

THE ISLE OF WIGHT TRACK & FIELD CHAMPIONSHIPS 2008 (Under UKA Rules)

The Isle of Wight Athletic Club would like to take this opportunity to welcome all Athletes, Officials and Spectators to The Fairway Athletics Centre for the 35th I.O.W. Track and Field Championships. The Isle of Wight Championships moved to Fairway in 1994 after being held at Smallbrook Stadium since 1973.

Organisation is by the Isle of Wight Athletic Club. Thanks and appreciation must also go to the many Officials and helpers who have all assisted in making this meeting possible.

WE HOPE YOU HAVE AN ENJOYABLE AND SUCCESSFUL DAY AND THANK YOU FOR GIVING US YOUR SUPPORT TODAY.

COMPETITION NOTES

1. Club or approved Vest shall be worn.
2. Competitors must collect their numbers from the recorders office. Numbers must not be folded or mutilated.
3. Competitors must report to the competitors' steward at least TEN minutes before the start of the event.
4. Assistance to competitors within the competition area is forbidden and may lead to disqualification.
5. No persons other than officials or those actually competing should be in the arena.
6. Starting blocks are provided; personal starting blocks may be used if approved by the Marksmen.
7. Different age groups may compete at the same time if there are insufficient competitors to justify separate races. Where this happens, the age groups will be judged separately.
8. The Track & Field Referees reserves the right to make any alteration to the programme that they deem necessary.
9. **THE TRACK COMMITTEE CANNOT ACCEPT RESPONSIBILITY FOR ITEMS OF PROPERTY/CASH LEFT OR LOST AT THE MEETING.**
10. Championship Medals will be awarded to the first three Isle of Wight athlete in each event, appropriate positional medals will be awarded to all guest athletes and will be presented as soon as possible after the event at the **Rostrum**.

KEY TO CLUB ABBREVIATIONS:

AFD	:	Aldershot & Farnham District
BAC	:	Bournemouth AC
CH	:	Carisbrooke High School
CP	:	City of Portsmouth AC
C Sal	:	City of Salisbury AC
Chich	:	Chichester Runners
Hav	:	Havant AC
IWAC	:	Isle of Wight AC
LMS	:	Lake Middle School
RH	:	Ryde Harriers
Sutton & Dist	:	Sutton & District AC
TS	:	Team Southampton
Unatt	:	Unattached
VP&TH	:	Victoria Park & Tower Hamlets
WWRR	:	West Wight Road Runners
WSE&H	:	Windsor, Slough, Eton & H'low

TRACK EVENTS

T1 12.30 U17 MEN 400M HURDLES

IW C. Holder New event

IW Ch. Record New event

1 Steven Carter IWAC 63.9 CR

T2 12.30 U20 MEN 400M HURDLES

IW C. Holder New event

IW Ch. Record New event

1 Phillip Coker TS 65.0

T3 12.40 U13 GIRLS 70M HURDLES

IW Ch. Holder: Tayler Canning IWAC 16.2 (2007)

IW Ch. Record: Carly Smart IWAC 12.7 (1997)

Track Record: H. Barling Ox. AC 11.0 (1995)

1 Taylor Canning IWAC 12.6 CR

2 Kaya Simpson IWAC 18.0

T4 12.40 U15 GIRLS 75M HURDLES

Holder: Charlotte Currie IWAC 14.2 (2007)

IW Ch. Record: Lucy Rann IWAC 12.0 (1995)

Track Record: Emma Duck SCAC 11.6 (1995)

1 Alice Harriskine-Cook IWAC 16.8

T5 12.40 U15 BOYS 80M HURDLES

Holder: Will Yates IWAC 13.8 (2007)

IW Ch. Record: James Forman IWAC 12.1 (2006)

Track Record: Phillip Walsh IWAC 11.7 (1996)

1 Will Yates IWAC 12.3

T6 12.45 U17 MEN 100M HURDLES

Holder: Ashlie Turner IWAC 15.3 (2006)

IW Ch. Record: Andi Ball IWAC 14.3 (1997)

Track Record: Andi Ball IWAC 14.3 (1997)

1 Keno Mario-Ghae IWAC 15.0

T7 **12.45** **U20 MEN 110M HURDLES**
Holder: **Andi Ball** **IWAC** **18.4 (2000)**
IW Ch. Holder: **Andi Ball** **IWAC** **16.6 (2000)**
IW Ch. record: **Charles Edsall** **Hav** **15.6 (1993)**
Track record: **Charles Edsall** **Hav** **15.6 (1993)**
1 Phillip Coker **TS** **19.0**

T8 **12.50** **U17 MEN 3000M**
Holder: **William Newnham** **IWAC** **9:55.5 (2007)**
IW Ch. record: **Simon Judah** **Sol** **9:31.0 (1979)**
Track record **J. Ellis** **CP** **9:22.3 (2002)**
1 Christie Flux **IWAC** **11:45.6**

