

## SAC Coach Qualification and Continuing Professional Development (CPD) Policy

### Version Control

Version	Date	Summary of changes	Author/s	Circulated to / Approved by
V1.0 DRAFT	14/02/2021	First Version	T Jones	SAC Committee

### Policy Statement

Southampton Athletic Club (SAC) is proud of our team of coaches and leaders to inspire, support and work across all events, ability levels, aspirations and ages to develop all athletes. We support our growing team of coaches and leaders through coach qualification and development and encourage coach mentoring and sharing knowledge.

We will support members to complete the Athletics Coach qualification and encourage any coach to CPD through England Athletics, UKA, British Athletics or external training or learning as appropriate to the coach.

### Coach Qualifications

To qualify for support you must be coaching or assisting with a club sessions listed on the club website. To complete the coach education process you must have the support of an Athletics qualified coach in your chosen event who currently coaches at one of the club sessions.

- Decide what type of coach you want to be, track or off track and event groups. Information is available on the England Athletics Website
- We ask that you demonstrate a commitment to coaching by working alongside an Athletics qualified coach for a minimum of 6 months before starting your coach education
- You should seek approval from the committee **prior** to booking the course
- We require two references, one of which should be from your SAC coach mentor
- SAC will reimburse the cost of the training programmes. It does not include travel or accommodation expenses

- The first stage of coach education is Coach Assistant or Leadership in Running Fitness
- On completion of the Coach Assistant/Leadership in Running Fitness you should coach with your support coach for a further 12 months before starting the next level of training
- The next level of education is Athletics Coach / Coach in Running Fitness.

## Continuing Professional Development (CPD) and Coach Licence renewals

To qualify for support you must be coaching or assisting with a club sessions listed on the club website.

- SAC will reimburse the cost of the training/development programmes. You should seek approval from the committee **prior** to booking the course
- You should be prepared to share knowledge with your peer group and
- Positively promote SAC in sponsoring your CPD.

## Coach Commitment to SAC

We ask that our coaches remain committed to SAC and in addition to the SAC code of conduct we ask that:

- All SAC club sessions must be delivered to the athlete at no additional cost to the athlete for coaching services
- SAC club sessions are those listed on the club website
- Where SAC do not cover the cost of training facilities these can be charged directly to the athlete. These sessions will be clearly identified on the club website as not included within the facility fee
- SAC funded training facilities include but are not limited to: Southampton Outdoor Sports Centre Athletic Track on designated days/times, training facilities for the SAC Academy on a Wednesday evening, winter training facilities for designated training groups
- Coaches have the right to accept or decline new athletes into their training group
- Athletes wishing to train in a session held at an SAC funded facility must hold a membership which includes facilities

- Coaches are free to charge for coaching/hire of facilities on any session organised outside of SAC club sessions and this will be seen as a separate agreement between the coach and the athlete.