | 62.00m | UK Best | | Mick Hill (Yorkshire) 83.60m 1994 | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | Metres | Metres |
| 1 | 6 | Jamie Brody | Hampshire | 53.41 | 51.22 | NT | 53.41 | 16 | | | | 53.41 | 17 | | |
| 2 | 12 | Chris hughff | Middlesex | NT | RET | | | | | | | | | | |
| 3 | 21 | Mervyn Luckwell | Buckinghamshire | 59.54 | NT | | 59.54 | 9 | | | | 59.54 | 10 | | |
| 4 | 33 | Chris Eden | Nottinghamshire | 50.86 | 52.21 | 50.16 | 52.21 | 19 | | | | 52.21 | 20 | | |
| 5 | 37 | James Hopley | Shropshire | 58.56 | 59.66 | 60.21 | 60.21 | 8 | | | | 60.21 | 9 | | |
| 6 | 52 | Christopher Dack | Surrey | 55.12 | 57.54 | 51.31 | 57.54 | 13 | | | | 57.54 | 14 | | |
| 7 | 17 | glyn hollingworth | Warwickshire | NT | 58.21 | 57.56 | 58.21 | 12 | | | | 58.21 | 13 | | |
| 8 | 9 | Phil Sharpe | Lancashire | 58.42 | 57.08 | 59.21 | 59.21 | 10 | | | | 59.21 | 11 | | |
| 9 | 7 | neil mcclellan | Hertfordshire | 67.32 | 64.34 | 66.49 | 67.32 | 2 | 67.00 | 62.97 | 65.53 | 67.32 | 2 | | |
| 10 | | | | | | | | | | | | | | | |
| 11 | | | | | | | | | | | | | | | |
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| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-----------------|-----------------|-----------|--------|-----|------|------|----------|---------------------|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | |
| 17 | 6 | Jamie Brody | Hampshire | 53.41 | 25 | | | | | | |
| 18 | 11 | Ben Fisher | Merseyside | #N/A #N/A | 26 | | | | | | |
| 19 | 51 | David Sketchley | Essex | 52.65 | 27 | | | | | | |
| 20 | 33 | Chris Eden | Nottinghamshire | 52.21 | 28 | | | | | | |
| 21 | 3 | John Lundman | Essex | 50.37 | 29 | | | | | | |
| 22 | 35 | Jason Hallett | South Wales | 49.01 | 30 | | | | | REFEREE'S SIGNATURE | |
| 23 | | | | | 31 | | | | | | |
| 24 | | | | | 32 | | | | | | |

UK ATHLETICS: DISTANCE CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | | Bedford International | | DATE | | Sunday, May 27, 2007 | | | | | | | |
|---------|----|---|------------------------|-----------|-----------|-----------------------|-----------|-------------------------|-----------|----------------------|-----------|-------------|----------------|-----------------------------------|---|--|--|
| EVENT | | F47 Women's Shot | | TIME | | 15:30 | | CAU Standard | | 12.30m | | UK Best | | Joanne Duncan (Essex) 17.11m 2006 | | | |
| Order | No | NAME | CLUB | 1st Trial | 2nd Trial | 3rd Trial | Best of 3 | Position after 3 Trials | 4th Trial | 5th Trial | 6th Trial | Best of All | Final Position | A or B | | | |
| | | | | Metres | Metres | Metres | Metres | | Metres | Metres | Metres | Metres | | A | B | | |
| 1 | 1 | Ros Gonse | Bedfordshire | 10.91 | 10.79 | 11.15 | 11.15 | 10 | | | | 11.15 | 10 | | | | |
| 2 | 11 | Jemma Llewelyn | Merseyside | 10.68 | NT | NT | 10.68 | 11 | | | | 10.68 | 11 | | | | |
| 3 | 19 | amy hill | Yorkshire | 11.97 | 11.98 | 11.90 | 11.98 | 7 | 12.13 | 12.54 | 12.51 | 12.54 | 5 | | | | |
| 4 | 42 | Rebecca Hall | Lincolnshire | 11.23 | 10.93 | NT | 11.23 | 9 | | | | 11.23 | 9 | | | | |
| 5 | 62 | Hannah Evenden | Yorkshire | 11.21 | 11.24 | 11.12 | 11.24 | 8 | NT | 11.65 | 11.82 | 11.82 | 8 | | | | |