T8a **12.15** **U20 MEN 3000M**
IW Ch. Holder: **Marius Cromati** **IWAC** **10:13.2 (2007)**
IW Ch. record: **M. Vaughn** **Sol** **9:42.0 (1974)**
Track record: **J. Ellis** **CP** **9:22.3 (2002)**
1 Marius Cromati **TS** **10:18.3**

T9 **1.00** **75M U11 GIRLS**
ENTRIES ON DAY
Holder: **Wallis Canning** **IWAC** **12.0 (2007)**
IW Ch. record: **Kim Murray** **IWAC** **11.4 (1999)**
1 Kennedy Grace **IWAC** **11.8**
2 Katie Mackenzie **IWAC** **12.7**
3 Yasmin Rogerson **IWAC** **13.3**
4 Alex Skeggs **IWAC** **13.5**
5 Sasha Elvin **IWAC** **14.5**
6 Eden Crumplin **IWAC** **15.0**

T10 **1.00** **U11 BOYS 75M**
ENTRIES ON THE DAY
Holder: **Kieran Phillips** **IWAC** **11.3 (2007)**
IW Ch. record: **Alex Howard** **IWAC** **11.1 (2001)**
 George Corbin **IWAC** **11.1 (2003)**
1 Eden Pardey **IWAC** **12.5**

T11 **1.10** **U13 GIRLS 100M**

Holder: **Elle Troke** **IWAC** **14.8 (2007)**

IW Ch. record: **G. Gouveia** **IWAC** **13.9 (1983)**

Track record: **Donna Chatting** **SCAC** **13.3 (1996)**

1 Taylor Canning IWAC 14.2

2 Olivia Nunn TS 14.3

3 Annabelle Marsh IWAC 14.6

4 Polly Hopper IWAC 14.6

5 Alex Mundell C Sal 15.3

6 Wallis Canning IWAC 15.9

T12 **1.15** **U15 GIRLS 100M**

Holder: **Charlotte Currie** **IWAC** **13.9 (2007)**

IW Ch. Record **K. Hall** **IWAC** **13.0 (1973)**

Track record: **C. Roberts** **BAC** **12.7 (1999)**

1 Susannah Collins TS 13.2

2 Beth Sharpe TS 13.9

3 Paige Baldwin IWAC 14.2

4 Lucilla Redvers-Harris IWAC 14.3

T13 **1.20** **U17 WOMEN 100M**

Holder: **Faith Norster** **IWAC** **13.1 (2007)**

IW Ch. Record **Genevieve Holden** **RH** **12.9 (1989)**

Kim Murray **IWAC** **12.9 (2005)**

Track record: **Kate Denham** **SCAC** **12.2 (1995)**

1 Faith Norster IWAC 13.3

2 Charlotte Currie IWAC 14.5

T14 **1.20** **U20 WOMEN 100M**

Holder: **Helen Davis** **Hav** **13.0 (2003)**

IW Ch. Record **Helen Davis** **Hav** **12.9 (2002)**

Track record: **Kate Denham** **SCAC** **12.2 (1995)**

1 Suzanne Clifton IWAC 13.9

2 Chloe Woodhouse IWAC 14.9

T15 **1.20** **SENIOR & MASTERS WOMEN 100M**

Holder: **Emily Young** **TS** **12.4 (2007)**

Christine Young (M50) **IWAC** **15.0 (2007)**

IW Ch. Record **Emily Young** **TS** **12.4 (2007)**

Christine Young (M50) **IWAC** **15.0 (2007)**

Track record: **Kate Denham** **SCAC** **12.2 (1995)**

1 Emily Young TS 12.8

2 Christine Young (M50) IWAC 16.0

T16	1.25	U13 BOYS 100M		
Holder:	Alex Reed	IWAC	14.6 (2007)	
IW Ch. record:	Anthony Border	IWAC	12.9 (1994)	
Track record:	Anthony Border	IWAC	12.9 (1994)	
1	Kieran Phillips	IWAC		14.2
2	Michael Weeks	IWAC		14.6
3	Joe Urry	IWAC		14.6
4	Lee Tanswell	IWAC		15.4
5	Tom Harriskine-Cook	IWAC		16.8

T17	1.30	U15 BOYS 100M		
Holder:	Keno Mario-Ghae	IWAC	12.1 (2007)	
IW Ch. Record	R. Cooper		11.9 (1990)	
Track record:	Grant Murdoch	BAC	11.9 (1996)	
1	Ryan Tanswell	IWAC		12.3
2	Will Hodgets	TS		12.4
3	Declan Leach	IWAC		12.6
4	Joshua Kelly	Hav		12.7
5	Sam Ventress	IWAC		13.0
6	William Edwards	CH		13.1
6	Alex Rees	IWAC		13.7
7	Jonathan Turner	IWAC		14.0

T18	1.35	U17 MEN 100M HEATS		
Holder:	James Forman	IWAC	11.6 (2007)	
IW Ch. Record	C. Simpkins		11.4 (1980)	
Track record:	John Hepworth	TS	11.1 (1995)	
1	Bradley Awuah-Peasah	TS		11.6
2	Josh Gibbey	IWAC		11.9
3	Ian Fraser	IWAC		12.1
4	George Corbin	IWAC		12.4
5	Richard Shuttleworth	C of Ports		12.5
6	Calum Bressington	Win		12.8
7	Steven Carter	IWAC		13.1
8	Callum Woon	IWAC		13.2

