

Junior Girls 3000m

1	Olivia Mason	England	10:24
2	Ella McNiven	England	10:27
3	Tia Wilson	England	10:29
4	Emily Williams	England	10:38
5	Charlotte Alexander	England	11:03
6	Mia Roberts	Wales	11:04
7	Lily Evans-Haggerty	Scotland	11:04
8	Lily Winfield	England	11:15
9	Jodie Hill	England	11:17
10	Eluned King	Wales	11:20
11	Rebecca Wallace	Ireland	11:21
12	Kate Richardson	Scotland	11:23
13	Saoirse O'Brien	Ireland	11:24
14	Roisin Treacy	Ireland	11:26
15	Amelia Wills	England	11:30
16	Caitlin Gwyther	Wales	11:35
17	Rosie Eckersley	Scotland	11:36
18	Nuala McCheyne	Scotland	11:36
19	Kirsty Oldham	Scotland	11:38
20	Leona Murray	Scotland	11:38
21	Hannah Anderson	Scotland	11:41
22	Isobel Brown	Wales	11:43
23	Orla Davies	Wales	11:46
24	Maeve Gallagher	Ireland	11:47
25	Mollie Jones	Wales	11:49
26	Laura Sharp	Wales	11:51
27	Lucy Holmes	Ireland	11:52
28	Molly Dougan	Ireland	11:57
29	Nia Clatworthy	Wales	11:58
30	Emma Frew	Scotland	12:00
31	Caoimhe O'Brien	Ireland	12:04
32	Katie Agnew	Ireland	12:08

Team Result

	Pts
1 England	23
2 Scotland	93
3 Wales	102
4 Ireland	117

Junior Boys 4000m

1	Louis O'Loughlin	Ireland	12:54
2	Harris Mier	England	13:00
3	Alfie Bould	England	13:03
4	Joshua Dickinson	England	13:07
5	Rory Nicholson	England	13:17
6	James Penrose	Wales	13:22
7	Osian Perrin	Wales	13:28
8	Daniel Currie	England	13:29
9	Chris O'Reilly	Ireland	13:30
10	Hamish Armit	Scotland	13:32
11	Rowan Fuss	England	13:33
12	Harry Hall	Scotland	13:42
13	Thomas Ross	Scotland	13:43
14	Shane Fleming	Ireland	13:43
15	Nathan Jones	Wales	13:45
16	Joseph Reardon	Wales	13:47
17	David McNair	Scotland	13:49
18	Daniel John	Wales	13:53
19	Matthew Whelan	Ireland	13:54
20	David Addison	Scotland	13:55
21	Iwan Glynn	Wales	13:56
22	Adam Ferris	Ireland	13:56
23	Sam Almond	England	13:56
24	Andrew Gordon	Ireland	13:59
25	Cameron Campbell	Scotland	14:00
26	Luke Dawson	Ireland	14:00
27	Mike Spill	Wales	14:08
28	Tomos Land	Wales	14:08
29	Michael Troy	Ireland	14:18
30	Elliot Duff	Scotland	14:19
31	Joe Ewing	Scotland	14:26
32	Thomas Ross	Scotland	14:37

Team Result

	Pts
1 England	33
2 Wales	83
3 Ireland	89
4 Scotland	114

Intermediate Girls 4000m

1	Sarah Healy	Ireland	14:01
2	Kathleen Faes	England	14:13
3	Phoebe Barker	England	14:15
4	Hannah Hobbs	England	14:16
5	Amelia Quirk	England	14:17
6	Lauren Dickson	Scotland	14:24
7	Claudia Lance Jones	England	14:25
8	Kate Gallagher	Scotland	14:27
9	Faye Ireland	England	14:28
10	Amy Rose Farrell	Ireland	14:30
11	Rebecca Eggeling	Scotland	14:33
12	Eloise Walker	Scotland	14:35
13	Isobel Dodd	Wales	14:40
14	Jessica McLeod	Scotland	14:42
15	Alexandra Brown	England	14:44
16	Abbie Taylor	Ireland	14:49
17	Naomi Lang	Scotland	14:53
18	Lynn McKenna	Scotland	14:54
19	Carys Bill	Wales	14:58
20	Abbie Williams	Wales	14:59
21	Khanisa Mhlanga	England	15:03
22	Naomi Reid	Wales	15:05
23	Roseanne McCullough	Ireland	15:08
24	Kiara Frizelle	Wales	15:09
25	Abi Fisher	Wales	15:11
26	Niamh Heaney	Ireland	15:14
27	Claire Rafter	Ireland	15:18
28	Megan Bowen	Wales	15:28
29	Shelby Morrison	Scotland	15:40
30	Eabha Roberts	Wales	15:47
31	Enya Haigney	Ireland	16:02
32	Niamh Carr	Ireland	16:06

Team Result

	Pts	
1	England	30
2	Scotland	68
3	Ireland	103
4	Wales	123

Intermediate Boys 6000m

1	Matthew Willis	England	19:08
2	Zakariya Mahammed	England	19:12
3	Lachlan Wellington	England	19:15
4	Ricky Lutakome	England	19:24
5	Oliver Barbaresi	Wales	19:27
6	Daniel Slater	England	19:31
7	Joshua Cowperthwaite	England	19:48
8	Joseph Crutchley	Wales	19:49
9	Jeremy Dempsey	England	19:51
10	Dominic Smith	Wales	19:58
11	James Puxty	England	20:03
12	Freddie Carcas	Scotland	20:06
13	Sean O'Leary	Ireland	20:10
14	George Rees	Scotland	20:14
15	Ryan Gray	Scotland	20:21
16	Patrick Maher	Ireland	20:26
17	Eanna Folan	Ireland	20:30
18	Struan Paton	Scotland	20:31
19	Andrew Love	Scotland	20:33
20	Jamie Battle	Ireland	20:35
21	Ciaran Nolan	Ireland	20:39
22	Darragh McElhinney	Ireland	20:44
23	Elliot Lawrence	Wales	20:48
24	Andrew MacAngus	Scotland	20:49
25	Andrew Rolland	Scotland	20:56
26	Sean Corry	Ireland	20:57
27	Morgan James	Wales	21:01
28	Adam Fitzpatrick	Ireland	21:22
29	Cedol Dafydd	Wales	21:30
30	Cameron Watson	Scotland	21:43
31	Ben Thomas	Wales	21:53
32	Luke Davies	Wales	22:35

Team Result

	Pts
1 England	23
2 Scotland	102
3 Wales	102
4 Ireland	109