



Trustees' Annual Report for the period

From 01/10/2019 Period start date To 30/09/2020
Period end date

Charity name: Southampton Athletic Club CIO

Charity registration number: 1158398

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objectives of the club are established in the constitution which was approved by the trustees on August 28 th 2014. The object of the club is the promotion of community participation in healthy recreation for the benefit of the inhabitants of Southampton and the surrounding area by the provision of facilities for athletics and athletic related activities. In setting our objective and planning our activities the trustees have given careful consideration to the Charity Commission's general guidance on public benefit
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The club is managed by a Management Committee which meets regularly throughout the year. For the year ending 30 September 2020 the Committee held six full meetings which included the 2019 AGM. Serving Committee members through the year were: Tracey Jones Mary Axtell Tim Hall Debbie Callaway Diane Reavey Stuart Saint Elizabeth Pugh Zoe Bond David Blackman Michael Coker Jon Tilt Nicci Bolinger

		<p>The club has an open member's policy and membership of the club is open to anyone who is eligible to join an athletic club under the rules of England Athletics. The club charges a membership fee and the committee strives to keep these fees at an affordable level.</p> <p>Last year the club invested in new membership software which continues to be very successful in automating the reporting and accounting of all new membership applications, saving volunteer time and also allowing effective communications to all members through the LoveAdmin portal.</p> <p>The year has been dominated by the impact of COVID-19 and the club's energies have been focussed on providing appropriate responses and actions to meet government guidelines.</p> <p>Despite this overall membership levels have remained good with 373 competing members.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All the charity trustees are volunteers, and have regard to the public benefit guidance when carrying out their duties, whether in administration, safeguarding and in the provision and facilitation of athletic related activities for members

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>SAC were committed to competing in the following leagues on 2019/.20. Due to the impact of the pandemic, the majority of these were cancelled, and in the case of the winter season, fixtures were not completed.</p> <ul style="list-style-type: none"> • National Athletic League (NAL) formerly the British Athletic League (BAL) and the UK Women's League (UKWAL) • Southern Athletic League • Young Athletes Development League (YDL) Lower and Upper Age group • Wessex Track & Field League • Hampshire Cross Country League • Wessex Cross Country League • Cross Country 6 League • Hampshire Road Race League • RR10 League • Sportshall • Hampshire Vets Track & Field League <p>Athletic Achievement for the year to 30 September 2020 is detailed in a separate report.</p> <p>SAC were able to respond swiftly to the National Lockdown announced in March 2020, immediately suspending membership renewals and entries to the Netley 10K. Good communications were maintained throughout the club with regular updates to the website, Facebook and WhatsApp groups. Coaching groups were able to adapt to changes and continued to motivate and provide training for their athletes. SAC coaches worked together to ensure a safe phased return to training on the track.</p> <p>SAC successfully hosted 3 Open Meets in September 2020; two specifically for throwing events and one for track and pole vault. These meetings were held with strict adherence to England Athletics guidelines</p>

		<p>and delivered many personal bests for SAC athletes and those from surrounding clubs. SAC also invested in WiFi and contactless payments on site for refreshment and kit sales in line with COVID-19 restrictions.</p> <p>The SAC Academy was able to resume in August 2020 with 4 summer courses at the Outdoor Sports Centre, and regular weekly Academy sessions started in September. Membership numbers remain healthy with 90 active members and a further 30 on the waiting list.</p> <p>SAC Committee have started work on the recommendations of the England Athletics Club Review made in late 2019 with a redesigned website, a review of athlete club records and a biography SAC's international athletes. Work is also underway on formalising Club policies and procedures.</p> <p>Discussions with Southampton City Council on the redevelopment of the Outdoor Sports Centre are progressing, albeit slowly.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Athletic Performance & Achievement		<p>In a normal year Southampton Athletic Club would celebrate its athletes and volunteers at the annual awards evening. The Club's athletic year ending in autumn 2020 was far from normal. Despite the challenges of the year, the missed competitions, with creative solutions to coaching and training through the year, the club has an impressive list of Athletic Achievements.</p> <p>The information here was sourced from 'The Power of 10 Website' and directly from</p>

the coaches; it does not claim to be a complete list of achievements but highlights a few.

The 2019/20 Season before March 2020 started well with the following athlete achievements:

- Mahamed Mahamed Winning both the BUCS Cross Country Championships in February 2020 and the CAU Inter County Championships (inc. British Athletics Cross Country Challenge) In March 2020
- Laura Brenton won an England Vest for road running and finished 17th at the 3k Armagh International Road Races
- Zakariya Mahamed won the English National Cross Country for U20M and came 15th in the Senior International Cross Country in Spain winning his first England Vest
- Five Athletes from SAC represented Hampshire in the U15W English Schools Cross Country in Liverpool, Iszy Hinkley, Annie Mann, Katie Youp, Robyn Fossa and Lucy Philips. Robyn and Annie both qualified for the Schools International which unfortunately did not take place.
- Freya Jones (coach David Callaway) British Champion in Javelin Throw in September 2020
- Thomas Hockley winning silver in the England Athletics U17 indoor 400m Championships in February 2020
- Amy Wall won the England Athletics U15 indoor Long Jump Championships in February 2020
- Jack Higgins winning bronze in the England Athletics U20 indoor 400m Championships
- Adam Jones gaining the qualifying standard and competing in the British Indoor Championships in February finishing 7th
- Tracy Bezance: British Masters Indoors W55 Champion 400m and 200m
- Mark Collins : British Masters Indoors M45 Silver 200m and Bronze 60m