T22 **2.00** **U17 MEN 1500M**
Holder: **Kieran McNally** **IWAC** **4:43.4 (2005)**
IW Ch. Record: **Wesley Martindale** **IWAC** **4:21.7 (1998)**
Track record: **Colin McCourt** **BAC** **4:20.2 (2000)**
1 Josh Halliwell **Hav** **5:15.4**

T23 **2.00** **SENIOR & MASTERS MEN 1500M**
Holder: **Tim Watson:** **Hav** **4:11.7 (2000)**
Holder: **Tristan Cooper** **IWAC** **4:06.5 (1998)**
 Andy Leal (M40) **RH** **5:00.7 (2003)**
 Steve Lee (M50) **RH** **5:25.5 (1999)**
 Stephen Lee (M60) **RH** **5:33.0 (2003)**
IW Ch. Record: **Richard Large** **SCAC** **4:04.9 (1983)**
 Graham Maitland (M40) **RH** **4:28.9 (1994)**
 Steve Lee (M50) **RH** **4:56.5 (1993)**
 Stephen Lee (M60) **RH** **5:33.0 (2003)**
Track record: **Daniel Furnidge** **IW** **3:59.54 (1993)**
1 Craig Berryman **Hav** **4:22.9**
2 Scott Edgington **AFD** **4:23.8**

T24 **2.10** **U13 GIRLS 200M**
Holder: **Mia Flinton** **IWAC** **31.8 (2007)**
IW Ch. Record: **Kim Murray** **IWAC** **28.6 (2001)**
Track record: **Donna Chatting** **SCAC** **28.3 (1996)**
1 Olivia Nunn **TS** **28.8**
2 Stephanie Bottell **TS** **30.1**
3 Alex Mundell **C Sal** **30.1**
4 Annabelle Marsh **IWAC** **30.2**

T25 **2.15** **U15 GIRLS 200M**
Holder: **Ella Bilton** **IWAC** **27.8 (2006)**
IW Ch. Record: **Kim Murray** **IWAC** **27.1 (2003)**
Track record: **K. Burbidge** **BAC** **26.7 (1999)**
1 Joanne Bottell **TS** **27.5**
2 Susannah Collins **TS** **28.1**
3 Paige Baldwin **IWAC** **29.0**
4 Lucilla Redvers-Harris **IWAC** **30.3**
5 Alice Harriskine-Cook **IWAC** **32.6**

T26 **2.20** **U17 WOMEN 200M**
Holder: **Alice Reynolds** **Hav** **27.0 (2007)**
IW Ch. Record: **Kim Murray** **IWAC** **26.2 (2005)**
Track record: **Kate Denham** **SC** **25.5 (1995)**
1 Faith Norster **IWAC** **26.9**
2 Ella Bilton **IWAC** **28.7**

T28 **2.20** **SENIOR & MASTERS WOMEN 200M**
Holder: **Helen Davies** **Hav** **26.9 (2005)**
 Christine Young (M45) **IWAC** **31.3 (2003)**
 Anita Davies (M35) **IWAC** **37.1 (2000)**
IW Ch. Record: **Genevieve Holden** **Ox C** **26.7 (1995)**
 Ro Hill (M35) **IWAC** **33.6 (1999)**
 Christine Young (M45) **IWAC** **31.3 (2003)**
Track record: **Kate Denham** **SC** **25.5 (1995)**
1 **Christine Young (M50)** **IWAC** **33.1**

T29 **2.25** **U13 BOYS 200M**
Holder: **Ryan Tanswell** **IWAC** **26.1 (2007)**
IW Ch. Record: **Ryan Tanswell** **IWAC** **26.1 (2007)**
Track record: **Ryan Tanswell** **IWAC** **26.1 (2007)**
1 **Lee Tanswell** **IWAC** **31.9**
2 **Tom Harriskine-Cook** **IWAC** **33.0**

T30 **2.30** **U15 BOYS 200M**
Holder: **Keno Mario-Ghae** **IWAC** **24.9 (2007)**
IW Ch. Record: **Andrew French** **RH** **24.1 (1993)**
Track record: **Andrew French** **RH** **24.1 (1993)**
1 **Will Hodgets** **TS** **25.0**
2 **Will Yates** **IWAC** **25.6**

T31 **2.35** **U17 MEN 200M**
Holder: **James Forman** **IWAC** **24.4 (2007)**
IW Ch. Record: **Stuart Blackler** **IWAC** **23.0 (2006)**
Track Record: **Wade Bennett-Jackson** **Bel** **22.0 (2002)**
1 **Bradley Awuah-Peasah** **TS** **23.6**
2 **Josh Gilbey** **IWAC** **24.3**
3 **Leon Phillips** **IWAC** **24.7**
4 **Calum Bressington** **Win** **27.0**

