

Last name	First name	Running club
Abrams	Yvonne	
Amber	Joe	Hedge End Running Club
Ambrose	Neil	Farnham Runners
Anderson	Tamsin	Winchester & District AC
Anderson	Nick	Winchester & District AC
andresier	susan	
Andrews	Graham	
Ankinson	Amber	Victory AC
Ansell	Amanda	City Of Salisbury AC & RC
Anthes	Will	Hedge End Running Club
Arnott	Claire	Farnham Runners
Ashby	Charles	Farnham Runners
Ashdown	Chris	Hedge End Running Club
Ashton	Dominic	Lordshill Road Runners
Backshell	Helen	Lordshill Road Runners
Bacon	Richard	Alton Runners
Bailey	Lucy	Lordshill Road Runners
Bailey	Clair	Farnham Runners
Bailey	Steve	Farnham Runners
Bailey	Lewis	Lordshill Road Runners
Baker	Gary	Netley Abbey Runners
Balch	paula	Hedge End Running Club
Balfour	Kevin	Eastleigh RC
Ballard	James	City Of Salisbury AC & RC
Barham	Melissa	Stubbington Green Runners
Barlow	Rob	Totton RC
Barlow	Robbie	Totton RC
Barlow	Jacque	
Barnes	Chris	Totton RC
Barrett	Richard	
Barrett	Katherine	Alton Runners
Barron	Sarah	Stubbington Green Runners
Barry	Carole	Ryde Harriers
Beatson	Paul	Netley Abbey Runners
Beattie	Ian	Fareham Crusaders Running Club
Becheley	Dominique	Meon Valley Runners
Bennion	Mark	Fareham Crusaders Running Club
Bennion	Jo	Fareham Crusaders Running Club
Bethell	Hugh	Alton Runners
Bickley	Shirlie	
Bickley	Tom	
Bickley	Amy	
Blamire	Gemma	
Blyth	Douglas	Farnham Runners
Bone	Peter	Victory AC
Booth	ian	Netley Abbey Runners
Booth	Melanie	Netley Abbey Runners
Bosley	Thomas	Winchester & District AC
Boustred	Julia	Lordshill Road Runners

Bowen	Dawn	Hedge End Running Club
Bowers	Ian	Hedge End Running Club
Bowyer	Samantha	Totton RC
Bradshaw	Lucy	Eastleigh RC
Brand	Jonathan	Fareham Crusaders Running Club
Brawn	David	Portsmouth Joggers
Brenchley	Zea	Totton RC
Brewster	Ben	Southampton Athletic Club
Brewster	Michael	City Of Salisbury AC & RC
Bridgeman	Mike	Hedge End Running Club
Bridges	Louise	Fareham Crusaders Running Club
Brooks	Mark	Fareham Crusaders Running Club
Browne	Rachel	Lordshill Road Runners
Browne	James	Lordshill Road Runners
Bruce-Low	Ann	Hardley Runners
Bruce-Low	Annie	Hardley Runners
Bryan	Susan	Alton Runners
Buchanan	Laura	City Of Salisbury AC & RC
Buckman	Ian	Itchen Spitfires Running Club
Budgell	Andy	City Of Salisbury AC & RC
Burch	Alice	Totton RC
Burch	Alice	Totton RC
Burrows	Emma	Liss Runners
Burton	Rachel	Victory AC
Busch	Kevin	Gosport Road Runners
Butler	James	Netley Abbey Runners
Butler	Sarah	Hedge End Running Club
Butler	James	Netley Abbey Runners
Butler	George	Isle Of Wight RR AC
Butler	Tarnia	Isle Of Wight RR AC
Byrne	Diane	Alton Runners
Cain	Natalie	Winchester & District AC
Caldwell	Andy	
Callanan	Peter	City Of Salisbury AC & RC
Callister	Melissa	Winchester & District AC
Carey	Jayne	Eastleigh RC
Carlton	Helen	City Of Salisbury AC & RC
Cartwright	John	
Cartwright Forbes	Kerrieanne	Farnham Runners
Cartwright Forbes	David	Farnham Runners
Carver	Louise	Ryde Harriers
Casey	Matthew	Hardley Runners
Chamberlain	Mark	Hedge End Running Club
Chamberlain	Phil	Fareham Crusaders Running Club
Chandler	Derek	Victory AC
Chaplin	Kieran	Stubbington Green Runners
chester	christopher	Hedge End Running Club
Chlebowski	Jacqueline	City Of Salisbury AC & RC
CHLEBOWSKI	Carol	City Of Salisbury AC & RC
Chorlton	Alun	Netley Abbey Runners

