



Kinnaird Trophy 14th April 2007 Kingsmeadow Track Results
 Contributed by DB
 Herewith

KINNAIRD TROPHY 2007 RESULTS

100m A

1 Ben Richardson	Ach	11.1
2 Neil Francis	B&B	11.1
3 David Cook	HW	11.2
4 Farren Griffiths-Moore	E&E	11.3
5 James Heptonstall	K&P	11.4
6 Delroy Mitchell	TVH	11.5

100m B + n/s

1 Kelvin Callender (U20) n/s	Reading	11.2
2 Chris Hall(U20)	K&P	11.4
3 Darryn Campbell n/s	Team Southampton	11.5
4 Dan Putnam	B&B	11.5
5 Deji Allen	HW	11.7
6 Max Clarfelt(U20) n/s	Ach	11.8
7 Dave Gardiner	Ach	12.0
8 Mark Ponsford(U20) n/s	Ach	12.0

100m N/S

1 Gareth Price	Team Southampton	11.1
2 Royden John	HW	11.2
3 Oore Sokoya(U20)	K&P	12.0
4 Mike Mason	K&P	12.1
5 Jake Budd(U17)	K&P	12.2
6 Patrick Hillyer(U17)	K&P	12.6

7 Joel Taylor	Ach	12.7
200m A+B		
1 Ben Richardson	Ach	22.5
2 Dwayne Dowding	HW	22.7
3 Neil Francis	B&B	22.9
4 Chris Hall(U20)	K&P	23.2
5 James Heptonstall	K&P	23.3
6 Kieran Millar	Ach	23.4
7 Deji Allen	HW	23.9
200m N/S R1		
1 Kelvin Callender (U20)	Reading	23.0
2 Mark Ponsford(U20)	Ach	24.1
3 David Gardiner	Ach	24.4
4 Ka Chuen To	HW	24.7
5 Charlie Rometo	Ach	25.3
6 Jake Budd(U17)	K&P	25.6
7 Alan James	Ach	25.8
8 Mike May(V45)	K&P	27.9
200m N/S R2		
1 Gareth Price	Team Southampton	22.9
2 Darryn Campbell	Team Southampton	23.2
3 Dave Taylor	K&P	23.4
4 Toby Ulm(U20)	K&P	23.4
5 Adam Bellis	K&P	23.6
6 Grant Sterling	Ach	24.2
7 Oore Sokoya(U20)	K&P	24.6
8 David Whittaker(V60)	E&E	29.8

400m A + n/s

1 Steve Johnson	WSEH	49.2 RS Hawkes Trophy
2 Toby Ulm(U20)	K&P	49.2
3 Dan Putnam	B&B	50.7
4 Jamie McCullagh n/s	K&P	51.1
5 Joss Garnier	E&E	51.4
6 Andy Owen	Ach	51.5
7 Matt Parsons	HW	51.7
8 Toby Sandeman	TVH	51.7

400m B + n/s

1 Dave Taylor	K&P	49.8
2 Louis Phiri	TVH	51.6
3 Matt Threadgold	E&E	51.8
4 Aston Stockdale	B&B	52.2
5 Jeff Bond	WSEH	52.2
6 Mo Agboke	HW	52.6
7 Frank Hutton-Williams	Ach	52.7
8 Alex Jackson(U20) n/s	E&E	55.4

400m N/S R1

1 Delroy Mitchell	TVH	51.2
2 Adam Bellis	K&P	51.6
3 Maris Kuklis	K&P	52.0
4 Pete Moloney	TVH	54.3
5 Hugh Gallagher(U20)	TVH	54.5