T32 **2.35** **SENIOR & MASTERS MEN 200M**
Holder: **Ian Rock** **Hav** **24.1 (2004)**
 Stephen Davis (M40) **IWAC** **25.6 (2000)**
 Stephen Davis (M45) **IWAC** **25.1 (2003)**
 Steve Duff (M50) **IWAC** **29.5 (1999)**
IW Ch. Record: **Charles Edsall** **Hav** **23.1 (1993)**
Track Record: **Matthias Sunneborne** **Gotland** **21.89 (1993)**
1 **Behzad** **Unatt** **28.0**

T33 **2.40** **600M U11 GIRLS**
ENTRIES ON THE DAY
Holder: **Wallis Canning** **IWAC** **2:30.6 (2007)**
IW Ch. Record: **Sarah Knight** **IWAC** **2:04.2 (2002)**
1 Kennedy Grace IWAC 2:07.5
2 Katie Mackenzie IWAC 2:11.8
3 Eden Crumplin IWAC 2:31.1
4 Yasmin Rogerson IWAC 2:33.1
5 Alex Skeggs IWAC 2:40.7
6 Sasha Elvis IWAC 2:48.5

T34 **2.40** **600M U11 BOYS**
ENTRIES ON THE DAY
Holder: **Eli Hudson** **IWAC** **2:20.3 (2007)**
IW Ch. Record: **Lloyd Woodhouse** **IWAC** **1:51.7 (2005)**
Track record: **Lloyd Woodhouse** **IWAC** **1:51.7 (2005)**
1 Eden Pardey LMS 2:09.5
2 Sam Hutchinson IWAC 2:10.4

T35 **2.45** **U13GIRLS 800M**
Holder: **Polly Hopper** **IWAC** **3:12.5 (2007)**
IW Ch. Record: **H. Law** **2:35.6 (1980)**
Track record: **Charlotte Moore** **BAC** **2:20.6 (1997)**
1 Alex Mundell C Sal 2:38.5
2 Caitlin Stewart TS 2:43.8
3 Penny Churchill IWAC 2:49.2
4 Polly Hopper IWAC 2:57.7
5 Kaya Simpson IWAC 3:18.0

T36 **2.45** **U15 GIRLS 800M**
Holder: **Jessica Andrews** **IWAC** **2:49.5 (2007)**
IW Ch. Record: **Louise Smith** **RH** **2:23.9 (1978)**
Track record: **Charlotte Moore** **BAC** **2:20.6 (19997)**
1 Mhari-Clair Stewart TS 2:34.9
2 Hannah Musker TS 2:36.1
3 Grace Crumplin IWAC 2:47.1

T37 **2.45** **U13 BOYS 800M**
Holder: **Isaac Hudson** **IWAC** **2:39.8 (2007)**
IW Ch. Record: **K. Hawtin** **Sol MS** **2:24.6 (1994)**
Track record: **Jonathan Blackledge** **IWAC** **2:21.0 (1997)**
1 Connah Newton IWAC 2:49.6

T38 **2.50** **U15 BOYS 800M**
Holder: **Charlie Hibberd** **IWAC** **2:31.5 (2007)**
IW Ch. Record: **C. McGrady** **IWAC** **2:08.0 (1979)**
Track record: **A. Chalke** **TS** **2:08.2 (2001)**
1 Charlie Hibberd **IWAC** **2:27.2**

T40 **2.50** **U20 WOMEN 800M**
Holder: **Claire Kiely** **IWAC** **2:31.0 (2005)**
IW Ch. Record: **Claire Kiely** **IWAC** **2:31.0 (2005)**
Track record: **Louise Damen** **BAC** **2:13.4 (1999)**
1 Siobhan Svendsen **TS** **2:28.1** **CR**

T41 **3.00** **U17 WOMEN 300M**
IW Ch. Holder: **Mollie Occamore** **IWAC** **47.5 (2006)**
IW Ch. record: **Kim Murray** **IWAC** **42.7 (2005)**
Track record: **Rhianon Burden** **SCAC** **42.0 (1999)**
1 Alice Reynolds **Hav** **40.8** **TR**
2 Brogan Percy **IWAC** **41.9** **CR**
3 Emma Gilmore **CoP** **43.5**

T42 **3.05** **U15BOYS 400M**
Holder: **Charlie Occomore** **IWAC** **64.2 (2007)**
IW Ch. record: **P. Rigby** **57.2 (1980)**
Track record: **Paul Denness** **IWAC** **55.5 (1996)**
1 Ryan Tanswell **IWAC** **55.4** **CR/TR**
2 Declan Leach **IWAC** **56.5**
3 Michael Palubicki **TS** **60.8**
4 Nicholas Percy **IWAC** **65.3**

T43 **3.10** **U17 MEN 400M**
Holder: **Tom Marsland** **IWAC** **54.2 (2007)**
IW Ch. record: **Tom Marsland** **IWAC** **54.2 (2007)**
Track record: **R. Forse** **CP** **52.1 (1997)**
1 James Forman **IWAC** **50.3** **CR/TR**
2 David Bolton **TS** **56.6**