Churcher	Steve	Eastleigh RC
Clarke	James	Farnham Runners
clarke	terry	Overton Harriers & AC
Clee	Dawn	Hedge End Running Club
Clifford	Richard	Overton Harriers & AC
Clow	Stephen	Alton Runners
Coady	Sophie	Totton RC
Coady	Sophie	Totton RC
Colautti	Walter	
Cole	Claire	
Cole	Owen	Denmead Striders
Cole	Derek	
Cole	Abigail	Isle Of Wight RR AC
Cole	Darren	Isle Of Wight RR AC
colling	frankie	Eastleigh RC
Collins	Virginia	Totton RC
Connolly	Kathleen	
Cook	Gabi	Lordshill Road Runners
Coote	Anjella	Portsmouth Joggers
Coote	Peter	Portsmouth Joggers
Coote	Richard	Portsmouth Joggers
Corbett	Gemma	Victory AC
Corbett	Mary	Eastleigh RC
Corrie	Angela	Lordshill Road Runners
Cotter	Katharine	City Of Salisbury AC & RC
Cousins	Grace	City Of Salisbury AC & RC
Cowan	Alan	Hedge End Running Club
Cramp	Christopher	
Cribb	David	Lordshill Road Runners
Croom	Jonathan	City Of Salisbury AC & RC
Crosswell	Stewart	Hedge End Running Club
Cunliffe	Neil	Hart Road Runners
Cunningham	Joe	City Of Salisbury AC & RC
Cunningham	Mark	Netley Abbey Runners
Curtis	Joanna	Winchester & District AC
Dallimore	Mark	Netley Abbey Runners
Davey	Shaun	Netley Abbey Runners
Davis	Bethan	Hedge End Running Club
Davis	Karl	Eastleigh RC
Davis	Adam	Totton RC
Deller	Sarah	Fareham Crusaders Running Club
Deller	Mike	Fareham Crusaders Running Club
Dixon	Chris	Netley Abbey Runners
Dodkin	Teresa	Totton RC
Dodkin	Ian	Totton RC
doherty	chris	Lonely Goat RC
Dowling	Gillian	Gosport Road Runners
Downs	Lewis	
Doyle	Peter	City Of Salisbury AC & RC
DRAG	ROB	City Of Salisbury AC & RC

Duck	Saul	Winchester & District AC
Duffy	John	City Of Salisbury AC & RC
Dunkley	Mike	Farnham Runners
Dunkley	Mike	Farnham Runners
Dyson-Laurie	Shirley	Winchester & District AC
Eeles	Carly	Alton Runners
English	Daryll	Netley Abbey Runners
English	Daryll	Netley Abbey Runners
evans	gwenda	Lordshill Road Runners
Evans	Graham	Lordshill Road Runners
Falla	Helen	Eastleigh RC
Farr	Roselle	
Farrington	Jonathan	Hedge End Running Club
Fawcett	Emma	Eastleigh RC
Fenlon	Alice	Hedge End Running Club
Finnigan	Scott	Eastleigh RC
Fisher	Brian	Gosport Road Runners
Fisher	Kerry	
Flanagan	Stacey	Ryde Harriers
Fleet	David	Fareham Crusaders Running Club
Flynn	Sarah	
Fowler	Katie	
Francis	Jodie	Stubbington Green Runners
FRANCIS	RICHARD	
Fraser	Colin	
French	Jenny	Alton Runners
Friel	Carolyn	
Frostick	Clive	Farnham Runners
Gammon	Michelle	Totton RC
Gardner	Colin	Gosport Road Runners
Gardner	Isabel	Portsmouth Joggers
Gaskell	David	Winchester & District AC
Gates	Andrew	Totton RC
Georghiou	Jane	Farnham Runners
Gibson	Alistair	Ryde Harriers
Giering	Sari	Lordshill Road Runners
Gilholm	Jo	Victory AC
Gill	Matt	Victory AC
Gill	Zoe	Victory AC
Gilmour	Mike	Fareham Crusaders Running Club
Goodluck	Vicky	Farnham Runners
Goodwin	James	Farnham Runners
Goodwin	Steve	Winchester & District AC
Goodwin	Gill	Winchester & District AC
gordon	sarah	Totton RC
Gordon	Sarah	Totton RC
Granell	Louise	Farnham Runners
Grant	Claire	Hedge End Running Club
Grasmeder	Ian	
Greaves	Brian	