In a very difficult year for Southampton AC throwers, with all outdoor age-group championship competition cancelled, the junior athletes in particular had limited opportunities, but produced some great performances to achieve multiple PB's and impressive National rankings, which has

		<p>provided the motivation to keep up their training through the challenging winter months, hopefully in preparation for a successful summer season in 2021. Notable achievements were from:</p> <ul style="list-style-type: none">• Joshua Douglas UK U20 discus ranking - 1st;• Anna Merritt UK U20 hammer ranking - 3rd & discus - 11th;• Brad Jenvey UK U20 javelin ranking - 4th;• Jessica Bennett UK U20 hammer ranking - 11th;• Elizabeth Adamson UK U20 discus ranking - 10th;• Olivia Austin UK U17 discus ranking - 4th;• Gracie Jenvey UK U17 hammer ranking - 8th;• Jasmine Larsen UK U17 javelin ranking - 7th;• Travis Scottow UK U15 shot ranking - 2nd & discus - 4th;• Jacob Axtell UK U15 javelin ranking - 4th• In addition, Chris Scott won a bronze medal in the Senior British Championships in September 2020 in the discus
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>The operating surplus in this extraordinary year (surplus before purchase of equipment and excluding restricted receipts and payments) was £15,348 (2019: £12,509). This was specifically inflated by delayed payments due to Active Nation totalling £4,500 relating to the accounting year, but not settled until after the year end, and the impact of cancelled activities e.g. league competitions, the awards evening and indoor facility hire. In addition, the accounts show the benefit of £9,707 income from the postponed Netley 10K race (which will hopefully take place later in 2021) and our late season open meetings, where costs totalling approximately £4,000 will be deferred to the 2021 accounts.</p> <p>As a result of the Covid-19 pandemic and the loss of 4 months of athletic activity, including most of the competitive season in the summer of 2020, the committee agreed to offer individual members a 40% reduction in their 2020 subscription to be paid by way of refund, or the option of a reduction to their 2021 subscription, which will be payable in April. The membership understandably fell from 476 in 2019 to 373 in 2020, as a result of Covid-19 and the committee are expecting a further potential fall resulting from a number of reasons including the continuing situation with the pandemic, the lack of investment and further deterioration of the athletics track at the Southampton Sports Centre and the challenge of the new Sports Centre which is due to open adjacent to the track in nearby Winchester.</p> <p>Donations and bequests - During this year, the club received entry fees for the 'Mile of Miles' Charitable race amounting to £883.30, which was then subsequently donated in full to the Charity MIND.</p> <p>It would normally be the committee's policy to allocate approximately 30% of the operating surplus arising in the year to the forward funding reserve, however on the assumption that athletic activity will be able to recommence from the start of the summer season, the costs that will be payable, which will also include league hosting and travel costs (£9,221 in 2019) are expected to exceed the expected income from subscriptions, open meetings and donations, once all the payments delayed from the previous year are completed. The Club currently has a surplus position in the General Reserve accounts which will comfortably cover the deficit, and enable the</p>
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		<p>Cub to absorb the subscription reductions and keep the fees at the same level to support our members in this challenging year.</p> <p>We will be undertaking a review of the charity's internal financial controls during 2020-21 and also have an ongoing review of our expenses policy to ensure that we continue to strike a balance between supporting the athletes in a sustainable way that avoids a loss in a normal accounting period (not affected by Covid-19 pandemic)</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The purpose of the reserve headings are as detailed below:</p> <p>General Reserves - At the discretion of the management committee these reserves are available to use in the future on capital projects or to fund the ongoing activities of the club as required;</p> <p>Forward Funding Reserve - This reserve is set aside to meet any major or capital expenditure of the club that may be incurred in future periods. This expenditure is of a non recurrent or cyclical nature and is not intended to be used to cover the ongoing daily activities of the club.</p>
Amount of reserves held	Para 1.22	<p>Fixed term deposits – unrestricted £71,918</p> <p>Cash at bank at 30/9/2020 – unrestricted £63,059 (restricted £1,005 from donations)</p>
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	

A description of the principal risks facing the charity	Para 1.46	
Other		

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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CONSTITUTION
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed by the management committee of the club or by members of the club at the Annual General Meeting

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Southampton Athletic Club CIO
Other name the charity uses	
Registered charity number	1158398
Charity's principal address	43 Moorgreen Road West End Southampton SO30 3EB

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mary Axtell	Club President		
2	Tim Hall	Vice-Chair		
3	Richard Pearson			
4	Alan Cropp			
5	Rebecca Mulley		At AGM – Dec 2019	
6	Derek Warn		At AGM – Dec 2019	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		

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