

# MASTERS W40 CLUB RECORDS

<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>VENUE</b>	<b>DATE</b>
<b>60m</b>				
<b>100m</b>	JOY WRIGHT	13.6	BASINGSTOKE	JUN 2018
	CATHERINE STEELS (T36)	23.7	BATH	JUN 2010
<b>200m</b>	JOY WRIGHT	27.8	ALDERSHOT	JUL 2018
	CATHERINE STEELS (T36)	54.8	BATH	JUN 2010
<b>400m</b>	GILLIAN CASHELL	61.5	BOURNEMOUTH	APR 2006
<b>800m</b>	JOY WRIGHT	2.30.3	ALDERSHOT	JUL 2019
<b>1500m</b>	NICCI BLANDFORD	5.20.34	SOUTHAMPTON	MAY 2017
<b>3000m</b>	KAREN RUSHTON	10.51.0	SOUTHAMPTON	JUN 2009
<b>5000m</b>	KAREN RUSHTON	18.15.10	BIRMINGHAM	JUL 2009
<b>10000m</b>	KAREN RUSHTON	38.12.08	OXFORD	MAY 2008
<b>3000m S/C</b>				
<b>100H</b>				
<b>400H</b>	CAROL DAWKINS	68.6	BASINGSTOKE	JUL 2005
<b>2000m WALK</b>	JACQUELINE WARN	19.58.3	PORTSMOUTH	JUL 2009
<b>POLE VAULT</b>	DANIELLE MARSHALL	1.80m	ALDERSHOT	JUL 2017
<b>HIGH JUMP</b>	JOY WRIGHT	1.35m	BASINGSTOKE	JUN 2019
<b>LONG JUMP</b>	DANIELLE MARSHALL	3.57m	WINCHESTER	MAY 2016
<b>TRIPLE JUMP</b>	DANIELLE MARSHALL	8.78m	PORTSMOUTH	APR 2018
<b>HAMMER</b>	DEBBIE CALLAWAY	34.68m	LIVERPOOL	JUN 2005
<b>SHOT</b>	DEBBIE CALLAWAY	11.45m	ABINGDON	JUN 2005
<b>DISCUS</b>	DEBBIE CALLAWAY	44.87m wdh	BIRMINGHAM	JUL 2007
		43.43m	SOUTHAMPTON	APR 2007
<b>JAVELIN</b>	DEBBIE CALLAWAY	32.85m	PORTSMOUTH	MAY 2007