Greenhalgh	Jon	City Of Salisbury AC & RC
Greening	Terry	Totton RC
Griffiths	Richard	Netley Abbey Runners
Guillan	Emma	Netley Abbey Runners
Guillan	Tanya	
Gurney	Sarah	Winchester & District AC
Gurney	Edward	Winchester & District AC
Hall	Alex	Alton Runners
hammond	paul	Eastleigh RC
Hands	Sarah	Overton Harriers & AC
Hankins	Marc	City Of Salisbury AC & RC
Hardaway	Ali	Farnham Runners
HARDING	BELINDA	Victory AC
Hargreaves	Mark	City Of Portsmouth AC
Harris	Brian	Denmead Striders
Harris	Donna	City Of Salisbury AC & RC
Harris	Christine	Hardley Runners
Harrison	Tina	Farnham Runners
HAYWARD	IAN	Portsmouth Joggers
Heath	Sara	Victory AC
Henderson	Noreen	New Forest Runners
Hesselberth	Alison	Stubbington Green Runners
Heywood	Alison	
Hickson	Tracy	Hardley Runners
Hill	Mark	Stubbington Green Runners
Hillier-Wheal	Louise	Solent Running Sisters
Hitchins	Heather	City Of Salisbury AC & RC
Hollinshead	Jeremy	Hedge End Running Club
Holloway	Melvyn	City Of Salisbury AC & RC
Holloway	Ruth	City Of Salisbury AC & RC
Holloway	Julie	
Holmes	Sean	Overton Harriers & AC
Hook	Andrew	Alton Runners
Hook	Sandra	Hedge End Running Club
Hopkins	Juliette	Netley Abbey Runners
Horwood	Esther	City Of Salisbury AC & RC
Hoskinson	Tony	
Huddleston	John	
Hughes	Emlyn	Fareham Crusaders Running Club
Hughes	Sarah	Netley Abbey Runners
Hughes	James	Fareham Crusaders Running Club
Humphrey	Noelle	Netley Abbey Runners
Humphreys	Andrew	Victory AC
Hyde	Ollie	Lordshill Road Runners
Ibbotson	Simon	Hardley Runners
Irwin	Caroline	Totton RC
Isherwood	Jonathan	Fareham Crusaders Running Club
Jackson	Judith	
Jacobs	Matthew	Ryde Harriers
James	Andrew	Liss Runners

