



Indoor performances 2011

p.b.	Date	Name	Age Group	Latest	Date	Venue	s.b.	Date	Venue	Coach
Event		60 metres								
	7.19 5.2.11	Norman Fullard	SM	7.19 5.2.11		Eton	7.19 5.2.11		Eton	
	7.28 6.2.10	Abraham Newell	U23M	7.38 5.2.11		WSEH	7.34 30.1.11		Lee Valley	
	7.76 6.3.2011	Russell Jones	U23M	7.76 6.3.2011		Eton	7.76 6.3.2011		Eton	
	7.89 5.2.11	Luke Hodgetts	U17M	7.89 5.2.11		WSEH	7.89 5.2.11		WSE&H	Paul Thomas
	7.90 9.1.11	Emily Newton	SW	7.96 6.3.2011		Eton	7.90 9.1.11		WSE&H	Andy Forman
	8.04 6.1.08	Becca Carozzi	U23W	8.07 5.2.11		WSE&H	8.07 5.2.11		WSE&H	
	8.09 11.12.10	Mark West	V35M	8.17 5.2.11		WSE&H	8.17 5.2.11		WSE&H	Erik Little
	8.01	Gary M. Gray	U40M	8.17 5.2.11		WSE&H	8.17 5.2.11		WSE&H	Sara M. Gray
	8.19 5.2.11	Zoe Carter	U17W	8.40 20.2.11		B'ham	8.19 5.2.11		WSE&H	Gary M. Gray
	8.20 20.2.11	Roderick Davies	V50M	8.35 5.3.11		Cardiff	8.20 20.2.11		Lee Valley	
	8.56 6.3.2011	Joanne Bottell	U20W	8.56 6.3.2011		Eton	8.56 6.3.2011		Eton	Erik Little
	8.65 6.3.2011	Karoliina Isahoa	SW	8.65 6.3.2011		Eton	8.65 6.3.2011		Eton	Erik Little
	8.44 27.31	Victor Novell	V65M	8.70 20.2.11		Lee Valley	8.70 20.2.11		Lee Valley	
	8.70 26.2.11	Derek Warn	V45M	8.70 26.2.11		Lee Valley	8.70 26.2.11		Lee Valley	
	9.02 20.2.11	Sophie Merritt	U15G	9.02 20.2.11		B'ham	9.02 20.2.11		B'ham	
	10.04 7.3.2009	Mary Axtell	V65W	10.68 26.2.11		Lee Valley	10.68 26.2.11		Lee Valley	

60m. H

	8.77 7.3.10	Karla Drew	U23W	8.81 6.3.11		Sheffield	8.81 6.3.11		Sheffield	Antonio Minichiello
	9.51 9.1.11	Emma Cowell	U17W	9.66 27.2.11		Birmingham	9.51 9.1.11		Lee Valley	Tony Bateman
	9.93 9.1.11	Rory Farrell	U15B	9.95 9.1.11		Lee Valley	9.83 9.1.11		Lee Valley	Mike Coker
	11.45 13.2.11	Mark West	V35M	11.45 13.2.11		Lee Valley	11.45 13.2.11		Lee Valley	
	11.92 27.2.11	Derek Warn	V45M	12.31 16.3.11		Ghent	11.92 27.2.11		Lee Valley	
	10.28 22.2.10	Catriona Witcombe	SW	12.75 6.2.11		Lee Valley	12.75 6.2.11		Lee Valley	

SP

	14.03	Garry Newton	SM	14.00 6.3.11		Eton	14.00 6.3.11		Eton	
	12.88 13.2.11	Sophie Merritt	U15W	11.74 13.3.11		Portsmouth	12.88 13.2.11		Burgess Hill	
	11.83 13.2.11	Rory Farrell	U15B	11.07 13.3.11		Portsmouth	11.83 13.2.11		Burgess Hill	Erik Little
	9.88 19.2.11	Phil Hume	SM	9.88 19.2.11		Sheffield	9.88 19.2.11		Sheffield	
	10.28 5.6.10	Karla Drew	U23W	9.32 6.3.11		Sheffield	9.87 26.2.11		Bath	Antonio Miniciello
	9.36 13.2.11	Mark West	V35M	9.36 13.2.11		Lee Valley	9.36 13.2.11		Lee Valley	Erik Little
		Jamie Jupp	U15B	8.60 13.3.11		Portsmouth	8.60 13.3.11		Portsmouth	
		Sophia Wybourne	U13G	8.10 13.3.11		Portsmouth	8.10 13.3.11		Portsmouth	
	7.60 6.3.11	Russell Jones	U23M	7.60 6.3.11		Eton	7.69 6.3.11		Eton	
	7.83 16.3.11	Derek Warn	V45M	7.83 16.3.11		Ghent	7.83 16.3.11		Ghent	
	7.23 9.1.11	Emma Cowell	U17W	7.23 9.1.11		Lee Valley	7.23 9.1.11		Lee Valley	Tony Bateman
	6.63 13.3.11	Joseph Wales	U15B	6.63 13.3.11		Portsmouth	6.63 13.3.11		Portsmouth	
		Charlie Kelman	U13G	6.53 13.3.11		Portsmouth	6.53 13.3.11		Portsmouth	

