



SOUTH LONDON HARRIERS

ALF SHRUBB MEMORIAL CROSS COUNTRY RACE

(INCORPORATING THE GIBB CUP)

2:30 P.M. SATURDAY 12TH FEBRUARY 2022

ENTRY FEE:

ADVANCE

£8 AFFILIATED

£10 UNAFFIL.

ON THE DAY

£10 AFFILIATED

£12 UNAFFIL.

FREE TO SLH

MEMBERS



PRIZES

FINISHER'S

MEDAL

TEA & CAKES

HOT SHOWERS

LICENSED BAR

(ENTRY FORM ON REVERSE)

Alfred Shrubb was born in Slinfold, West Sussex, and became one of the finest runners of his day. Between 1903 and 1904, as a member of South London Harriers, he held 15 world records, claiming seven of these in one race at Ibrox on November 5th 1904. He was also twice International CC champion, four times English National CC champion and AAA champion at 10 and 4 miles for four consecutive years. He was inducted into the England Athletics Hall of Fame in 2009. This open race is to commemorate this great athlete.

James Gibb was an early member of South London Harriers and AAA champion at 4 miles in 1875, 1877 & 1878. He donated the “Gibb” Cup, for the club’s 5 mile cross country championship, which is SLH’s longest running race having been first run in 1878, and is incorporated into the open race for members only.

Course

A classic 5 mile Cross Country course on undulating footpaths and tracks over Farthing Downs and Happy Valley in Coulsdon, Surrey.

Prizes

(Subject to entries)

1st, 2nd, 3rd male and female finishers

Vets’ category winners

1st visiting team of 4 (must be a mixed team)

Prize for best Alf Shrubb lookalike

Finishers receive a replica of a medal won by Shrubb for breaking the 3 mile world record in 1902.

Entries

Online entries may be made via South London Harriers’ website, www.southlondonharriers.org

Alternatively, complete and return this form with your fee and a stamped addressed envelope to:

13 WOODMANSTERNE ROAD, COULSDON, SURREY, CR5 2DG

(Please make cheques payable to South London Harriers)

SLH members may enter for free, but will not be eligible for prizes in the open race

SURNAME			
FIRST NAME/S			
ADDRESS			
MALE / FEMALE		DATE OF BIRTH	
Affiliated club			
EA number			

(Postal entries close 5th February)

I am medically fit and fully understand that I enter at my own risk and that the organisers, South London Harriers, or any associates will not accept any liability for any injury sustained or loss of property arising from or as a result of the event.

Signed Date