| 6 | 50 | Eden Francis | Leicestershire | 14.18 | NT | NT | 14.18 | 2 | 14.23 | 13.56 | 14.39 | 14.39 | 2 | | | | |
| 7 | 24 | Rebecca Peake | Derbyshire | 14.81 | NT | 15.25 | 15.25 | 1 | NT | NT | 15.26 | 15.26 | 1 | | | | |
| 8 | 13 | claire reid | North Eastern Counties | 9.78 | 9.72 | 10.18 | 10.18 | 13 | | | | 10.18 | 13 | | | | |
| 9 | 6 | Charmaine Johnson | Hampshire | 10.46 | 10.66 | 10.36 | 10.66 | 12 | | | | 10.66 | 12 | | | | |
| 10 | 16 | Eleanor Gatrell | Surrey | 13.88 | 13.61 | 13.63 | 13.88 | 3 | 13.70 | 14.00 | 13.85 | 14.00 | 4 | | | | |
| 11 | 7 | Shelley McLellan | Hertfordshire | 11.84 | 11.53 | 12.06 | 12.06 | 6 | 11.39 | 11.78 | 11.60 | 12.06 | 7 | | | | |
| 12 | 46 | Sophie Thomas | Wiltshire | | | | | | | | | | | | | | |
| 13 | 32 | Lauren Boyd | Northamptonshire | 9.77 | 9.17 | 9.23 | 9.77 | 14 | | | | 9.77 | 14 | | | | |
| 14 | 8 | Hannah Brown | Kent | NT | 12.54 | NT | 12.54 | 5 | 11.89 | 12.10 | NT | 12.54 | 6 | | | | |
| 15 | 22 | Chloe Edwards | Cambs | 13.26 | 13.66 | 13.12 | 13.66 | 4 | 14.16 | 14.02 | NT | 14.16 | 3 | | | | |
| 16 | | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | | |
|--------|-----|------------------|----------------|----------|--------|-----|-------------------|------------------------|----------|---------------------|--|--|
| Posn | No. | NAME | CLUB | DISTANCE | Posn | No. | NAME | CLUB | DISTANCE | | | |
| 1 | 24 | Rebecca Peake | Derbyshire | 15.26 | 9 | 42 | Rebecca Hall | Lincolnshire | 11.23 | | | |
| 2 | 50 | Eden Francis | Leicestershire | 14.39 | 10 | 1 | Ros Gonse | Bedfordshire | 11.15 | | | |
| 3 | 22 | Chloe Edwards | Cambs | 14.16 | 11 | 11 | Jemma Llewelyn | Merseyside | 10.68 | | | |
| 4 | 16 | Eleanor Gatrell | Surrey | 14.00 | 12 | 6 | Charmaine Johnson | Hampshire | 10.66 | | | |
| 5 | 19 | amy hill | Yorkshire | 12.54 | 13 | 13 | claire reid | North Eastern Counties | 10.18 | | | |
| 6 | 8 | Hannah Brown | Kent | 12.54 | 14 | 32 | Lauren Boyd | Northamptonshire | 9.77 | REFEREE'S SIGNATURE | | |
| 7 | 7 | Shelley McLellan | Hertfordshire | 12.06 | 15 | | | | | | | |
| 8 | 62 | Hannah Evenden | Yorkshire | 11.82 | 16 | | | | | | | |

UK ATHLETICS: HEIGHT CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | Bedford International Athletics Stadium | | | | | | | | DATE | Sunday, May 27, 2007 | | | | | | | |
|---------|----|---|------------------------|--------|---|--------|--------------|--------|--------|--------|--------|--------|-------------|-----------------------------------|-------|-------------------|--------|-------------------|--------|--------|--------|
| EVENT | | F4 Men's High Jump | | TIME | 11:15 | | CAU Standard | | | 2.05m | | CBP | | Dalton Grant, (Essex), 2.28m 1992 | | | | | | | |
| Order | No | NAME | CLUB | 1.85 | 1.90 | 1.95 | 2.00 | 2.05 | 2.09 | 2.12 | 2.15 | 2.20 | Best of All | Trials at Ht Cleared | total | Failures total | Trials | Final Position | A or B | | |
| | | | | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | | | | | | | | Metres | Metres |
| 1 | 13 | lloyd Powell | North Eastern Counties | | | | | | | | | | | | | | | | | | |