T44 3.10 SENIOR & MASTERS MEN 400M
IW Ch. Holder: Johann Venter IWAC 52.1 (2001)
 Steph Bishop (M40) IWAC 58.2 (2000)
 Des Rigby (M50) IWAC 66.4 (1994)
 Ted O'Bree (M60) RH 70.6 (1986)
IW Ch. record: Steph Bishop (M40) IWAC 58.2 (2000)
 Des Rigby (M50) IWAC 65.1 (1993)
 Ted O'Bree (M60) RH 67.8 (1983)
Track record: Phillip Octave Hill 49.1 (1997)
 1 Nick Groocock (M45) Hav 60.7

T45 3.10 SENIOR & MASTERS WOMEN 400M
IW Ch. Holder: Debbie Slocombe IWAC 63.6 (1998)
 Sue Lee (M35) IWAC (1996)
 B. Preece (M45) 61.0 (1991)
IW. Ch. record: Genevieve Holden Ox C 58.7 (1996)
 B. Preece (M45) 61.0 (1991)
Track record: Genevieve Holden IW 57.23 (1993)
 1 Emily Young TS 60.8

FIELD EVENTS

F1 11.30 HAMMER U15 GIRLS 3.25KG
Holder: Lizzy Lovegrove IWAC 26.16 (2007)
IW Ch. Record: Kayleigh Brading IWAC 27.70 (2003)
Track Record: Catherine Marvin IWAC 35.62 (2001)
 1 Sarah-Jane Anthony AFD 24.63

F3 11.30 HAMMER U20 WOMEN 4KG
Holder: Amy Church IWAC 44.49 (2005)
IW Ch. Record: Amy Church IWAC 44.76 (2004)
Track record: Helen Arnold CP 50.52 (1997)
 2 Mollie Occomore IWAC 26.17

F4 11.30 HAMMER SENIOR & MASTERS WOMEN 4KG
Holder: Emily Young TS 21.41 (2007)
 Senad Adams (MW40) IWAC 20.28 (2007)
IW Ch. Record: Amy Church Sutt. 48.83 (2006)
 Michelle Moody (MW35) IWAC 26.92 (2004)
Track record: Helen Arnold CP 50.52 (1997)
 1 Senad Adams (M40) Hav 17.18

F5 **11.30** **HAMMER U13 BOY 3KG**
Holder: **Nicholas Percy** **IWAC** **38.57 (2007)**
IW Ch. Record: **Nicholas Percy** **IWAC** **38.57 (2007)**
Track record: **Nicholas Percy** **IWAC** **38.57 (2007)**
1 Kieran Phillips **IWAC** 31.22
2 Matthew Anthony **AFD** 21.15

F6 **11.30** **HAMMER U15 BOY 4KG**
Holder: **Charlie Occomore** **IWAC** **21.46 (2007)**
IW Ch. Record: **Callum Woon** **IWAC** **53.24 (2006)**
Track record: **Callum Woon** **IWAC** **53.24 (2006)**
1 Nicholas Percy **IWAC** 40.93
2 Alex Nightingale **IWAC** 25.05

F7 **11.30** **HAMMER U17 MEN 5KG**
Holder: **Callum Woon** **IWAC** **55.87 (2007)**
IW Ch. Record: **Andy Frost** **IWAC** **59.10 (1997)**
Track record: **Andrew Frost** **IWAC** **59.10 (1997)**
1 Callum Woon **IWAC** 54.51
2 Stefan Robinson **IWAC** 41.23
3 Charlie Occomore **IWAC** 33.60

F8 **12.00** **LONG JUMP U13 BOYS**
Holder: **Sam Parnell** **IWAC** **4.15 (2007)**
IW Ch. Record: **S. Pledger** **IWAC** **4.84 (1978)**
Track record: **C. Hackett** **Ox. C** **5.24 (1995)**
1 Joe Urry **IWAC** 4.34
2 Connah Newton **IWAC** 3.68

F9 **12.00** **LONG JUMP U17 MEN**
Holder: **Gavin Bodrell** **IWAC** **6.15 (2007)**
IW Ch. Record: **James Grocock** **IWAC** **6.59 (2005)**
Track record: **James Grocock** **IWAC** **6.59 (2005)**
1 Leon Phillips **IWAC** 6.04
2 George Corbin **IWAC** 5.82
3 Calum Bressington **Win** 5.72
4 Keno Mario-Ghae **IWAC** 5.66
5 Ian Fraser **IWAC** 5.23

F10 **12.00** **LONG JUMP U20 MEN**
Holder: **James Grocock** **IWAC** **6.68 (2007)**
IW Ch. Record: **James Grocock** **IWAC** **6.68 (2007)**
Track record: **James Grocock** **IWAC** **6.68 (2007)**
1 Sam Tingman **TS** 5.27

