

Southampton AC U13 girls records					
Event	Club Ranking	Name	Performance	Location	Date
70MH	Club record	Grace Colmer	11.18	Birmingham	2nd September 2017
	2nd best club performance	Lucy-Jane Matthews	11.30	Woking	6th July 2014
	3rd best club performance	Millie Cavanagh	11.38	Kingston	31st July 2011
75m	Club record	Emily Eades-Scott	10.00	Reading	23rd April 2016
	2nd best club performance	Grace Griffiths	10.20	Reading	21st June 2015
	3rd best club performance	Tabitha Proudley	10.40	Eton	16th July 2016
100m	Club record	Emily Eades-Scott	12.60	Southampton	1st June 2016
	2nd best club performance	Lucy-Jane Matthews	13.00	Southampton	15th April 2015
	3rd best club performance	Grace Griffiths	13.10	Southampton	10th June 2015
150m	Club record	Emily Eades-Scott	19.40	Reading	23rd April 2016
	2nd best club performance	Grace Griffiths	19.80	Reading	21st June 2015
	3rd best club performance	Tabitha Proudley	19.90	Eton	16th July 2016
200m	Club record	Emily Eades-Scott	26.80	Portsmouth	15th May 2016
	2nd best club performance	Grace Griffiths	27.02	Portsmouth	24th May 2015
	3rd best club performance	Lucy-Jane Matthews	27.60	Poole	12th July 2015
800m	Club record	Maisie Jeger	2.20.85	Oxford	22nd June 2016
	2nd best club performance	Emily Jenkinson	02:21.0	Woking	6th August 2008
	3rd best club performance	Katie Youp	2.24.27	Basingstoke	18th July 2018
1200m	Club record	Emily Jenkinson	03:47.4	Harrow	1st June 2008
	2nd best club performance	Abbie Fisher	03:57.2	Woking	6th June 2010
	3rd best club performance	Sophie Kalik	03:58.5	Bromley	21st June 2009
1500m	Club record	Annie Mann	4.50.50	Portsmouth	6th September 2018
	2nd best club performance	Emily Jenkinson	04:51.4	Kingston	27th July 2008
	3rd best club performance	Louise Webb	05:04.7	Portsmouth	11th May 2003
4 x 100m relay	Club record	Jessica Higgins, Tabitha Proudley, Lucy Davis, Emily Eades-Scott	52.90	Bromley	19th June 2016
	2nd best club performance	Jessica Higgins, Tabitha Proudley, Maisie Jeger, Emily Eades-Scott	53.50	Eton	16th July 2016
	3rd best club performance	Emily Eades-Scott, Ettie Hammond, Jasmyn Allen, Grace Griffiths	54.00	Bromley	30th May 2015
	Club record	Lucy-Jane Matthews	5.15m	Southampton	2nd May 2015

Long Jump	2nd best club performance	Grace Colmer	4.91m	Portsmouth	14th May 2017
	3rd best club performance	Amy Wall	4.90m	Southampton	10th July 2018
High Jump	Club record	Maisie Jeger	1.57m	Kingston	31st July 2016
	2nd best club performance	Lucy-Jane Matthews	1.52m	Salisbury	13th June 2015
	3rd best club performance	Amy Wall	1.51m	Hornchurch	21st July 2018
Discus	Club record	Sophie Merritt	40.31m	Lee Valley	17th July 2010
	2nd best club performance	Samantha Callaway	36.90m	Oxford	24th August 2014
	3rd best club performance	Olivia Austin	32.73m	Tooting	26th August 2017
Javelin	Club record	Emily Green	37.96m	Woking	6th June 2010
	2nd best club performance	Sophie Merritt	37.01m	Bournemouth	12th September 2010
	3rd best club performance	Jasmine Larsen	35.57m	Wrexham	24th September 2017
Shot put	Club record	Sophie Merritt	12.80m	Oxford	11th July 2010
	2nd best club performance	Olivia Austin	10.81m	Basingstoke	30th August 2017
	3rd best club performance	Gracie Jenvey	9.99m	Swindon	4th June 2017
Pentathlon	Club record	Maisie Jeger	2645 points	Tonbridge	29th August 2016
	2nd best club performance	Lucy-Jane Matthews	2534 points	Exeter	28th September 2014
	3rd best club performance	Millie Cavanagh	2459 points	Exeter	14th Aug 2011