James	Matt	
Jarmaine	Carl	Victory AC
Jarrett	Howard	Lordshill Road Runners
Jarvis	Nick	
Jasper	Claire	Isle Of Wight RR AC
Jeffery	Rhian	Lordshill Road Runners
Jeffery	Elaine	Lordshill Road Runners
Jeffery	Ruth	OS Runners
Jones	Roger	Denmead Striders
Jones	Jamie	Fareham Crusaders Running Club
Jones	Leon	Winchester & District AC
Jones	Owen	Victory AC
Jones	Robert	Hedge End Running Club
Juliff	Gareth	Overton Harriers & AC
Junge	Bianca	Alton Runners
Jurdic	Theresa	Eastleigh RC
Kaines	Alison	Totton RC
Kane	Jonathan	Winchester & District AC
Kemm	Janine	City Of Salisbury AC & RC
Kendrick	Anthony	Totton RC
Kershaw	Jonathan	City Of Salisbury AC & RC
Keyte	Bridget	Isle Of Wight RR AC
Keyte	Tim	Isle Of Wight RR AC
Kidby	John	Fareham Crusaders Running Club
Kidby	Lois	
Kidd	Chris	Hardley Runners
Kille	Marie	Winchester & District AC
Kinloch	David	Hedge End Running Club
Kinnear	Cathy	Winchester & District AC
Kinnear	Cathy	Winchester & District AC
KNIGHT	Jane	City Of Salisbury AC & RC
Lambard	Zoe	City Of Salisbury AC & RC
Langley	Robert	Portsmouth Joggers
Larcombe	Richard	City Of Salisbury AC & RC
Latham	Dan	Hardley Runners
Lavington	David	Eastleigh RC
Le Bas	Wayne	Lordshill Road Runners
Leaves	Bekki	Denmead Striders
Lees	Tony	Totton RC
Leighton	Nick	
Leighton-Goodall	Alex	Fareham Crusaders Running Club
Lewis	Kate	
Lewis	Bradley	Hedge End Running Club
Light	Claire	Stubbington Green Runners
Liskutin	Marek	Fareham Crusaders Running Club
Littleton	Carolyn	Isle Of Wight RR AC
Lizier	Laura	
Locke	Anna	Winchester & District AC
Lockyer	Claire	Netley Abbey Runners
LOVESEY	MATT	Lordshill Road Runners

Lovesey	Louise	Lordshill Road Runners
Low	Vanessa	Alton Runners
Low	Vanessa	Alton Runners
lown	david	Victory AC
Lydford	Gail	New Forest Runners
Macbeth	Kirsty	Totton RC
Maddocks	Susan	Lordshill Road Runners
Maddocks	Stephen	
Marsh	Kate	Itchen Spitfires Running Club
Marszall	Sarah	Hedge End Running Club
Marszall	Elaine	
Martin	Colin	City Of Salisbury AC & RC
Martin	Graham	Stubbington Green Runners
Martin	Edward	Lordshill Road Runners
Martin	Simon	Fareham Crusaders Running Club
Mathieson	Andrew	City Of Salisbury AC & RC
Matthews	Henry	
Mattingly	Diane	Lordshill Road Runners
May	Lucy	Stubbington Green Runners
McAlister	Trevor	Ryde Harriers
McCawley	Gary	Denmead Striders
McCombe	Ally	
McGilvray	Derek	Andover AC
McGreavey	Ryan	Alton Runners
McLeonards	Mark	
McManus	Colin	Winchester & District AC
McVittie	Alan	Denmead Striders
Meaden	Alan	
Meaden	Alan	
Meades	Erika	
Meades-Woolley	Ellis	Meon Valley Runners
Meigh	Peter	Hedge End Running Club
Merron	Matt	Hedge End Running Club
Metcalf	Tom	Leigh on Sea Striders
MEYER	SPENCER	
Midgley	Sam	
Miller	Will	Hedge End Running Club
Milner	Lisa	City Of Salisbury AC & RC
Mitchell	Hannah	Hedge End Running Club
Mitchell	Phil	Lordshill Road Runners
Moorman	David	Fareham Crusaders Running Club
Morby	Karen	Gosport Road Runners
Morey	Alistair	Alton Runners
Morgan	Kerry	Netley Abbey Runners
Moseley	Richard	Hedge End Running Club
Moseley	Gemma	Hedge End Running Club
mullen	cate	
Murphy	Craig	City Of Salisbury AC & RC
Murphy	Melenie	City Of Salisbury AC & RC
Naish	Miranda	City Of Salisbury AC & RC

