

# MASTERS W50 CLUB RECORDS

<b>EVENT</b>	<b>NAME</b>	<b>RECORD</b>	<b>VENUE</b>	<b>DATE</b>
<b>60m</b>	TRACY BEZANCE	8.91	LEE VALLEY	MAR 2017
<b>100m</b>	JANET DICKINSON	13.98	ASHFORD	SEP 2019
<b>200m</b>	JANET DICKINSON	28.3	ALDERSHOT	JUL 2018
	TRACY BEZANCE	28.38i	TORUN, POL	MAR 2015
<b>400m</b>	TRACY BEZANCE	63.75	NEWHAM	AUG 2015
<b>800m</b>	JILL JONES	2.48.6	ALDERSHOT	JUL 2021
<b>1500m</b>	SANDRA DANCER	6.11.17	ASHFORD	SEP 2019
<b>3000m</b>	SANDRA DANCER	13.07.4	WINCHESTER	MAY 2019
<b>5000m</b>	VICKY BRIGHT-GARAMUKANWA	26.02.9	YEOVIL	SEP 2012
<b>10000m</b>	VICKY BRIGHT-GARAMUKANWA	67.21.2	YEOVIL	SEP 2012
<b>3000m S/C</b>	VICKY BRIGHT-GARAMUKANWA	18.46.7	YEOVIL	SEP 2012
<b>100H</b>				
<b>400H</b>	VICKY BRIGHT-GARAMUKANWA	99.4	CHELMSFORD	JUN 2013
<b>2000m WALK</b>	VICKY BRIGHT-GARAMUKANWA	14.44.6	PORTSMOUTH	JUL 2011
<b>POLE VAULT</b>	JANET DICKINSON	1.80m	ALDERSHOT	JUL 2017
<b>HIGH JUMP</b>	JANET DICKINSON	1.40m	ASHFORD	SEP 2018
<b>LONG JUMP</b>	JANET DICKINSON	4.70m	ASHFORD	SEP 2019
<b>TRIPLE JUMP</b>	SARA MACDONALD-GRAY	7.43m	PORTSMOUTH	APR 2013
<b>HAMMER</b>	JANET DICKINSON	31.31m	PORTSMOUTH	APR 2019
<b>SHOT</b>	JANET DICKINSON	9.46m	WINCHESTER	MAY 2019
<b>DISCUS</b>	JANET DICKINSON	26.19m	PORTSMOUTH	MAY 2017
<b>JAVELIN</b>	JANET DICKINSON	26.94m	WINCHESTER	APR 2017