

# ANTI-DOPING RULE VIOLATIONS EXPLAINED

How well do you know the ADRVs under the 2021 World Anti-Doping Code?

## THE 11 ANTI-DOPING RULE VIOLATIONS



### 1) PRESENCE

The presence of a prohibited substance or its metabolites or markers in an athlete's sample.

**Ban: Up to four years\***

Applies to athletes only



### 3) EVASION, REFUSAL OR FAILURE

Evading, refusing, or failing to submit to sample collection.

**Ban: Up to four years\***

Applies to athletes only



### 5) TAMPERING OR ATTEMPTED TAMPERING

Tampering or attempted tampering with any part of doping control.

The 2021 Code makes it clear that engaging in fraudulent conduct (e.g. submitting falsified documents to an anti-doping organisation or asking a witness to lie in their witness statement) is an act of Tampering. From 1 January 2021, if an individual commits an act of Tampering relating to another ADRV, they can receive an additional consecutive ban.

**Ban: Up to four years\***

Applies to athletes, athlete support personnel and other Persons



### 7) TRAFFICKING

Trafficking or attempted trafficking in any prohibited substance or prohibited method.

**Ban: four years to a lifetime**

Applies to athletes, athlete support personnel and other Persons



### 9) COMPLICITY OR ATTEMPTED COMPLICITY

Assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity or attempted complicity involving an ADRV or any attempted ADRV.

**Ban: two years to a lifetime**

Applies to athletes, athlete support personnel and other Persons



### 11) ACTS TO DISCOURAGE OR RETALIATE AGAINST REPORTING TO AUTHORITIES

Acts that threaten or seek to intimidate another to discourage them from sharing information about doping (also referred to as whistleblowing), or retaliating against another for doing so.

**Ban: Two years up to a lifetime**

Applies to athletes, athlete support personnel and other Persons

### 2) USE

Use or attempted use by an athlete of a prohibited substance or a prohibited method.

**Ban: Up to four years\***

Applies to athletes only



### 4) WHEREABOUTS FAILURES

Whereabouts failures are considered as any combination of three missed tests and/or filing failures within a 12-month period by an athlete in a registered testing pool.

**Ban: Up to two years\***

Applies to athletes only



### 6) POSSESSION

Possession of a prohibited substance or prohibited method.

**Ban: Up to four years\***

Applies to athletes and athlete support personnel



### 8) ADMINISTERING OR ATTEMPTED ADMINISTRATION

Administration or attempted administration to any athlete of any prohibited substance or prohibited method.

**Ban: four years to a lifetime**

Applies to athletes and athlete support personnel



### 10) PROHIBITED ASSOCIATION

Associating in a professional or sport-related capacity with a person such as a coach, doctor, physio or trainer who is serving a ban or who has been found guilty of a criminal or disciplinary offence equivalent to a doping violation.

**Ban: Up to two years\***

Applies to athletes, athlete support personnel and other Persons



\*This ban from sport can be increased by an additional two years as part of the aggravating circumstances rule. The ban outlined apply to first violations only. Longer bans will be given to second and third offences, with up to a lifetime ban from sport possible.

## NEW IN THE 2021 WORLD ANTI-DOPING CODE

### AGGRAVATING CIRCUMSTANCES

Some bans can be increased by a further two years in certain circumstances e.g. the use of multiple prohibited substances.

### RECREATIONAL ATHLETES AND PROTECTED PERSONS

Increased flexibility on bans for those considered as Recreational Athletes and Protected Persons.

### SUBSTANCES OF ABUSE

These substances are banned in-competition only.

Shorter bans may be applied where it is determined that the use of the substance took place out-of-competition and was unrelated to sports performance. There is recognition that taking these substances might be part of a wider substance misuse or addiction problem and a further reduction in the length of ban may be available if an approved treatment programme is completed.