LJ

7.39	3.2.08	James Grocock	U23M	7.09	26.2.11	Cardiff	7.20	20.2.11	Sheffield	
5.60	10.1.10	Karla Drew	U23W	5.46	6.3.11	Sheffield	5.46	6.3.11	Sheffield	Antonio Minichiello
5.38	13.2.11	Mark West	V35M	5.21	20.2.11	B'ham	5.38	13.2.11	Lee Valley	
5.26	6.3.11	Rory Farrell	U15B	5.26	6.3.11	Eton	5.26	6.3.11	Eton	Erik Little
4.83	9.1.11	Emma Cowell	U17W	4.83	9.1.11	Lee Valley	4.83	9.1.11	Lee Valley	Tony Bateman
4.76	6.3.2011	Russell Jones	U23M	4.76	6.3.2011	Eton	4.76	6.3.2011	Eton	
4.82	14.2.10	Roderick Davies	V50M	4.70	26.2.11	Lee Valley	4.72	20.2.11	Lee Valley	
4.54	22.2.09	Derek Warn	V45M	4.28	16.3.11	Lee Valley	4.28	16.3.11	Ghent	

HJ

2.05	15.1.11	Matthew Watson	SM	2.04	20.2.11	Sheffield	2.05	15.1.11	Lee Valley	Erik Little
1.70	16.1.11	Rory Farrell	U15B	1.70	16.1.11	Lee Valley	1.70	9.1.11	Lee Valley	Mike Coker
1.72	7.3.10	Karla Drew	U23W	1.68	6.3.11	Sheffield	1.68	06/03/2011	Sheffield	Antonio Minicello
1.65	16.1.10	Emma Cowell	U17W	1.64	9.1.11	Lee Valley	1.64	9.1.11	Lee Valley	Tony Bateman
1.60	11.12.10	Mark West	V35M	1.55	20.2.11	Lee Valley	1.57	13.2.11	Lee Valley	Erik Little
1.40	20.2.11	Derek Warn	V45M	1.39	16.3.11	Ghent	1.40	20.2.11	Lee Valley	

800m

1'51.79	19.2.11	Aaron Bennett	U20M	1'51.79	27.2.11	Birmingham	1'51.79	27.2.11	Birmingham	Todd Bennett
1'54.06	9.2.11	Harry Fisher	U23M	1'57.25"	5.3.11	Cardiff	1'54.72	9.2.12	B'ham	Todd Bennett
2'01.26	28.2.10	Dudley Mason	U17M	2'01.67	9.1.11	Lee Valley	2'01.67	9.1.11	Lee Valley	Mike Coker
2'04.72	9.1.11	Simon Nimmin	U20M	2'04.72	9.1.11	Lee Valley	2'04.72	9.1.11	Lee Valley	Todd Bennett
2'07.81	20.2.11	Jim Bennett	V35M	2'07.81	20.2.11	Lee Valley	2'07.81	20.2.11	Lee Valley	
2'09.11	14.2.10	Jonathan Tilt	V45M	2'09.2	20.2.11	Lee Valley	2'09.2	20.2.11	Lee Valley	Howard Moscrop
2'11.0	28.2.10	Jenny Beekingham	U20W	2'11.79	26.2.11	Birmingham	2'11.79	26.2.11	Birmingham	Mike Coker
2'13.84	27.2.11	Emily Jenkinson	U17W	2'13.84	27.2.11	Birmingham	2'13.84	27.2.11	Birmingham	Mike Coker
2'17.82	19.2.11	Catriona Witcombe	SW	2'18.41	20.2.11	Sheffield	2'17.82	19.2.11	Sheffield	
2'25.86	6.3.11	Karla Drew	U23W	2'25.86	6.3.11	Sheffield	2'25.86	6.3.11	Sheffield	Antonio Minicello
2'26.23	9.1.11	Laura Seaman	U17W	2'26.23	9.1.11	Lee Valley	2'26.23	9.1.11	Lee Valley	
2'56.80	9.1.11	Emma Cowell	U17W	2'56.80	9.1.11	Lee Valley	2'56.80	9.1.11	Lee Valley	Tony Bateman

Pentathlon

3699.00	6.3.11	Karla Drew	U23W	3699.00	6.3.11	Sheffield	3699.00	6.3.11	Sheffield	Antonio Minicello
2848.00	9.1.11	Emma Cowell	U17W	2848.00	9.1.11	Lee Valley	2848.00	9.1.11	Lee Valley	Tony Bateman
2510.00	9.1.11	Rory Farrell	U15B	2510.00	16.1.11	Lee Valley	2510.00	9.1.11	Lee Valley	Mike Coker
2375.00	13.2.11	Mark West	V35M	2375.00	13.2.11	Lee Valley	2375.00	13.2.11	Lee Valley	
1995.00	17.5.09	Derek Warn	V45M	1983.00	16.3.11	Ghent	1983.00	16.3.11	Ghent	

1000m.

