

MASTERS W40 CLUB RECORDS

EVENT	NAME	RECORD	VENUE	DATE
60m				
100m	JOY WRIGHT	13.6	BASINGSTOKE	JUN 2018
	CATHERINE STEELS (T36)	23.7	BATH	JUN 2010
200m	JOY WRIGHT	27.8	ALDERSHOT	JUL 2018
	CATHERINE STEELS (T36)	54.8	BATH	JUN 2010
400m	GILLIAN CASHELL	61.5	BOURNEMOUTH	APR 2006
800m	JOY WRIGHT	2.30.3	ALDERSHOT	JUL 2019
1500m	NICCI BLANDFORD	5.20.34	SOUTHAMPTON	MAY 2017
3000m	KAREN RUSHTON	10.51.0	SOUTHAMPTON	JUN 2009
5000m	KAREN RUSHTON	18.15.10	BIRMINGHAM	JUL 2009
10000m	KAREN RUSHTON	38.12.08	OXFORD	MAY 2008
3000m S/C				
100H				
400H	CAROL DAWKINS	68.6	BASINGSTOKE	JUL 2005
2000m WALK	HANNAH WILLSON	14.20.7	ALDERSHOT	JUL 2021
POLE VAULT	DANIELLE MARSHALL	1.80m	ALDERSHOT	JUL 2017
HIGH JUMP	JOY WRIGHT	1.35m	BASINGSTOKE	JUN 2019
LONG JUMP	REBECCA MULLEY	3.84m	ALDERSHOT	JUL 2021
TRIPLE JUMP	REBECCA MULLEY	9.02m	WINCHESTER	JUN 2021
HAMMER	DEBBIE CALLAWAY	34.68m	LIVERPOOL	JUN 2005
SHOT	DEBBIE CALLAWAY	11.45m	ABINGDON	JUN 2005
DISCUS	DEBBIE CALLAWAY	44.87m wdh	BIRMINGHAM	JUL 2007
		43.43m	SOUTHAMPTON	APR 2007
JAVELIN	DEBBIE CALLAWAY	32.85m	PORTSMOUTH	MAY 2007