

Southampton AC U15 girls records					
Event	Club Ranking	Name	Performance	Location	Date
75MH	Club record	Lucy-Jane Matthews	11.46	Bracknell	22nd April 2017
	2nd best club performance	Tabitha Proudley	11.53	Crawley	16th June 2018
	3rd best club performance	Millie Cavanagh	11.69	Gateshead	7th July 2012
100m	Club record	Ellie Hodgson	12.38	Andover	11th May 2014
	2nd best club performance	Sophie Mead	12.50	Abingdon	2nd September 2006
	3rd = best club performance	Amy Matthews	12.70	Carshalton	18th June 2005
	3rd = best club performance	Izzy Bryant	12.70	Tidworth	21st July 2013
200m	Club record	Ellie Hodgson	26.00	Southampton	14th May 2014
	2nd best club performance	Sophie Mead	26.02	Birmingham	6th August 2006
	3rd best club performance	Amy Matthews	26.10	Carshalton	18th June 2005
300m	Club record	Emily Jenkinson	41.60	Southampton	26th May 2010
	2nd best club performance	Lucy-Jane Matthews	41.70	Southampton	20th May 2017
	3rd best club performance	Hannah Childs	41.90	Eton	16th July 2016
800m	Club record	Emily Jenkinson	02:12.5	Birmingham	10th July 2010
	2nd best club performance	Louise Webb	02:14.4	Crystal Palace	6th August 2005
	3rd best club performance	Jenny Beckingham	02:22.0	Bedford	16th June 2007
1500m	Club record	Louise Webb	04:36.9	Portsmouth	29th May 2005
	2nd best club performance	Emily Jenkinson	04:48.6	Portsmouth	10th May 2009
	3rd best club performance	Isabel Richardson	4.49.00	Carshalton	18th June 2016
3000m	Club record	Louise Webb	10:37.3	Ashford	18th June 2005
	2nd best club performance	Caitlin Stewart	10:53.0	Southampton	25th May 2011
	3rd best club performance	Abbie Fisher	11:18.8	Southampton	25th April 2012
4 x 100m relay	Club record	Allen, Proudley, Blake, Eades-Scott	50.66	Bromley	15th July 2017
	2nd best club performance	Mould, Jenkinson, Cowell, Carter	51.46	Hendon	18th July 2010
	3rd best club performance	Allen, Proudley, Parham, Eades-Scott	51.57	Bracknell	22nd April 2017
4 x 300m relay	Club record	Griffiths, Adamson, Parham, Childs	2.55.70	Bromley	19th June 2016
	2nd best club performance	Jeger, Griffiths, Matthews, Proudley	2.56.77	Birmingham	2nd September 2017
	3rd best club performance	Jeger, Griffiths, Adamson, Matthews	2.58.87	Bracknell	22nd April 2017
	Club record	Amaya Scott	5.35m	Reading	21st June 2015

Long Jump	2nd best club performance	Jasmyn Allen	5.26m	Southampton	20th May 2017
	3rd best club performance	Maisie Jeger	5.24m	Reading	9th June 2018
High Jump	Club record	Amaya Scott	1.70m	Portsmouth	13th June 2015
	2nd best club performance	Emma Cowell	1.69m	Birmingham	9th July 2010
	3rd best club performance	Lara Scott	1.68m	Bedford	16th September 2018
Pole Vault	Club record	Hollie Garrathy	2.53m	Southampton	3rd July 2013
	2nd best club performance	Georgia Parker	2.50m	Walton	17th April 2011
	3rd= best club performance	Claire Humby	2.30m	Harrow	20th June 2010
	3rd= best club performance	Izzy McCormac	2.30m	Reading	21st June 2015
Discus	Club record	Sophie Merritt	40.51m	Oxford	26th August 2012
	2nd best club performance	Emily Green	37.99m	Portsmouth	13th May 2012
	3rd best club performance	Samantha Callaway	36.90m	Bedford	28th May 2016
Javelin	Club record	Freya Jones	44.23m	Gateshead	12th July 2008
	2nd best club performance	Sophie Merritt	40.98m	Bedford	8th September 2012
	3rd best club performance	Poppy Barker	39.83m	Exeter	29th September 2009
Shot put	Club record	Sophie Merritt	14.38m	Southampton	16th September 2012
	2nd best club performance	Ellie Hodgson	13.23m	Woking	6th July 2014
	3rd best club performance	Samantha Callaway	12.53m	Bedford	28th August 2016
Hammer	Club record	Anna Merritt	48.29m	Portsmouth	13th May 2017
	2nd best club performance	Sophie Merritt	46.64m	Bedford	18th August 2012
	3rd best club performance	Ariela Richardson	38.04m	Erith	20th June 2015
Pentathlon	Club record	Amaya Scott	3262 points	Bedford	20th September 2015
	2nd best club performance	Maisie Jeger	3049 points	Ashford	24th June 2018
	3rd best club performance	Katya Oldfield	2999 points	Birmingham	22nd September 2013