| 2 | 17 | tim payne | Warwickshire | | | | | | | | | | | | | | | | | | |
| 3 | 37 | Steven Ridgway | Shropshire | | 0 | XXX | | | | | | | 1.90 | | | | | 9 | | | |
| 4 | 6 | simon phelan | Hampshire | | | | 0 | XXX | | | | | 2.00 | | | | | 6 | | | |
| 5 | 16 | matt roberts | Surrey | | | | XX0 | 0 | 0 | XX0 | XXX | | 2.12 | | | | | 2 | | | |
| 6 | 3 | Darryl Stone | Essex | | | | X0 | XXX | | | | | 2.00 | | | | | 7 | | | |
| 7 | 47 | Mark Crowley | #N/A | | | | X0 | 0 | X0 | XXX | | | 2.09 | | | | | 4 | | | |
| 8 | 8 | Martin Lloyd | Kent | | | | 0 | 0 | 0 | XXX | | | 2.09 | | | | | 3 | | | |
| 9 | 31 | Chris Baker | Norfolk | 0 | 0 | 0 | XXX | | | | | | 1.95 | | | | | 8 | | | |
| 10 | 21 | Alan McKie | Buckinghamshire | | 0 | 0 | 0 | X0 | X0 | XXX | | | 2.09 | | | | | 4 | | | |
| 11 | 7 | Adam Scarr | Hertfordshire | | | | | 0 | X0 | | XX0 | XXX | 2.15 | | | | | 1 | | | |
| 12 | | | | | | | | | | | | | | | | | | | | | |
| 13 | | | | | | | | | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | | | | | | | | | |
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| 16 | | | | | | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | | | | |
|--------|-----|--------------|-----------------|--------|--------|-----|----------------|------------|--------|--------------------|--|--|--|--|
| Posn | No. | NAME | CLUB | HEIGHT | Posn | No. | NAME | CLUB | HEIGHT | | | | | |
| 1 | 7 | Adam Scarr | Hertfordshire | 2.15 | 9 | 37 | Steven Ridgway | Shropshire | 1.90 | | | | | |
| 2 | 16 | matt roberts | Surrey | 2.12 | 10 | | | | | | | | | |
| 3 | 8 | Martin Lloyd | Kent | 2.09 | 11 | | | | | | | | | |
| 4= | 47 | Mark Crowley | | 2.09 | 12 | | | | | | | | | |
| 4= | 21 | Alan McKie | Buckinghamshire | 2.09 | 13 | | | | | | | | | |
| 6 | 6 | simon phelan | Hampshire | 2.00 | 14 | | | | | | | | | |
| 7 | 3 | Darryl Stone | Essex | 2.00 | 15 | | | | | | | | | |
| 8 | 31 | Chris Baker | Norfolk | 1.95 | 16 | | | | | | | | | |

UK ATHLETICS: HEIGHT CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | Bedford International Athletics Stadium | | | | | | | | DATE | Sunday, May 27, 2007 | | | | | | | | | |
|---------|----|---|------------------|--------|---|--------------|--------|--------|--------|--------|--------|---|--------|----------------------|--------|-------------|-------------------------|-------|----------|-------|--------|-------------------|--------|
| EVENT | | F5 Men's Pole Vault | | TIME | 11:30 | CAU Standard | | | 4.60m | CBP | | Neil Winter (Avon)/Paul Williamson (Humberside) 5.40m 1995/1997 | | | | | | | | | | | |
| Order | No | NAME | CLUB | 4.10 | 4.30 | 4.5 | 4.70 | 4.90 | 5.00 | | | | | | | Best of All | Trials at Ht Cleared | Total | Failures | Total | Trials | Final Position | A or B |
| | | | | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | | | | | | | |
| 1 | 7 | Lee Cordell | Hertfordshire | XXX | | | | | | | | | | | | | | | | | | | |
| 2 | 32 | john murray | Northamptonshire | XXR | | | | | | | | | | | | | | | | | | | |
| 3 | 3 | michael read | Essex | XXX | | | | | | | | | | | | | | | | | | | |