F11 1.00 SHOT PUTT U13 GIRLS 2.75KG
Holder: Eleanor Mitchell IWAC 8.10 (2007)
IW Ch. Record: Natalie Romaine IWAC 9.27 (1997)
Track record: Louise Watton Wim 9.30 (1999)

1	Natalie Whisken	BAC	10.08m	TR
2	Penny Churchill	IWAC	7.06m	
3	Annabelle Marsh	IWAC	5.70m	
4	Wallis Canning	IWAC	4.24m	

F12 1.00 SHOT PUTT U15 GIRLS 3.25KG
Holder: Lizzy Lovegrove IWAC 8.04 (2007)
IW Ch. Record: Lucy Rann IWAC 12.88 (1995)
Track record: Lucy Rann IWAC 12.88 (1995)

1	Sarah-Jane Anthony	AFD	9.79m
2	Phoebe Dowson	BAC	8.79m
3	Eleanor Mitchell	IWAC	8.69m

F14 1.00 SHOT PUTT SENIOR & MASTERS WOMEN 4KG
Holder: Helen Davis Hav 8.37 (2007)
Senad Adams (M40) Hav 9.34 (2007)
IW Ch. Record: Natalie Badham IWAC 10.16 (2004)
Senad Adams (M40) Hav 9.34 (2007)
Track record: L. Liljeroos Aland 12.67 (1993)

1	Senad Adams (M40)	Hav	8.90m
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F15 1.00 SHOT PUTT U15 BOYS 4KG
Holder: Joshua Gilbey IWAC 11.61 (2006)
IW Ch. Record: R. Frost 12.62 (1979)
Track record: Richard Trimmer BAC 13.24 (1998)

1	Joshua Kelly	Hav	12.46m
2	Nicholas Percy	IWAC	11.18m
3	William Edwards	CH	9.12m
4	Jonathan Turner	IWAC	7.63m

F16 1.00 SHOT PUTT U17 MEN 5KG
Holder: Ethan Newbery 8.77 (2006)
IW Ch. Record: Andy Frost IWAC 14.62 (1997)
Track record: Simon Williams B&MH 15.20 (1997)

1	Richard Shuttleworth	CoP	13.36m
2	Cameron Mitchell	IWAC	10.50m

**F17 1.00 SHOT PUTT SENIOR MEN 7.26KG
INC. M50 6KG**

Holder:	Matt Barton	Leeds	9.05 (2007)
	John Mitchell (M45)	IWAC	11.06 (2007)
	John Mitchell (M40)	IWAC	12.07 (2005)
	Steve Davis (M50)	IWAC	8.91 (2007)
IW Ch. Record:	John Mitchell	IWAC	13.69 (1993)
	John Mitchell (M40)	IWAC	12.07 (2005)
	John Mitchell (M45)	IWAC	11.07 (2006)
	Steve Davis (M50)	IWAC	8.91 (2007)
Track record:	Ove Lehto	Aland	14.98 (1993)
1	John Mitchell (M45)	IWAC	11.02m
2	Garry Newton	Unatt	10.18m
3	Wayne Bunday (F52)	IWAC	4.06m

F18 1.30 TRIPLE JUMP U15 GIRLS

Holder:	Emma Woon	IWAC	9.02 (2003)	
IW Ch. Record:	Emma Woon	IWAC	9.02 (2003)	
Track record:	Emma Woon	IWAC	9.02 (2003)	
1	Joanne Bottell	TS	9.52	TR
2	Grace Crumplin	IWAC	9.18	CR
3	Lucilla Redvers-Harris	IWAC	8.75	

F19 1.30 TRIPLE JUMP U17 WOMEN

Holder:	Chloe Woodhouse	IWAC	9.45 (2007)
IW Ch. Record:	Chloe Woodhouse	IWAC	9.45 (2007)
Track record:	A. Barrett	Harrow	11.76 (2002)
1	Jessica Shuttleworth	CoP	10.23
2	Anna-Sara Tingman	TS	8.28

F20 1.30 TRIPLE JUMP U20 WOMEN

IW Ch. Holder:	Not previously contested			
IW Ch. Record:	Not previously contested			
Track record:	A. Barrett	Har	11.76 (2002)	
1	Chloe Woodhouse	IWAC	8.18	CR

F22 1.30 TRIPLE JUMP U17 MEN

Holder:	Stefan Robinson	IWAC	11.68 (2007)
IW Ch. Record:	Ashlie Turner	IWAC	12.27 (2006)
Track record:	Dan Bray	Hav	13.49 (1999)
1	Charlie Occomore	IWAC	11.82
2	Stefan Robinson	IWAC	11.51
3	Calum Bressington	Win	10.93

F30 **2.30** **JAVELIN U13 GIRL 400GM**
Holder: **Eleanor Mitchell** **IWAC** **19.72 (2007)**
IW Ch. Record: **Lucy Rann** **RH** **29.88 (1993)**
Track record: **Louise Watton** **Wim** **34.00 (1999)**
1 Natalie Whisken **BAC** **33.41**

