

**Southampton AC U17 mens records**

Event	Club Ranking	Name	Performance	Location	Date
100MH	Club record	James Forman	13.37	Portsmouth	21st June 2008
	2nd best club performance	Adam Jones	13.56	Portsmouth	24th May 2015
	3rd best club performance	Owen Lawrence	13.68	Erith	20th June 2015
400MH	Club record	Sean Adams	53.53	Birmingham	10th July 2012
	2nd best club performance	James Forman	54.30	Gateshead	12th July 2008
	3rd best club performance	Alick Clark	57.44	Gateshead	12th July 2008
100m	Club record	Oliver Bromby	10.57	Bedford	21st June 2014
	2nd best club performance	Ross Langford	11.20	Southampton	25th June 2006
	3rd best club performance	Jason Amartey	11.26	Portsmouth	13th May 2012
200m	Club record	Oliver Bromby	21.80	Lee Valley	19th April 2014
	2nd = best club performance	Ross Langford	22.70	Southampton	10th June 2006
	2nd = best club performance	Jack Higgins	22.70	Bournemouth	25th June 2017
400m	Club record	Jack Higgins	49.46	Birmingham	8th July 2017
	2nd best club performance	Lynden Olowe	50.10	Carshalton	18th June 2016
	3rd best club performance	Reiss Jarvis	50.25	Birmingham	9th July 2016
800m	Club record	Dudley Mason	01:53.3	Gateshead	2nd July 2011
	2nd best club performance	Simon Ninnim	01:57.2	Street	4th May 2009
	3rd best club performance	James Jerram	1.57.88	Watford	14th June 2017
1500m	Club record	Mahamed Mahamed	04:01.0	Crawley	21st June 2014
	2nd best club performance	Luke Powell	4.03.67	Watford	29th July 2015
	3rd best club performance	Zak Mahamed	4.05.30	Portsmouth	10th June 2017
3000m	Club record	Zak Mahamed	8.33.45	Street	1st May 2017
	2nd best club performance	Mahamed Mahamed	08:39.1	Bedford	31st August 2014
	3rd best club performance	George Butler	09:05.6	Hendon	21st July 2013
1500m Steeplechase	Club record	Lucas Clements	04:38.1	Basingstoke	15th June 2013
	2nd best club performance	Luke Powell	04:40.3	Crystal Palace	16th August 2014
	3rd best club performance	Niall Holt	04:40.9	Bracknell	6th May 2012
4 x 100m relay	Club record	Hunt, Amartey, Emmanuel, Gowans	44.54	Hendon	19th June 2011
	2nd best club performance	Moseley, Cemal, Lawrence, Jones	44.78	Bedford	23rd August 2014

	3rd best club performance	Moseley, Crookes, Cemal, Lawrence	45.00	Woking	1st June 2014
4 x 400m relay	Club record	Gray, Olowe, Higgins, Jarvis	3.30.80	Woking	26th June 2016
	2nd best club performance	Rowe, Lynch, Gowans, Mason	03:32.7	Hendon	19th June 2011
	3rd best club performance	Adams, Green, Campbell, Mason	03:35.8	Harrow	20th June 2010
Long Jump	Club record	Nicholas Hunt	6.99m	Bournemouth	22nd July 2012
	2nd best club performance	Adam Jones	6.68m	Portsmouth	23rd May 2015
	3rd best club performance	J J Crookes	6.27m	Portsmouth	24th May 2014
Triple Jump	Club record	Nicholas Hunt	14.15m	Bournemouth	13th May 2012
	2nd best club performance	Adam Jones	13.42m	Crawley	27th July 2014
	3rd best club performance	J J Crookes	13.36m	Portsmouth	14th June 2014
High Jump	Club record	Adam Jones	2.05m	Gateshead	11th July 2015
	2nd best club performance	Nicholas Hunt	2.02m	Reading	20th May 2012
	3rd = best club performance	Rory Farrell	1.93m	Crystal Palace	1st April 2012
	3rd = best club performance	J J Crookes	1.93m	Portsmouth	5th May 2014
Pole Vault	Club record	Andrew Douglas	4.65m	Basingstoke	22nd July 2015
	2nd best club performance	Richard Humby	4.40m	Horsham	16th August 2009
	3rd best club performance	Sam Bass-Cooper	4.20m	Woking	2nd September 2012
Discus	Club record	Joshua Douglas	55.97m	Bedford	25th August 2018
	2nd best club performance	Eddie Jenkinson	48.15m	Southampton	23rd May 2015
	3rd best club performance	Nicholas Hunt	47.47m	Hendon	29th July 2012
Javelin	Club record	Joseph Brown	62.84m	Ashford	21st July 2012
	2nd best club performance	Bradley Jenvey	60.00m	Bedford	15th September 2018
	3rd best club performance	Joshua Wise	54.75m	Swindon	4th June 2017
Shot put	Club record	Nicholas Hunt	16.81m	Crystal Palace	1st April 2012
	2nd best club performance	Josh Wise	16.35m	Oxford	1st September 2018
	3rd best club performance	Joshua Douglas	15.60m	Southampton	1st July 2018
Hammer	Club record	Daniel Avery	57.65m	Kingston	14th August 2011
	2nd best club performance	Joshua Douglas	43.70m	Portsmouth	30th April 2017
	3rd best club performance	Ben Upfold	42.92m	Bournemouth	11th September 2016
Octathlon	Club record	Nicholas Hunt	5786 points	Exeter	30th June 2012
	2nd best club performance	Bradley Jenvey	4891 points	Bedford	16th September 2018

	3rd best club performance	Rory Farrell	4522 points	Hendon	21st July 2013
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