Nicholson	Louise	Stubbington Green Runners
Nicholson	Stuart	
Nicholson	Louise	Stubbington Green Runners
Nicholson	Pauline	Hedge End Running Club
Norman	Anne	City Of Salisbury AC & RC
Oatley	Ken	Ryde Harriers
O'Grady	Sean	Eastleigh RC
O'Leary	Kevin	City Of Salisbury AC & RC
Oliver	Steve	Winchester & District AC
Oliver	Carrie	Winchester & District AC
Osborne	Gail	
Oyston	Petra	City Of Salisbury AC & RC
Page	Phil	
Panaggio	Antony	Lordshill Road Runners
parker	john	Stubbington Green Runners
Parker	Emily	Alton Runners
Parkin	Gillian	City Of Salisbury AC & RC
Parks	Jenny	Denmead Striders
Patrick	Charlotte	
Pearce	michael	Alton Runners
Pearce	Michelle	Lordshill Road Runners
Perriam	Andrew	Totton RC
Perry	Susy	Winchester & District AC
Perry	Phil	City Of Salisbury AC & RC
Peterson	David	Eastleigh RC
Phaure	Lisa	City Of Salisbury AC & RC
Phelps	Rachael	Lordshill Road Runners
Pidgeon	Mathew	Lordshill Road Runners
Pierce	Ian	Hedge End Running Club
Pierce	Dan	
Pilcher	Simon	Isle Of Wight RR AC
Pillinger	Matthew	OS Runners
plascott	christine	
Poulter	Dale	Gosport Road Runners
Powell	Daniel	Hardley Runners
Prior	Jessica	Netley Abbey Runners
Probett	Jane	Farnham Runners
Probett	Damian	Farnham Runners
Proctor	Andrew	Lordshill Road Runners
Prophett	Helen	
Pugh	Ian	Gosport Road Runners
Pukinska	Linda	Victory AC
Puttock	Tracy	Hedge End Running Club
Quayle	Malcolm	Netley Abbey Runners
Quigley	Rob	
Reay	Sarah	
Reilly	Trisha	New Forest Runners
Renyard	Nathan	Hardley Runners
Renyard	Malcolm	Hardley Runners
Reynard	Rachel	Ryde Harriers

riche-webber	chris	
Rickman	Antony	Lordshill Road Runners
Rigg	Charlie	
Robbins	Jeremy	Netley Abbey Runners
Robbins	Andrew	City Of Salisbury AC & RC
Roberts	Sally	Ryde Harriers
Roberts	Rebecca	Eastleigh RC
Robertson	Stuart	City Of Salisbury AC & RC
Robertson	Lisa	Ryde Harriers
Robinson	Steve	Lordshill Road Runners
Robson	Linda	City Of Salisbury AC & RC
Rodwell	James	City Of Salisbury AC & RC
rose	Natalie	Ryde Harriers
Ross	Leon	Hedge End Running Club
Ruiz-Zamora	Maria Elena	City Of Salisbury AC & RC
Saker	Matt	Farnham Runners
Samways	Joe	
sansome	chris	Lordshill Road Runners
sansome	anne	
sarah	sweeten	
Saunby	Ben	City Of Salisbury AC & RC
Savage	Katie	Fareham Crusaders Running Club
Sawers	Kevin	Hedge End Running Club
Scawn	Joanne	Alton Runners
Schnabel	Penny	Farnham Runners
Schwodler	Gemma	
Scott	Jon	Portsmouth Joggers
Scrase	Jane	Alton Runners
Scrase	Richard	Alton Runners
Scrase	Philip	Alton Runners
Sexton	Peter	Isle Of Wight RR AC
Shackell	Emma	Eastleigh RC
Sharman	Charlotte	Winchester & District AC
Sharp	Sarah	Isle Of Wight RR AC
Sharp	Garry	Isle Of Wight RR AC
Shedden	Sarah	Winchester & District AC
Sheppard	Keith	Hedge End Running Club
Sherfield	Matt	City Of Salisbury AC & RC
sherwin	zoe	Isle Of Wight RR AC
Shilling	Jenny	Gosport Road Runners
Short	Mary	Victory AC
Shotter	Frank	
Slaughter	Paul	City Of Salisbury AC & RC
Small	Lisa	Hedge End Running Club
Smalley	Amy	Gosport Road Runners
Smith	Julian	New Forest Runners
Smith	Mike	Hardley Runners
Smith	Lucy	Victory AC
Smith	Emma	Netley Abbey Runners
Smith	Alistair	Alton Runners