400m N/S R2

1 Jason-Louis Bernard	K&P	52.5
2 Richard Smeaton(U17)	K&P	54.7

3 Mark Butler(V45)	E&E	57.7
4 Claire Heafford(SW)	Shaftesbury B	60.1
800m A		
1 Andy Owen	Ach	1.55.7 Charlie Leslie Trophy
2 Lee Taylor	SMR/GIB	1.57.4
3 Alex Tovey	WSEH	1.59.7
4 Alex Jackson	E&E	2.05.2
5 Tim Sagar(U20)	K&P	2.07.6
6 Deon Coetzee	HW	2.09.0
800m B + n/s		
1 Lee Harper	Ach	2.02.7
2 Alex Hawkins n/s	E&E	2.04.9
3 Mark Alder	E&E	2.07.0
4 Tom Barbour	WSEH	2.08.5
5 Aljosa Isakovic(U17)	K&P	2.14.7
6 Steve Hadley	HW	2.15.6
7 Andrew McDonald n/s	E&E	2.18.7
1500m A+B+n/s		
1 Gary Bradbury n/s	Woking	4.02.0
2 Nathan White	WSEH	4.08.9
3 Ron Taylor	K&P	4.16.5
4 Alex Byrne	E&E	4.28.8
5 Bomene Barikor	B&B	4.33.6
6 Claire Day(SW)	Ach	4.45.3
7 Steve Hadley	HW	4.56.5
8 Anair Beverley(SW)	Ach	5.21.7
3000m A+B+n/s		

1 Alex Hawkins	E&E	9.17.3
2 Deon Coetzee	HW	9.51.1
3 Lee Harper	Ach	9.55.8
4 Emily Nelson(SW)	E&E	9.58.0
5 John Bowers	WSEH	10.00.3
6 Jamie Brinning	Ach	10.10.0
7 Marcus Sherwood(V40) n/s	E&E	10.12.2
8 Ant Budarkiewicz(V45)	K&P	10.16.5
9 Chris Morris n/s	Ach	10.20.9
10 Andrew McDonald n/s	E&E	10.39.2
11 Charles Lutz	Ach	10.41.0
12 Sean Franks	WSEH	10.48.4
13 Bill Arbury n/s	E&E	10.48.9
14 Cameron Smart n/s	WSEH	11.07.6
15 Peter Giles(V60)	HW	11.08.1
110m Hurdles A+B+n/s		
1 Ben Richardson	Ach	15.3
2 James Parker	E&E	15.7
3 Matt Field(U20)	K&P	16.2
4 Mike Collins n/s	Ach	16.3
5 Austin Ferns	HW	16.6
6 Grant Sterling	Ach	16.7
400m Hurdles A		
1 Austin Ferns	HW	53.6
2 Ed Harrison	B&B	55.6
3 James Parker	E&E	56.2
4 Hugh Gallagher	TVH	60.8

5 Sean Franks	WSEH	62.7
6 Mike Mason	K&P	63.5
7 Charlie Rometo	Ach	63.6
400m Hurdles B		
1 Steve Davies	HW	56.9
2 Matt Field(U20)	K&P	57.4
3 Bilen Ahmet	Ach	64.6
2000m Steeplechase A+B		
1 Alex Bruce-Littlewood	HW	6.24.2
2 Andy Arbour	K&P	6.50.4
3 Jamie Brunning	Ach	7.08.5
4 Sean Franks	WSEH	7.13.7
5 Chris Morris	Ach	7.38.5
4 x 100m Relay		
1 Achilles	44.0	
2 HW	44.6	
3 K&P	45.2	
4 E&E	46.4	
5 Ach n/s	46.4	
4 x 400m Relay		
1 Achilles	3.20.5	
2 K&P	3.27.7	
3 E&E	3.48.5	
4 Achilles n/s	3.49.9	

TROPHY RESULT 2007

1 ACHILLES	225
2 KINGSTON & POLY	172
3 HERCULES WIMBLEDON	155
4 EPSOM & EWELL	136
5 WINDSOR,SLOUGH,ETON &H	92
6 BLACKHEATH & BROMLEY	78
7 THAMES VALLEY	31
8 ST MARYS RICHMOND	14

Sward Trophy 14th April 2007 Kingsmeadow Throws Results
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 Herewith



SWARD TROPHY 2007

THROWS RESULTS

Shot A

1 Kyle Stevens	K&P	14.36
2 Mike Collins	Ach	12.08
3 Steve Sammut	WSEH	12.04
4 Paul Derrien	SMR	11.91
5 Mark Alden	E&E	8.62

6 Royden John	HW	8.60
7 Paul Sutherland(V40)	B&B	7.75
Shot B		
1 Adam Richardson	SMR	11.05
2 Mike Conerny	Ach	10.04
3 Humphrey Waddington	K&P	8.75
4 Matt Townsend	WSEH	8.60
5 Graham Lowe	E&E	7.84
Shot n/s		
Andy Wheble	Ach	10.50
Discus A		
1 Felice Miele	HW	44.64
2 Michael Conerney	Ach	42.98
3 Kyle Stevens	K&P	38.19
4 Paul Derrien	SMR	37.09
5 Steve Sammut	WSEH	35.53
6 Paul Sutherland(V40)	B&B	20.83
Discus B		
1 Andy Wheble	Ach	35.63
2 Adam Richardson	SMR	32.79
3 Matt Townsend	WSEH	31.68
4 John Brown	HW	26.91
5 Humphrey Waddington	K&P	26.53
Discus n/s		
Grant Sterling	Ach	22.78
Hammer A		
1 Steve Sammut	WSEH	55.77