F31 **2.30** **JAVELIN U15 GIRL 600GM**
Holder: **Grace Crumplin** **IWAC** **13.49 (2007)**
IW Ch. Record: **Lucy Rann** **IWAC** **37.52 (1995)**
Track record: **Helen Davis** **IWAC** **29.79 (1999)**
1 Grace Crumplin **IWAC** **23.00**
2 Phoebe Dowson **BAC** **21.69**
3 Eleanor Mitchell **IWAC** **20.10**

F33 **2.30** **JAVELIN SENIOR & MASTERS WOMEN 600GM**
Holder: **Helen Davis** **Hav** **35.02 (2007)**
 Senad Adams (M40) **Hav** **17.44 (2007)**
 Kate Barton (M50) **Unatt** **21.67 (2006)**
IW Ch. Record: **Helen Davies** **Hav** **38.37 (2005)**
 Senad Adams (M40) **Hav** **17.44 (2007)**
 Kate Barton (M50) **Unatt** **21.67 (2006)**
Track Record: **J. Bruce** **Wok** **46.54 (1997)**
1 Helen Davis **Hav** **33.21**
2 Senad Adams (M40) **Hav** **15.75**

F34 **2.30** **JAVELIN U13 BOYS 400GM**
Holder: **Nicholas Percy** **IWAC** **39.24 (2007)**
IW Ch. Record: **Nicholas Percy** **IWAC** **39.24 (2007)**
Track record: **Eric Workman** **AFD** **40.40 (1995)**
1 Michael Weeks **IWAC** **28.92**
2 Findlay Fulford **WSE&H** **26.42**
3 Matthew Anthony **AFD** **24.94**
4 Connah Newton **IWAC** **15.00**

F35 **2.30** **JAVELIN U15BOYS 600GM**
Holder: **Will Yates** **IWAC** **31.84 (2007)**
IW Ch. Record: **Richard Lainson** **IWAC** **55.32 (1996)**
Track record: **Richard Lainson** **IWAC** **55.32 (1996)**
1 Aiden Price **IWAC** **36.76**
2 Will Yates **IWAC** **34.47**
3 Joshua Kelly **Hav** **32.49**
4 Jonathan Turner **IWAC** **26.86**

F36 2.30 JAVELIN U17 MEN 700GM
Holder: Nathan Holton IWAC 14.83 (2006)
IW Ch. Record: Richard Lainson IWAC 55.27 (1998)
Track record: Richard Lainson IWAC 58.80 (1998)
1 Richard Shuttleworth CoP 46.90
2 Cameron Mitchell IWAC 40.77

**F37 2.30 JAVELIN SENIOR & MASTERS MEN 800GM
INC PARALYMPIAN 600GRM**
Holder: Richard Lainson TS 54.12 (2007)
John Mitchell (M45) IWAC 32.20 (2007)
Steve Davis (M50) IWAC 29.86 (2007)
IW Ch. Record: Richard Lainson TS 54.12 (2007)
Guilio Giancovich(M45) IWAC 37.88 (1999)
Steve Davis (M50) IWAC 29.86 (2007)
Track record: Phillip Parry Hav 57.13 (2000)
1 Richard Lainson TS 52.73
2 Garry Newton Unatt 40.68
3 Wayne Bunday (F52) IWAC 8.21

F38 3.00 LONG JUMP U13 GIRLS
Holder: Mia Flinton IWAC 3.54 (2007)
IW Ch. Record: Claire Jones IWAC 4.53 (1998)
Track record: M. Johansen Ox. C 4.74 (1995)
1 Stephanie Bottell TS 3.71
2 Polly Hopper IWAC 3.58
3 Kaya Simpson IWAC 2.62

F39 3.00 LONG JUMP U15 GIRL
Holder: Emily Hatcher IWAC 4.01 (2007)
IW Ch. Record: Kelly Sotherton TS 5.27 (1991)
Track record: H. Paxton C. Sal 5.09 (1998)
1 Isabella Schofield Unatt 4.65
2 Paige Baldwin IWAC 3.77
3 Lucilla Redvers-Harris IWAC 3.72
4 Grace Crumplin IWAC 3.51

F40 3.00 LONG JUMP U17 WOMEN
Holder: Brogan Percy IWAC 4.55 (2007)
IW Ch. Record: Kim Murray IWAC 5.66 (2005)
Track record: Kim Murray IWAC 5.66 (2005)
1 Jessica Shuttleworth CoP 4.77
2 Brogan Percy IWAC 4.33

F41 **3.00** **LONG JUMP U20 WOMEN**
IW Ch. Holder: **Kim Murray** **TS** **5.62 (2007)**
IW Ch. Record: **Kim Murray** **TS** **5.62 (2007)**
Track record: **Kim Murray** **TS** **5.66 (2005)**
1 Chloe Woodhouse **IWAC** **4.32**