Smith	Elizabeth	
Smith	Tracy	City Of Salisbury AC & RC
Smurthwaite	Pete	Fareham Crusaders Running Club
Snelling	Paul	Fareham Crusaders Running Club
Snook	Louise	Winchester & District AC
Sparks	Maria	Hedge End Running Club
Stafford	Gary	
Stafford	Reece	
Stares	Mia	Overton Harriers & AC
Stirrat	Andrew	
Stone	Michael	Andover AC
Stoodley	Emily	Totton RC
Surtees	Michelle	Hedge End Running Club
Swadling	Beth	Alton Runners
Syrett	Lee	City Of Salisbury AC & RC
tanner	matthew	Hardley Runners
Taphouse	Andrew	Hedge End Running Club
Tarrant	Abbie	Alton Runners
Tatem	Donna	Gosport Road Runners
Tatem	Donna	Gosport Road Runners
taylor	linda	Denmead Striders
Taylor	Richard	Alton Runners
Taylor	Sara	Itchen Spitfires Running Club
Thatcher	Fiona	
Theobald	Ali	City Of Salisbury AC & RC
Thompson	Robert	Hedge End Running Club
Thorne	Andy	Netley Abbey Runners
Titcombe	Jackie	Netley Abbey Runners
Torrens	Lee	Gosport Road Runners
Townley	Phillip	Stubbington Green Runners
Trendell	Robson	Hedge End Running Club
Trueman	Lee	Totton RC
Tucker	Alex	Netley Abbey Runners
Tyler	Linda	Farnham Runners
Ubly	Glenn	
Underwood	Mark	Overton Harriers & AC
Unsold	Anne	Bromley Veterans AC
Van Nueten	Monique	Overton Harriers & AC
Vince	Stuart	Netley Abbey Runners
Vincent	Barry	City Of Salisbury AC & RC
Vine	Paul	Hedge End Running Club
Waghorne	Andy	
Wakefield	Alistair	Stubbington Green Runners
Wales	Tracey	Gosport Road Runners
Wales	Ben	Gosport Road Runners
Walker	David	Winchester & District AC
Walker	Andrew	Itchen Spitfires Running Club
Ward	Danielle	Hedge End Running Club
Watson	Karen	Netley Abbey Runners
Watson	David	Winchester & District AC

Watson	Keith	
Weatherburn	Craig	City Of Salisbury AC & RC
Webber	Mike	Andover AC
West	Gemma	Fareham Crusaders Running Club
West	Martyn	Winchester & District AC
Whitaker	Lynne	Winchester & District AC
White	Mike	City Of Salisbury AC & RC
White	Stuart	Itchen Spitfires Running Club
White	Jill	Lordshill Road Runners
White	Mike	Stubbington Green Runners
Whiteley	Jane	City Of Salisbury AC & RC
Wickham	Harvey	Farnham Runners
Wigginton	Stuart	Hedge End Running Club
Wilkes	Ross	Isle Of Wight RR AC
Willcox	Tiffany	Netley Abbey Runners
Williams	Huw	
Williams	Richard	City Of Salisbury AC & RC
Willis	Anthony	Eastleigh RC
Willis	Anthony	Eastleigh RC
Wills	Adam	Lordshill Road Runners
Wilmott	Jodie	Ryde Harriers
Wilmott	Peter	Ryde Harriers
Wilson	Rob	Denmead Striders
Wilson	Dave	Hardley Runners
Winbourne	Christopher	Hedge End Running Club
Winbourne	Jordan	Hedge End Running Club
Withers	Tim	Lordshill Road Runners
Wood	Nick	Winchester & District AC
Wood	Derek	City Of Salisbury AC & RC
Woods	Catherine	Lordshill Road Runners
Woodsford	Anthony	
Woolaston	Abigail	Andover AC
Wooldridge	Steven	Portsmouth Joggers
Wright	Howard	Victory AC
Wright	Brian	Fareham Crusaders Running Club
wynn	jody	Eastleigh RC
Young	Franklyn	Winchester & District AC