2 Gareth Cook	K&P	54.03
3 Gavin Cook	TVH	48.25
4 Paul Derrien	SMR	45.23
5 Andy Wheble	Ach	30.40
6 John Brown	HW	28.34
7 Graham Lowe	E&E	23.59
Hammer B		
1 Alan James	WSEH	49.31
2 Kyle Stevens	K&P	47.33
3 Adam Richardson	SMR	35.84
4 Felice Miele	HW	23.79
Charlie Rometo	Ach	n/t
Javelin A		
1 Felix Hatton	K&P	62.06
2 Mike Collins	Ach	42.43
3 Paul Derrien	SMR	41.40
4 Felice Miele	HW	38.74
5 Steve Sammut	WSEH	38.24
6 Paul Sutherland(V40)	B&B	31.90
7 Graham Lowe	E&E	31.40
Javelin B		
1 Chris Dack	K&P	58.73
2 Jeff Bond	WSEH	37.86
3 Royden John	HW	34.19
4 Adam Richardson	SMR	33.22
5 Andy Wheble	Ach	32.68
6 Bomene Barikor	B&B	29.00

Javelin n/s

Humphrey Waddington	K&P	42.45
Les Hatton(V55)	K&P	37.82
Grant Sterling	Ach	35.24

SWARD TROPHY

1 WINDSOR,SLOUGH,ETON & HOUNSLOW 170

2 ACHILLES 162

3 KINGSTON & POLYTECHNIC 160

4 HERCULES WIMBLEDON 100

5 ST MARYS RICHMOND 78

6 BLACKHEATH & BROMLEY 60

7 EPSOM & EWELL 39

8 THAMES VALLEY 28

Sward Trophy 14th April 2007 Kingsmeadow Jumps Results

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High Jump

A

1 Cameron Lake	WSEH	1.95
2 Prathamesh Kaneri (U20)	K&P	1.80
3 Grant Sterling	Ach	1.65

High Jump

B

1 Graham Cole	WSEH	1.75
2 Bilen Ahmet	ACH	1.50
3 Humphrey Waddington	K&P	1.00

n/s

Ray Shortte	WSEH	1.65
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Royden John	HW	no/ht
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Pole Vault

A

1 Greg Conlon	TVH	4.10
2 Steve Walker(U20)	WSEH	4.00

3 Mike Collins	Ach	3.60
4 Gordon Lester(U17)	K&P	3.60
5 Adam Bosher(U20)	E&E	3.40
6 Royden John	HW	3.00
7 Jim Day(V70)	B&B	2.00
Pole Vault		
B		
1 Iain Grierson	WSEH	3.20
2 Bilen Ahmet	Ach	3.20
3 Dominic Getting	HW	2.80
Long Jump A		
1 David Cook	HW	6.88
2 James Heptonstall	K&P	6.66
3 Mike Collins	Ach	6.05
4 Marcus Morrison	B&B	5.86
5 Ray Shortte	WSEH	5.69
6 Mark Alden	E&E	5.02
Long Jump B		
1 Royden John	HW	6.58
2 Chris	K&P	6.46
Hall		
3 Graham Cole	WSEH	5.65
4 Paul Sutherland (V40)	B&B	5.46
5 James Osunsanmi	Ach	5.41
6 Graham Lowe	E&E	4.25
n/s		
Grant Sterling	Ach	6.28
Ho Chuen Zo	HW	5.88
Patrick Hillyer(U17)	K&P	5.36
Triple Jump A		
1 Marcus Morrison	B&B	13.59
2 Grant Sterling	Ach	13.05
3 Patrick Hillyer(U17)	K&P	11.45
4 Iain Grierson	WSEH	10.86
Triple Jump B		
1 James Osunsanmi	Ach	12.72
2 Steve Walker(U20)	WSEH	10.70

3 Paul Sutherland (V40) n/s	B&B	10.29
Bilen Ahmet	Ach	11.59