F42 **3.00** **LONG JUMP SENIOR & MASTERS WOMEN**
Holder: **Emily Young** **TS** **5.28 (2007)**
 Christine Young (M45) **IWAC** **3.83 (2002)**
 Christine Young (M50) **IWAC** **4.02 (2007)**
IW Ch. Record: **Kelly Sotherton** **P'tbro** **5.62 (1996)**
 Christine Young (M45/50) **IWAC** **4.03 (2006)**
Track record: **Kim Murray** **TS** **5.66 (2005)**
1 Emily Young **TS** **4.89**
2 Christine Young **(M50) IWAC** **3.92**

F43 **3.45** **DISCUS U13 GIRLS**
Holder: **Eleanor Mitchell** **IWAC** **26.65 (2007)**
IW Ch. Record: **Eleanor Mitchell** **IWAC** **26.65 (2007)**
Track record: **Louise Watton** **Wim** **28.04 (1999)**
1 Natalie Whisken **BAC** **22.22**
2 Wallis Canning **IWAC** **11.09**

F44 **3.45** **DISCUS U15 GIRLS 1KG**
Holder: **Lizzy Lovegrove** **IWAC** **27.00 (2007)**
IW Ch. Record: **Lizzy Lovegrove** **IWAC** **27.00 (2007)**
Track record: **Joan McPherson** **BMH** **37.22 (1995)**
1 Phoebe Dowson **BAC** **33.14**
2 Eleanor Mitchell **IWAC** **25.13**
3 Sarah-Jane Anthony **AFD** **19.45**

F45 **3.45** **DISCUS U17 WOMEN 1KG**
Holder: **Fay Harris** **IWAC** **17.52 (2007)**
IW Ch. Record: **Lowelle Bryan** **RH** **32.00 (1997)**
Track record: **Joan MacPherson** **B&MH** **38.26 (1996)**
1 Lizzy Lovegrove **IWAC** **28.91**

F46 3.45 DISCUS SENIOR & MASTERS WOMEN 1KG
Holder: Senad Adams Hav 25.20 (2007)
 Senad Adams (M40) Hav 25.20 (2007)
 Jane Scott (M45) IWAC 11.30 (1999)
IW Ch. Record: Mandy Stocking Sol 35.46 (1984)
 Senad Adams (M40) Hav 25.20 (2007)
Track record: L. Liljeroos Aland 43.40 (1993)
 1 Senad Adams (M40) Hav 21.06

F47 3.45 DISCUS U13 BOYS 1KG
Holder: Nicholas Percy IWAC 26.25 (2007)
IW Ch. Record: A. Rose RH 29.37 (1991)
Track record: Daniel Hepplewhite BAC 31.50 (1999)
 1 Kieran Phillips IWAC 23.21
 2 Tom Harriskine-Cook IWAC 9.18

F48 3.45 DISCUS U15 BOYS 1.25KG
Holder: Keno Mario- Ghae IWAC 29.67 (2007)
IW Ch. Record: R. Frost 36.59 (1979)
Track record: James Rumbold BAC 43.42 (1996)
 1 Nicholas Percy IWAC 35.92
 2 Joshua Kelly Hav 27.59

F49 3.45 DISCUS U17MEN 1.5KG
Holder: Stefan Robinson IWAC 38.35 (2007)
IW Ch. Record: Paul Farley IWAC 39.34 (2001)
Track record: Simon Williams B&MH 48.22 (1997)
 1 Keno Mario-Ghae IWAC 36.50
 2 Stefan Robinson IWAC 36.27
 3 Richard Shuttleworth CoP 33.60
 4 Cameron Mitchell IWAC 27.71

F50	3.45	DISCUS SENIOR & MASTERS MEN		
		INC. M50 1.5KG		
Holder:	John Mitchell		IWAC	29.23 (2007)
	John Mitchell	(M40)	IWAC	34.88 (2005)
	Steve Davis	(M50)	IWAC	22.88 (2007)
Meeting record:	Dave Lovett		CP	46.85 (2002)
IW Ch. Record:	John Mitchell	(M40)	IWAC	34.88 (2005)
	John Mitchell	(M45)	IWAC	31.34 (2006)
	Steve Davis	(M50)	IWAC	22.88 (2007)
Track record:	G. Ekland		Aland	49.22 (1993)
1	John Mitchell		IWAC	29.74
2	Garry Newton		Unatt	28.10
3	Wayne Bunday	(F52)	IWAC	8.40

Co-ordinators ~ Ray Scovell & Nick Grocock

OFFICIALS

Track Referee

~

Steve Squires

Track Judges

~

Sue Stroud ~ Christine Woon

George Ross

Field Referee

~

Steve Jones

Field Judges

~

Malcolm Rogers ~ Janice Bartlett

Malcolm Woon ~ Wayne Bunday

Steve Phillips ~ Nicola Canning

Rob Lovegrove ~ Andrew Percy

Judy Phillips ~ Derek Frost

Paul Simpson ~ Nicola Guildford

Cathy Nightingale

Timekeepers

~

Valerie Stewart ~ Deborah Percy

Gary Stroud ~ Des Webb

Maurice Payne

Starter

~

Barbara Dunsford

Marksman

~

Sarah Occomore

Registration

~

Nick Grocock

Results

~

Nick Grocock

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