| 4 | 60 | robert thickpenny | Essex | | XXX | | | | | | | | | | | | | | | | | | |
| 5 | 16 | sam colgate | Surrey | | XO | XXR | | | | | | | | | | 4.30 | | | | | | 2 | |
| 6 | 47 | Laurie Needham | | XXX | | | | | | | | | | | | | | | | | | | |
| 7 | 12 | Chris Mills | Middlesex | 0 | XXR | | | | | | | | | | | 4.10 | | | | | | 3 | |
| 8 | 19 | luke cutts | Yorkshire | | | | | | XXX | | | | | | | | | | | | | | |
| 9 | 20 | Doug Scowan-Reed | | XXO | XXX | | | | | | | | | | | 4.10 | | | | | | 4 | |
| 10 | 8 | Scott Huggins | Kent | 0 | 0 | 0 | 0 | XXR | | | | | | | | 4.70 | | | | | | 1 | |
| 11 | 39 | adam turvey | Worcestershire | XXX | | | | | | | | | | | | | | | | | | | |
| 12 | 61 | tom crawford | Surrey | XXX | | | | | | | | | | | | | | | | | | | |
| 13 | 17 | ryszard buk | Surrey | | XXX | | | | | | | | | | | | | | | | | | |
| 14 | | | | | | | | | | | | | | | | | | | | | | | |
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| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | | |
|--------|-----|------------------|-----------|--------|--------|-----|------|------|--------|--------------------|--|--|
| Posn | No. | NAME | CLUB | HEIGHT | Posn | No. | NAME | CLUB | HEIGHT | | | |
| 1 | 8 | Scott Huggins | Kent | 4.70 | 9 | | | | | | | |
| 2 | 16 | sam colgate | Surrey | 4.30 | 10 | | | | | | | |
| 3 | 12 | Chris Mills | Middlesex | 4.10 | 11 | | | | | | | |
| 4 | 20 | Doug Scowan-Reed | | 4.10 | 12 | | | | | | | |
| 5 | | | | | 13 | | | | | | | |
| 6 | | | | | 14 | | | | | | | |
| 7 | | | | | 15 | | | | | | | |
| 8 | | | | | 16 | | | | | | | |

UK ATHLETICS: HEIGHT CARD

| MEETING | | UK Inter Counties Athletics Championships | | VENUE | Bedford International Athletics Stadium | | | | | | | | DATE | Monday, May 28, 2007 | | | | | | | | | |
|---------|----|---|--------------------|--------|---|--------|--------------|--------|--------|--------|--------|--------|--------|-----------------------------------|--------|-------------|-------------------------|-------|-------------------|--------|-------------------|--------|--------|
| EVENT | | F30 Women's High Jump | | TIME | 11:15 | | CAU Standard | | | 1.66 | | CBP | | Julia Bennett (Surrey) 1.86m 2004 | | | | | | | | | |
| Order | No | NAME | CLUB | 1.55 | 1.60 | 1.65 | 1.70 | 1.75 | 1.80 | 1.83 | | | | | | Best of All | Trials at Ht Cleared | Total | Failures Total | Trials | Final Position | A or B | |
| | | | | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | | | | | | | Metres |
| 1 | 6 | Suaron Woolrich | Hampshire | | | | | | | | | | | | | | | | | | | | |
| 2 | 16 | Julia Bennett | Surrey | | | 0 | XXO | XXX | | | | | | | | 1.70 | | | | | 4 | | |
| 3 | 35 | sharon heveran | South Wales | | | 0 | 0 | XXR | | | | | | | | 1.70 | | | | | 3 | | |
| 4 | 42 | vikki hubbard | Lincolnshire | | | 0 | 0 | XXO | XXX | | | | | | | 1.75 | | | | | 2 | | |
| 5 | 37 | Bethan Partridge | Shropshire | 0 | XXO | XXX | | | | | | | | | | 1.60 | | | | | 10 | | |
| 6 | 19 | adele lassu | Yorkshire | | 0 | XO | XXX | | | | | | | | | 1.65 | | | | | 6 | | |
| 7 | 5 | Susan Moncrieff | Greater Manchester | | | | 0 | 0 | 0 | XXX | | | | | | 1.80 | | | | | 1 | | |