3'04.41	13.2.11	Mark West	U35M	3'04.41	13.2.11	Lee Valley	3'04.41	13.2.11	Lee Valley	
3'20.12	9.1.11	Rory Farrell	U15B	3'20.12	9.1.11	Lee Valley	3'20.12	9.1.11	Lee Valley	Mike Coker
3'20.86	22.2.09	Derek Warn	V45M	3'47.66"	16.3.11	Ghent	3'47.66	16.3.11	Ghent	

200m.

23.41	29.1.11	Abraham Newell	U23M	23.41	29.1.11	Lee Valley	23.41	29.1.11	Lee Valley	
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25.50	20.2.11	Mark West	V35M	25.86	27.2.11	Lee Valley	25.50	20.2.11	Lee Valley
27.03	27.2.11	Roderick Davies	V50M	27.59	5.3.11	Cardiff	27.03	27.2.11	Lee Valley
27.10	20.2.11	Zoe Carter	U17W	27.10	20.2.11	B'ham	27.10	20.2.11	B'ham Gary Gray
27.69	13.3.10	Victor Novell	V65M	29.00	20.2.11	Lee Valley	29.00	20.2.11	Lee Valley
34.61	4.3.06	Mary Axtell	V65W	38.50	20.2.11	Lee Valley	38.50	20.2.11	Lee Valley

300m,

44.80	9.1.11	Zoe Carter	U17W	44.80	9.1.11	Lee Valley	44.80	9.1.11	Lee Valley Gary Gray
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1500m.

4'18.41	16.1.11	Dudley Mason	U17M	4'18.41	16.1.11	Lee Valley	4'18.41	16.1.11	Lee Valley Mike Coker
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400m.

51.22	29.1.11	James Sutton	SM	51.22	29.1.11	Lee Valley	51.22	29.1.11	Lee Valley Gary Gray
51.49	29.1.11	Sean Adams	U20M	51.49	29.1.11	Lee Valley	51.49	29.1.11	Lee Valley Mike Coker
52.69	19.2.05	Jonathan Tilt	V45M	52.95	19.3.11	Ghent	52.95	19.3.11	Ghent Howard Moscrop
53.77	5.2.11	Thomas Doran	SM	53.77	5.2.11	Birmingham	53.77	5.2.11	Birmingham
55.95	29.1.11	Adam Cowburn	U23M	55.95	29.1.11	Lee Valley	55.95	29.1.11	Lee Valley
56.90	20.2.11	Jim Bennett	V35M	56.90	20.2.11	Lee Valley	56.90	20.2.11	Lee Valley
65.80		Michelle Wakefield	V40W						

P.V.

4.20	26.2.11	Richard Humby	U20M	4.20	26.2.11	Birmingham	4.20	26.2.11	Birmingham Paul Thomas
3.82	13.3.11	Luke Hodgetts	U17M	3.82	13.3.11	Carshalton	3.82	13.3.11	Carshalton Paul Thomas
3.22	13.3.11	Samuel Bass-Cooper	U17M	3.22	13.3.11	Carshalton	3.22	13.3.11	Carshalton Paul Thomas
2.60	31.7.10	Derek Warn	V45M	2.52	13.3.11	Carshalton	2.52	13.3.11	Carshalton
2.32	13.3.11	Georgia Parker	U15G	2.32	13.3.11	Carshalton	2.32	13.3.11	Carshalton Paul Thomas
2.20	9.2.11	Catriona Witcombe	SW	2.20	9.2.11	Lee Valley	2.20	9.2.11	Lee Valley
2.10	17.1.10	Claire Humby	U15G	2.06	23.1.11	Lee Valley	2.06	23.1.11	Lee Valley Paul Thomas

Triple Jump

11.59	6.3.11	Rory Farrell	U15B	11.59	6.3.11	Eton	11.59	6.3.11	Eton Erik Little
10.84	20.2.11	Karoliina Isahoa	SW	10.84	20.2.11	Sheffield	10.84	20.2.11	Sheffield Erik Little
10.15	12.12.09	Joanne Bottell	U20W	9.45	6.3.11	Eton	9.45	6.3.11	Eton Erik Little

Triathlon

2045.00	26.2.11	Karla Drew	U23W	2045.00	26.2.11	Cardiff	2045.00	26.2.11	Cardiff Antonio Minichiello
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Corrigenda to alan.cropp@talktalk.net Updated 12.4.11