| 8 | 8 | Katie Hamilton | Kent | XXX | | | | | | | | | | | | | | | | | | | |
| 9 | 21 | Lucy Hodgins | Buckinghamshire | 0 | XXO | XXX | | | | | | | | | | 1.60 | | | | | 10 | | |
| 10 | 50 | Charis O'Connor | Surrey | | | XXO | XXX | | | | | | | | | 1.65 | | | | | 7 | | |
| 11 | 38 | Ceri Stokoe | West Wales | 0 | 0 | XXX | | | | | | | | | | 1.60 | | | | | 8 | | |
| 12 | 3 | Gemma Granger | Essex | 0 | 0 | XXX | | | | | | | | | | 1.60 | | | | | 8 | | |
| 13 | 12 | eloise newman | Middlesex | 0 | 0 | 0 | XXX | | | | | | | | | 1.65 | | | | | 5 | | |
| 14 | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | | | | | | | | | |

| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | |
|--------|-----|-----------------|--------------------|--------|--------|-----|------------------|-----------------|--------|---------------------|--|
| Posn | No. | NAME | CLUB | HEIGHT | Posn | No. | NAME | CLUB | HEIGHT | | |
| 1 | 5 | Susan Moncrieff | Greater Manchester | 1.80 | 8= | 3 | Gemma Granger | Essex | 1.60 | | |
| 2 | 42 | vikki hubbard | Lincolnshire | 1.75 | 10= | 37 | Bethan Partridge | Shropshire | 1.60 | | |
| 3 | 35 | sharon heveran | South Wales | 1.70 | 10= | 21 | Lucy Hodgins | Buckinghamshire | 1.60 | | |
| 4 | 16 | Julia Bennett | Surrey | 1.70 | 12 | | | | | | |
| 5 | 12 | eloise newman | Middlesex | 1.65 | 13 | | | | | | |
| 6 | 19 | adele lassu | Yorkshire | 1.65 | 14 | | | | | REFEREE'S SIGNATURE | |
| 7 | 50 | Charis O'Connor | Surrey | 1.65 | 15 | | | | | | |
| 8= | 38 | Ceri Stokoe | West Wales | 1.60 | 16 | | | | | | |

UK ATHLETICS: HEIGHT CARD

| MEETING | | UK Inter Counties Athletics Championships | | | | VENUE | Bedford International Athletics Stadium | | | | | | DATE | 28 May 2007 | | | | | | | | | | | | | | | |
|---------|----|---|------|--------|--------|--------|---|--------|--------------|--------|--------|--------|--------|-------------|-----------------------------------|--------|-------------|-----------|------------|--------|----------|-------|--------|-------|----------|--|--------|--|--|
| EVENT | | F30 Women's High Jump | | | | TIME | 11:15 | | CAU Standard | | | 1.66 | CBP | | Julia Bennett (Surrey) 1.86m 2004 | | | | | | | | | | | | | | |
| Order | No | NAME | CLUB | 1.55 | | | | | | | | | | | | | Best of All | Trials at | Ht Cleared | total | Failures | total | Trials | Final | Position | | A or B | | |
| | | | | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | Metres | | | | | | | | | |
| 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| RESULT | | | | | RESULT | | | | | JUDGES' SIGNATURES | | | | |
|--------|-----|------|------|--------|--------|-----|------|------|--------|---------------------|--|--|--|--|
| Posn | No. | NAME | CLUB | HEIGHT | Posn | No. | NAME | CLUB | HEIGHT | | | | | |
| 17 | | | | | 25 | | | | | | | | | |
| 18 | | | | | 26 | | | | | | | | | |
| 19 | | | | | 27 | | | | | | | | | |
| 20 | | | | | 28 | | | | | | | | | |
| 21 | | | | | 29 | | | | | | | | | |
| 22 | | | | | 30 | | | | | REFEREE'S SIGNATURE | | | | |
| 23 | | | | | 31 | | | | | | | | | |
| 24 | | | | | 32 | | | | | | | | | |

